

New Life - Saving Aid



A new life-saving aid, the Clar-Aire Resuscitator, medically developed by Maxwell Weingarten, M.D., of St. Francis Hospital in Milwaukee, is now available. It has been demonstrated successfully to innumerable safety-minded groups and associations in recent months.

A lightweight, inexpensive rubber facial-piece, the new resuscitator is a valuable development in the vital area of artificial respiration. It is said to be more effective than mouth-to-mouth breathing, and eliminates the physically repugnant qualities of mouth-to-mouth first aid. It is being used in cases of breathing impairment such as drowning, heart attack, electrocution, smoke inhalation, chest injury, drug overdose, or other cause of respiratory stoppage.

Molded all in one, the two-part Clar Resuscitator fits over the victim's face, completely sealing off the nose and mouth, while by hand manipulation of a bulb-like attachment the user pumps air into the unconscious person's lungs. The victim receives pure air (rather than the waste-impregnated breath of another human) in a more even, and easier-to-sustain rhythm. A one-way valve principle allows the lungs to expand with more power than the rescuer's breathing can accomplish.

Elimination of the necessity of mouth-to-mouth contact is considered one of the most important advantages of the new resuscitator. The positive pressure resuscitation which can be generated with the Clar Resuscitator could not be duplicated and sustained with mouth-to-mouth resuscitation.

INVITED TO ATTEND POTLUCK DINNER

The American Legion Auxiliary of Port Orford, are invited to Gold Beach, Tuesday, June 16, 6:30 p.m., for a potluck dinner at the Veterans Hall. Honored guests will be state officers of the Legion Auxiliary.

MOVES TO CALIFORNIA

Moving to her new home in Turin, California, Mrs. Irma DuBell expressed much regret to leave her home and friends in Port Orford. Her son Gary English is helping her establish her new home, necessary because of her health.

FROM MYRTLE POINT

Mr. and Mrs. John Haagesen of Myrtle Point were recent visitors at the home of Ethel Corrick of Langlois.

ON MEXICO VISIT

Jean Strain of Langlois left for San Mateo, Calif., to visit her sister, both of whom plan to fly to LaPaz, Mexico, for a short vacation.

GRANGE SPONSORS CHURCH SUNDAY

The Sixes grange sponsored a Church Sunday with all the churches of the area invited.

A dinner was enjoyed at noon with a program of music and speaking in the afternoon. The Sixes grange will sponsor a picnic and work day at the Boice-Cope park at Floras Lake Saturday weather permitting, and all grangers and friends are invited to attend.

VISITS BROTHER

Alva Harry is visiting his brother, Ralph Harry, in Portland this week.

WEEKEND GUESTS

Mr. and Mrs. Alben Anderson of Eureka were weekend guests of Mr. and Mrs. Don Mechals.

... A cow is said to be the first astronaut with its historic "over the moon" jump.



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Serving the Bandon - North Curry Area COQUILLE, OREGON

FOR THE LADIES WORK Smarter NOT HARDER



By BERNICE STRAWN Extension Home Management Specialist

Oregon State University WHY DID MY HOME FROZEN GREEN BEANS have a "musty" taste? Fruits and vegetables properly frozen may help your budget, but if they aren't edible you are wasting money.

Virginia Weiser, extension nutritionist at Oregon State University, says off flavor is usually due to improper or no blanching before packing and freezing.

Beans should be blanched in boiling water 3 to 4 minutes. Start counting time when water comes to full boil after adding vegetable. Cool immediately in cold running water or ice water. Beans must be cold

when packed.

For more information ask your county extension office for your free copy of the bulletin, "Freezing Preservation of Fruits and Vegetables." It was just revised and updated according to the latest OSU research.

WANT TO BEAT THE SUMMER HEAT? Here are some suggestions from researchers at the U.S. Department of Agriculture.

Install metal or canvas awnings. They'll reduce the heat coming through windows by 70 to 75%. Light-colored awnings with open sides are better

than closed dark ones.

Louver or bar screens will reduce the heat 90% through south windows not otherwise shaded. They are 85 to 75% effective for east and west windows.

If your house is still in the planning stage, see that there's an overhand or extension on the south wall.

Select a light-colored roof. Use light-colored shades, draperies and blinds.

WITH BOTH BEEF AND CHICKEN low-priced and in good supply, now is the time to enjoy an early season barbecue. This tip comes from Mrs. Velma Seat, extension food marketing specialist at OSU.

Take advantage, too, of meat "specials" during the next month to stock the freezer for summer cookouts. The price per pound of quick cooking cuts, such as steaks and chops, normally rises during hot weather.

Leon L. Haight Is Commissioned

Forty-three Army and Air Force cadets in the Reserve Officers Training Corps at the University of Oregon will receive commissions as second lieutenants in a ceremony at 9:30 a.m., June 14 in the University's School of Music auditorium.

Commissions will be given to 31 Army cadets, including 13 who will be distinguished military graduates of the Army ROTC program. Among the 12 commissions given to Air Force cadets, one will go to Leon L. Haight of Sixes.

Fish is fun to cook outdoors also. Fresh salmon is usually at its lowest price per pound during the early summer months. For out-of-state visitors, barbecued or charbroiled salmon is a special treat.

MEETING HELD

A meeting of the Silver Springs Sewing Club was held at the home of Mrs. Harry Gebauer, Tuesday, June 2. Members attending were: Martha Stole, Clarice Clarno, Margaret Jensen, Wanita Colson, Ula Ewert and host, Mrs. Harry Gebauer.

TOPS CLUB ENJOYS DINNER

Mrs. Harry Gebauer was host for a sukiyaki dinner given to the TOPS club, Monday, June 8. Guests attending were: Mrs. Fred Kitzel, Margaret Jensen and Betty Newkirk.

WELCOME HOME

The Silver Springs area wishes to welcome Mr. and Mrs. Del Newkirk back again.

MEYERS TO SEE FAIR

Mr. and Mrs. Bob Meyer of Port Orford left this week for an extended vacation which will take them to the world's fair in N.Y.

CHUNK TUNA
C.H.B.
4 FOR 88¢

T-TISSUE
PRESCRIPTION - 4-ROLL PACK
3 FOR 88¢

NAPKINS PRESCRIPTION 8 PLYS 88¢
FLOUR MCKAY'S 8 LBS 88¢
SOUP CAMPBELL'S 5 FOR 88¢
CRACKERS SUNSHINE 3 1-LB BOXES 88¢
BABY FOOD GERBER'S STRAINED 10 FOR 88¢
DOG-FOOD WHIFF 10 FOR 88¢

BANQUET PIES
FRUIT OR CREME
3 FOR 88¢

LARGE EGGS MCKAY'S GRADE AA **2 DOZ 88¢**

WHITE SATIN SUGAR
10 LBS 88¢
WITH MCKAY'S COUPON - JUNE 11-12-13, 1964

THICK MEATED - FULL OF FLAVOR TREAT YOURSELF TO THE FINEST
CANTS 88¢
3 for
★ VINE RIPENED !!

FIRST OF THE SEASON - BEAUTY **PLUMS 3 LBS 88¢**
SNOWBOW SUNKIST - VALENCIA **ORANGES 5 LB BAG 88¢**

NO. 1 CALIFORNIA LONG WHITE **Spuds 10 LBS 88¢**

PRICES EFFECTIVE JUNE 11-12-13
McKay's Gigantic 88¢ SALE

CAKE MIX PILLSBURY **3 FOR 88¢**
FROZEN DRINK LIBBY ASSORTED FLAVORS **8 FOR 88¢**
FLAPJACK FLOUR ALBERS REG. 65+ **2 4-LB BAGS 88¢**
POWDERED MILK CARNATION - 14-OZ **88¢**
FACIAL TISSUE PRESCRIPTION 400-COUNT **4 FOR 88¢**
DILL PICKLES BOND **2 FULL QT 88¢**

SALAD DRESSING MCKAY'S **2 88¢**
STANDBY JUICE PINEAPPLE • PINEAPPLE-GRAPEFRUIT • TOMATO 46-OZ TINS **3 88¢**
OLEO MCKAY'S 1-LB PKGS. **6 LBS 88¢**

McKay's MEATS

PORK ROAST FRESH AND BONELESS **39¢ LB**
PORK STEAK **39¢ LB**
WIENERS NEBERGALL'S **2 LB PKG 89¢**
HAMS ARMOUR'S STAR FULL BUTT HALF **49¢ LB** FULL SHANK HALF **43¢ LB**
BACON STAGECOACH SLICED WITH FREE YOYO **59¢ LB**
FRESH RED SNAPPER **29¢ LB**
BANDON CHEESE MILD **39¢ LB** MEDIUM **49¢ LB** SHARP **59¢ LB**
FROZEN FRYERS CUT UP **39¢ LB**
FRESH SWEET CORN 6 LARGE EARS **88¢**

'BEACHCOMBER DAZE'
DANCE
To Introduce The **Miss Beachcomber** Candidates and Sponsors
SATURDAY **JUNE 13**
STARTING AT 9:30 P.M.
BATTLE ROCK SCHOOL GYM
MUSIC BY THE **Minutemen**
ADMISSION \$1.50 DONATION
SPONSORED BY ART ASSOCIATION

ORDER STRAWBERRIES FOR PRESERVING NOW!
Available in 6 1/2 and 30-lb Tins; Sugared or Unsugared, and Sliced or Whole - GUARANTEED FRESH... NOT FROZEN !!
THIS TREMENDOUS OFFER WILL BE AVAILABLE ONLY 2 TIMES AND SOLD ONLY ON ORDER... WHICH MUST BE IN BY 3 p.m. JUNE 11 and 22. DELIVERY 24-hrs LATER !!

