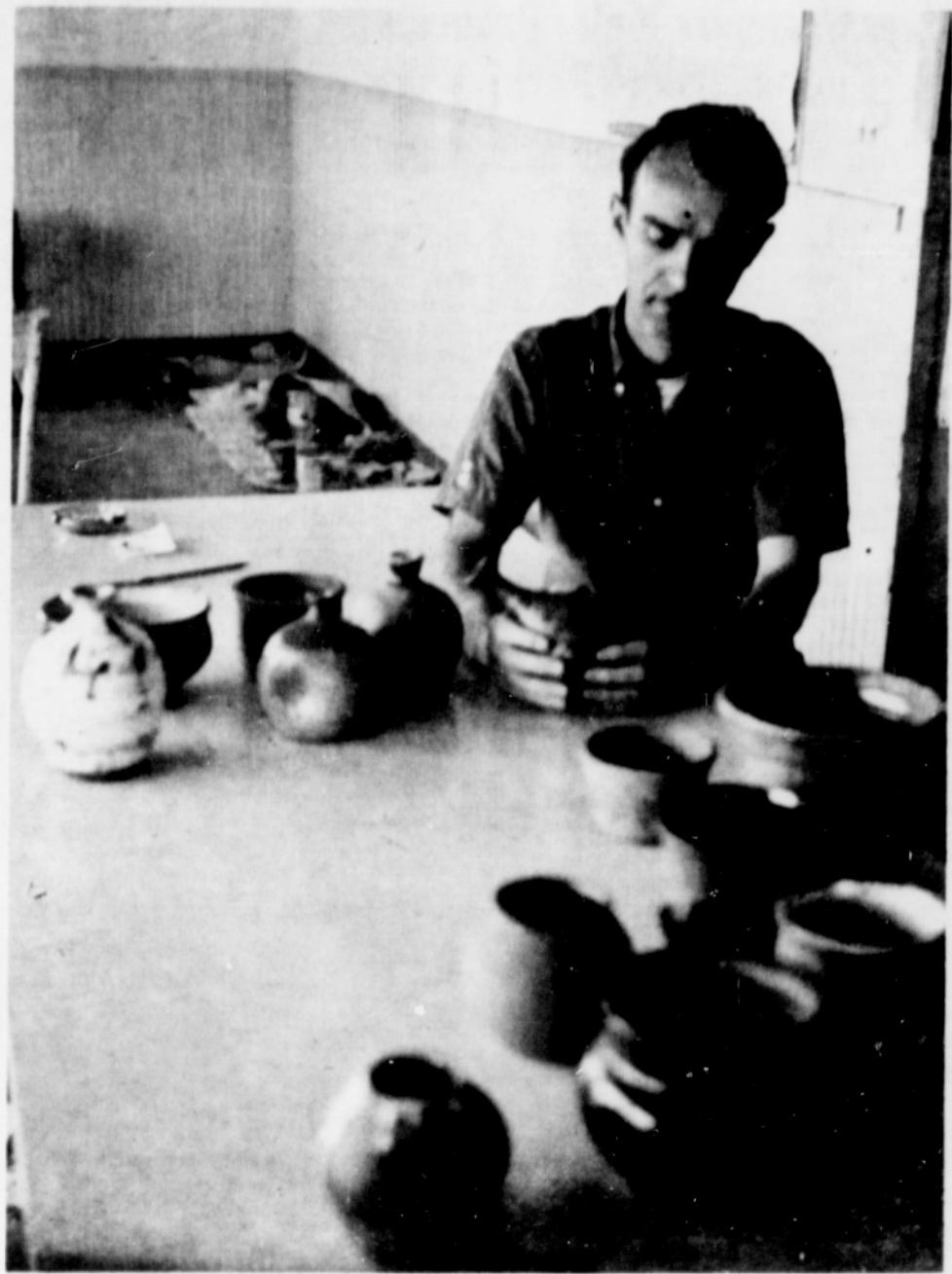




Carmel Artist Will Instruct Ceramics Class Next Week

Will Speer, a Carmel, California, ceramics artist and instructor, will conduct ceramics classes for the Port Orford Arts & Crafts Association beginning next Monday morning. Speer owns his own studio, a private design workshop, in Palo Colorado Canyon, about 15 miles south of Carmel, where he creates his own work and gives private instruction.

Formerly of Portland, he studied at the University of Oregon, Portland Art Museum School and the San Francisco Art Institute.

His exhibits have included the Sacramento State Fair, Monterey County Fair, Richmond Art Center and the DeYoung Museum in San Francisco.

Local classes, held from 9 to 12 noon, 1 to 4 and 7 to 10 p.m. daily through Thursday, will cover creative hand building, free forms, wheel work and firing. Materials will be available at the art center.

Fee for the minimum five lesson course will run \$2 per lesson, persons may take less lessons than required at \$2.50 each.

Firing of dry pieces produced by the classes will be done in a new automatic kiln recently purchased by the art center.

Speer will also demonstrate wheel work, and some of his own designs of glazed and natural pieces, at the Curry County Fair on Friday and Saturday.

Family Food Costs Told

A retired couple living alone can expect to spend anywhere from \$12 to \$19 a week on food according to information given in a new Oregon State University extension bulletin.

The couple that eats more meat, eggs, fruit, and vegetables will pay a little more than couples that depend more on potatoes, baked goods, cereals and dry beans.

Oregon families who want to compare their food costs with those of other western families will find an easy-to-figure chart in the bulletin "Your Weekly Food Bill." Written by Mrs. Zelma Reigle Neugart, it's available from county extension offices and the OSU bulletin.

WILL SPEER, Carmel, California, ceramics artist and instructor, will conduct classes at the local art center beginning next Monday. He will also demonstrate wheel techniques at the Curry County Fair this weekend. He is pictured here with several of his creative designs, which will be displayed at both places.

B. P. W. PLANS STYLE SHOW

The regular meeting of the Business and Professional Women's Club was held August 6, at the home of Maude Weir. Plans for a style show to be held in September were discussed.

All members are urged to bring a guest to the next meeting which will be a dinner meeting at the Orfords, September 3.

Food costs vary greatly from family to family for several reasons, says the specialist. These include:

1. Age of children. Teenagers eat a third to a half more food during their rapid growth years than adults.

2. Food habits. Food costs go up if you eat meat 10 times a week instead of 7, eat steaks and roasts instead of hamburger, steaks, casseroles, or other meat extender dishes, or if you buy canned or bottled beverages.

3. Frequent use of fully prepared items such as TV dinners, prepared sauces, dressings and cereals and fancy packaged foods.

4. Pet foods. A big dog often eats as much as a member of the family, reminds Mrs. Neugart.

5. Use of out-of-season foods. These foods are likely to be more expensive and lower in quality than in-season foods. Non-food items—cigarettes, cleaning supplies, health and beauty aids, etc.—often bought at the grocery stores, should not be counted in the food cost figures.

NORTH CURRY

Social Activities

FORMER RESIDENTS VISIT

Mr. and Mrs. Elmer Raymo of San Gabriel, California, owners of the Raymo Trailer Court, and Mrs. Jean Healy, San Pedro, California, former owner of the Castaway Lodge, are here visiting with friends. They have just returned from a ten week trip visiting 35 states and Canada. They spent a week at Toronto, Canada where they attended the SPEBSQSA (Barber Shop Quartet) national convention, visited relatives of Mrs. Healey and Mr. Raymo in New York State and a week in Florida. Mr. Raymo stated that the people living on the west coast enjoy the best living conditions, financial remuneration and scenery in all the 35 states covered.

PETOKS VACATION IN THE EAST

Mr. and Mrs. Tom Petok and children, Doug and Janis, returned Saturday after an 8,000 mile jaunt to Pennsylvania, via the Trans-Canadian highway to New York. They visited with friends and relatives in New York, Pennsylvania, Michigan and Illinois, plus sightseeing at Niagara Falls, Statue of Liberty, National Historical Park at Philadelphia, Washington D.C., and the Greenfield Village and Ford Plant in Detroit. They were gone five weeks.

One of the few things you can get without working is hungry.

ZION LUTHERAN NEWS

The Pastor would like to offer a thank you to all those who conducted and assisted in worship services during his vacation; Mrs. Hefner, Mrs. Stole, Mr. Eric Johnson, Mr. Vern Magnuson, Mr. G. W. Edstrom and Miss Dixie Jamieson.

Worship Service Sunday, August 11, will include Holy Communion. Remember the membership classes to start later this fall. If you have no church home and would like to become more interested in the Christian Life, please feel free to contact the Pastor. He will be glad to talk to you and to help you in any way he can.

Support Local Merchants

FRIENDS HERE FROM NORTH HOLLYWOOD

Mr. and Mrs. Glenn Myhre are spending their two week vacation at the Cort Kuehnert home.

DAUGHTER VISITS

Mr. and Mrs. George McDonald enjoyed a visit from their daughter and family of 5-lets, Oregon recently. Mr. and Mrs. Elroy Erickson and sons, Larry and Dennis spent nine days visiting and digging for Indian relics along Hunters Creek and the Rogue River. They left for Crater Lake on Monday.

HAS SURGERY

Fritz Reust has been a patient at McAuley Hospital in Coos Bay for the past week. He is making a satisfactory recovery after having surgery.

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FRYERS

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LARGE EGGS

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DONKEY

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HALF GALLON 69¢

FRYERS

PORK CHOPS

PORK LOIN ROAST

FRYERS

SPARE RIBS

GROUND BEEF

MACARONI • SPAGHETTI

CHEESE

MUSTARD and TOMATO SAUCE

SARDINES

SAFETY MATCHES

McKay's

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