

## LADIES! LOOK YOUNG DARKEN GRAY HAIR

Use the Old-time Sage Tea and Sulphur and Nobody Will Know.

Gray hair, however handsome, denotes advancing age. We all know the advantage of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks streaked, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.

Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a 50-cent bottle of "Wyeth's Sage and Sulphur Compound," which is merely the old-time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready-to-use preparation, because it darkens the hair beautifully, besides, no one can possibly tell, as it darkens so naturally and evenly. You moisten a sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application or two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.—Adv.

### SKIN-TORTURED BABIES

Sleep, Mothers Rest After Treatment With Cuticura—Trial Free.

Send today for free samples of Cuticura Soap and Ointment and learn how quickly they relieve itching, burning skin troubles, and point to speedy healing of baby rashes, eczema and itchings. Having cleared baby's skin keep it clear by using Cuticura exclusively.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

**MURINE Granulated Eyelids,** Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smearing, Just Eye Comfort. Murine Eye Remedy At Your Druggist's or by mail, 50c per bottle. Murine Eye Salve, in Tubes 25c. For Book of the Eye—Free. Ask Murine Eye Remedy Co., Chicago.

### MONEY FOR YOU.

Thousands of trained young people needed. Behrke-Walker Business College, places students in positions. Enroll any time. Free Catalogue.

200 Rooms Near Both Absolutely  
100 Baths Depots Fireproof

### Hotel Hoyt

Corner Sixth and Hoyt Sts., Portland, Ore.  
LOU HIMES, Manager.  
RATES:—75c to \$2. SPECIAL—Week or Month

**SHIP** Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce. to the Old Reliable Evered house with a record of 45 years of Square Dealings, and be assured of TOP MARKET PRICES. F. M. CRONKHITE 5-47 Front Street Portland, Oregon

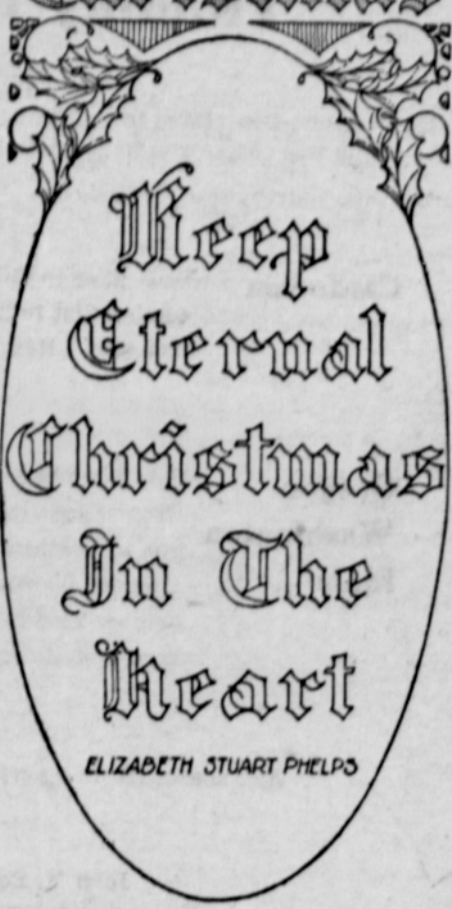
**HIDES, PELTS, CASCARA BARK, WOOL AND MOHAIR.** We want all you have. Write for prices and shipping tags. THE H. F. NORTON CO., Portland, Ore.; Seattle, Wa.

WE WANT YOUR **Poultry, Veal and Hogs** HIGHEST MARKET PRICE NO COMMISSION PROMPT RETURNS HENNINGSEN PRODUCE CO. 18-20 Front St. Portland, Ore.

**BUY DIRECT** Do Your Own Plumbing By buying direct from us at wholesale prices and save the plumber's profits. Write us today your needs. We will give you our rock-bottom "direct-to-you" prices, f. o. b. rail or boat. We actually save you from 10 to 35 per cent. All goods guaranteed. Northwest headquarters for Leader Water Systems and Fuller & Johnson Engines. STARK-DAVIS CO. 212 Third Street. Portland, Oregon

P. N. U. No. 51, 1917.

## The Real Christmas



### Working In the Name Of the Christ Child

SOME thirty years ago there lived in the city of Washington a young girl, the daughter of Richard T. Merrick, a distinguished lawyer, says the Survey. A serious injury, due to an accident, had left her an invalid, confined to her couch. The Christmas season was fast approaching and amid the preparations for the holidays, which the happy family were busily making, this young invalid, reared in luxury, conceived the desire of clothing in the name of the Christ Child some poor babe who was to come into the world in poverty. She made a simple but complete layette, sent for a friend who she knew could find the very mother who needed such assistance, and one small child was clothed in the name of the Christ Child.

The Christ Child, society, founded 27 years ago, distributed 139 layettes last year. Not one request has ever been refused to an applicant indorsed by its visitors. And from this has developed the material relief department, which clothes and shoes children, furnishes a fortnight's outing, a brace for a crippled leg or a book from the library. There are no religious qualifications. Active members contribute a definite number of hours' work each week, and anyone may become a member by promising to answer the Christmas letter of a poor child. Washington numbers 1,000 members, and there are more than 4,500 in all, including the branches in 22 cities.

From her couch, where she has lain for more than 25 years, Miss Merrick directs and leads all the society's work.

### St. Nicholas Day and Christmas.

A writer in the Pall Mall Gazette thus speculated concerning the amalgamation of Christmas eve and St. Nicholas eve: "Perhaps the amalgamation of the two festivals was brought about by motives of economy, the giving of presents on December 5 and again on December 25 constituting too heavy a toll on parental purses. That this was the case appears to be proved by the custom prevailing in Catholic Germany, where St. Nicholas duly appears in each home on December 5, and, inquiring into the conduct of the children, rewards the worthy with fruits and cakes and lectures the unworthy on the duty of obedience. He then asks the Christ Child to bring them at Christmas, and on the morning of that day they usually find the desired articles in the shoes which they placed overnight on the hearth. This variation of the original Nicholas eve custom, for so long obsolete in England, probably accounts for our possession of Santa Claus in his present form. He is supposed to have been an importation from America about 40 years ago (as a little earlier we had derived the Christmas tree from Germany on the initiation of the prince consort, husband of Queen Victoria.)"

### The Christmas Spirit.

However it may be, when Christmas comes it finds us all to a greater or less degree ready to cry "A merry Christmas to all" and to the best of our ability keep it with good cheer. Deep down in our hearts every one of us cherishes what may be called the Christmas sentiment. Even if we go, as so many have done of past years,

outside of the walls of our own home we still observe our Yuletide in a more or less conventional manner. We may escape our relatives, save ourselves the bother of home preparations, pretend that we have cut adrift from the old fashioned methods, but it all amounts in reality to the same thing. We are animated, after all, by the same spirit, whether we are in a country house, a flat, a restaurant or hotel.

### The Christmas Fire

By HARRIET PRESCOTT SPOFFORD  
THE tree grew green in the forest,  
Grew green in the sun and the dew;  
His branches reached for the shadows,  
He feathered his tops in the blue,  
And happy the air about him  
Wherever his balsams flew.

Drenched with the rains of the summer,  
Fine from his stems spun the showers,  
Soft dropped the snow on his mantle,  
Dream work of silver and flowers,  
And over him white light trailing  
The stars swam through darkling hours.

Groping where great rock pillars  
Stand shouldering rank on rank,  
His roots at the cold sweet sources  
The ancient juices drank,  
And he swept with the earth companion  
As the vast skies rose and sank.

His boughs brushed low on your forehead  
As a passing wing might brush,  
When night winds made shrill music  
In the heavens, and hush, oh, hush!  
For deep in his deepest covert  
He hid the hermit thrush.

Low have they laid the giant,  
And they hale him home with mirth,  
And they fan the fires that twinkle,  
And sing round his mossy girth,  
And make with a mighty magic  
The life of the Christmas hearth.  
For his flames give the spicy fragrance  
Of the summer atmosphere,  
While the breath of the woody hol-  
lows,  
The luster and light of the year,  
The blossom, the bird song, the breezes,  
He sheds through the Christmas cheer.

And the message of peace and blessing  
In the great fire's glow they mark,  
With the lad from the war and the sailor  
Home from his tossing bark  
Ere the Christmas bells come chiming  
Like the touch of the frost on the dark.

And widely on pane and ceiling  
Sparkles a fiery foam,  
And the children dance with their shadows  
Like the forest sprite with the gnome,  
While the great log roars and blazes,  
The heart of the joy of home.

And the cheek that has long been withered  
With an old rose blooms once more  
As memories glow like the embers  
Whose flashes sink and soar  
With the Christmas fire's warm glory  
Where the log burns red at the core.  
—Woman's Home Companion.

### The Christ Cradle A Christmas Ballad

By MARGARET J. PRESTON.  
["Christ cradle" is the old Saxon name for mince pie.]

'T WAS the time of the old crusaders,  
And back with his broken band  
The lord of Lancaran castle  
Had come from the Holy Land.

It was Christmas eve in the castle;  
The Yule log burnt in the hall,  
And helmet and shield and banner  
Threw shadows upon the wall.

And the baron was telling stories  
To the little ones at his knees  
Of some of the holy places  
He had visited overseas.

Then he spake of the watching shepherd,  
Who saw such marvelous sights  
And the song that the angels chanted  
That first of the Christmas nights.

He told of the star whose shining  
Outsparkled the brightest gem;  
He told of the hallowed cradle  
They shrouded him at Bethlehem.

And the eyes of the children glistened  
To think that a rack sufficed,  
With only the straw for blankets,  
To cradle the baby Christ.

"Nay, dry up your tears, my darlings,  
Right gaily the baron cried,  
"For nothing but smiles must greet me!  
I'm home, and it's Christmastide!"

"Come wife; I have thought of a cradle,  
Another than this, I say,  
Which thou in thy skill shall make me  
To honor this Christmas day.

"We would not forget the manger,  
So choose of thy platters fair  
The one that is largest, deepest,  
And cover it in thy care.

"With flakes of the richest pastry,  
Wrought cunningly by thy hands,  
That thus it may bring before us  
The wrap of the swaddling bands.

"And out of thy well stored larder  
Set forth of thy very best,  
Is aught that we have too precious  
To honor this Christmas guest?"

"Strew meats of the finest shredding  
The straw was chopped in the stall;  
Bring butter and wine and honey  
To lavish around them all.

"Set raisins and figs of Smyrna  
That draw to the east our thought;  
Let spices that call of the Magi,  
With their gifts, to mind be brought.  
"Let sweets that suggest frankincense,  
Let fruits from the southern sea  
Be given ungrudging. Remember,  
His choicest he gave for thee!"

"Then over the piled up platter  
A cover of pastry draw,  
With a star in its midst to mind us  
Of that which the wise men saw.

"Christ's cradle is what we'll call it,  
And ever, sweet wife, I pray,  
With such thou wilt make us merry  
At dinner each Christmas day!"

### Young Mothers

Reserve strength for motherhood is of two-fold importance and thoughtful women before and after maternity take



It supplies pure cod liver oil for rich blood and contains lime and soda with medicinal glycerine, all important ingredients for strengthening the nervous system and furnishing abundant nourishment.

It is free from alcohol. Insist on the genuine.

The Norwegian cod liver oil in Scott's Emulsion is now refined in our own American laboratories which makes it pure and palatable. Scott & Bowne, Bloomfield, N.J. 17-20

### SIGNS OF DANGER

#### Women Should Prepare Themselves

This nation will require a great deal from its heroic women. They will assist the wounded in the hospitals or in many cases they will suffer at home in doing their duty by the nation.

Thousands of women who are now blessed with robust health cannot understand why thousands of other women continue to worry and suffer from ailments peculiar to women when they can obtain for a trifling sum Dr. Pierce's Favorite Prescription which will surely and quickly banish all pain, distress and misery and restore the womanly functions to perfect health.

This old prescription of Dr. Pierce's is extracted from roots and herbs by means of pure glycerine and is a temperance remedy of 50 years' good standing. Send 10c for trial pkg. of tablets to Invalids' Hotel, Buffalo, N. Y.

Write Dr. Pierce for free 136-page book on woman's diseases. You may also have confidential medical advice without cost.—Adv.

Dr. Pierce's Pellets are best for liver, bowels and stomach. One little Pellet for a laxative—three for a cathartic.

Cynical.  
"Miss Cynthia is such a sensible girl."

"Everybody knows she is. That is why the men keep away from her."—Exchange.

Nothing Doing There.  
The seedy looking man took his seat at the table and scanned the menu. "Waiter, I've only 30 cents on me. Now, what would you recommend?"

The waiter gently removed the card from his would-be patron's grasp. "Another restaurant," he said.—Exchange.

### GLASS OF SALTS IF YOUR KIDNEYS HURT

Eat less meat if you feel Back-achy or have Bladder trouble.

Meat forms uric acid which excites and overworks the kidneys in their efforts to filter it from the system. Regular eaters of meat must flush the kidneys occasionally. You must relieve them like you relieve your bowels; removing all the acids, waste and poison, else you feel a dull misery in the kidney region, sharp pains in the back or sick headache, dizziness, your stomach sours, tongue is coated and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment; the channels often get irritated, obliging you to get up two or three times during the night.

To neutralize these irritating acids and flush off the body's urinous waste get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine and bladder disorders disappear. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys and stop bladder irritation. Jad Salts is inexpensive; harmless and makes a delightful effervescent lithia-water drink which millions of men and women take now and then, thus avoiding serious kidney and bladder diseases.—Adv.

### THICK, SWOLLEN GLANDS

that make a horse Wheeze, Roar, have Thick Wind or Choke-down, can be reduced with



also other Bunches or Swellings. Noblister, no hair gone, and horse kept at work. Economical—only a few drops required at an application. \$2 per bottle delivered. Book 3 M free. ABSORBINE, JR., the antiseptic liniment for manking, reduces Cysts, Wens, Painful, Swollen Veins and Ulcers. \$1 and \$2 a bottle at dealers or delivered. Book "Evidence" free. W. F. YOUNG, P.O.F., 403 Temple St., Springfield, Mass.

### Christmas Joys—Under the Mistletoe



### HERE COMES SANTA CLAUS!



Dad Finds Solace. Dad finds some solace in the thought that Christmas comes but once a year.