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MAKE BIG MONEY! Be our representative. Easy sales anywhere. Show samples and take orders. No risk. Don't wait; write today. Dept. 12, Room 312, Wilcox Bldg., Portland, Or.

Machinery Second-Hand Machinery bought, sold and exchanged: engines, boilers, sawmills, etc. The J. E. Martin Co., 83 1st St., Portland. Send for Stock List and prices.

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HUNTERS! TRAPPERS!

Deal direct with manufacturer. We pay the highest prices for Raw Furs. Write for free price list and shipping tags.

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SCIENTIFIC HERB TREATMENT

For all diseases. No poisons or minerals used. Send for symptom blank. **FREE ADVICE.**

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FREE! FREE! Our valuable booklet, filled with the most useful information of all kinds. Write for it. It costs you absolutely nothing.

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is what they all say of our **Painless Methods of Extracting Teeth.**

Out-of-town people can have their plate and bridge-work finished in one day if necessary. An absolute guarantee, backed by 25 years in Portland.

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OUT OF TOWN PEOPLE

can receive prompt treatment of Non-Painful, Health-building remedies from **C. GEE WO** the Chinese doctor.

Try once more if you have been doctoring with this one and that one and have not obtained permanent relief. Let this great nature healer diagnose your case and prescribe some remedy whose action is quick, sure and safe. His prescriptions are compounded from Roots, Herbs, Buds and Bark that have been gathered from every quarter of the globe. The secrets of these medicines are not known to the outside world, but have been handed down from father to son in the physicians' families in China.

CONSULTATION FREE. If you live out of town and cannot call, write for symptom blank and circular, enclosing 4 cents in stamps.

THE C. GEE WO CHINESE MEDICINE CO. 162 1/2 First St., Cor. Morrison Portland, Oregon.

North Pacific College of Dentistry and Pharmacy

The North Pacific College was established in 1898. It has departments of Dentistry and Pharmacy. No school in America has better facilities for the training of young men and women for successful professional careers. The annual session begins October First. An illustrated catalog of information will be forwarded upon application to

Registrar, North Pacific College East Sixth and Oregon Sts., Portland, Ore.

WORTH TIME AND TROUBLE.

Salad Rolls Call for Care in the Making, but the Result Repays All the Outlay.

Soald one cup milk, add three tablespoons butter, one and a half tablespoons sugar and half a teaspoonful of salt. When lukewarm add one yeastcake, dissolved in one-quarter cupful lukewarm water and one and a half cupfuls flour. Cover and let rise, then add white of one egg beaten stiff, and four to knead. Again let rise, shape in small biscuits, place in rows on floured board, cover with cloth and let it rise until light and well puffed. Flour handle of wooden spoon, and make a deep crease in middle of each biscuit, take up and press edges together. Place closely in buttered pan, cover, let rise, brush over with one egg slightly beaten and diluted with one tablespoonful milk and bake 12 or 15 minutes in a hot oven. This may seem quite a process to go through, but when done and ready to be eaten one feels really repaid. They are the best I ever ate.

Premium Fruit Cake. Sugar, three cups; butter, one and one-half cups; six eggs; sour cream one and one-half cups; saleratus or soda, two teaspoonfuls; currants, one half pound; raisins, three-fourths pound; citron, one-fourth pound; one nutmeg, flour. Directions, beat the eggs thoroughly, then add sugar and butter and beat till smooth; dissolve the saleratus in a little warm water and put in the cream and make the cake quite thin with flour to prevent the fruit from settling to the bottom. Do not chop the raisins, but cut them in halves and remove the seeds; else use seedless raisins. Then scald a few moments to soften, drain and flour (dredge); then before putting into the cake cut the citron in thin slices, and as you fill in a layer of cake put the citron over evenly, then more of the cake mixture and another layer of the citron and so on until the citron is evenly divided through the whole.

ONLY ONE "BROMO QUININE" That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day, Cures Grip in Two Days. 25c.

How Life is Made Interesting. Life, to be interesting, must be a series of contrasts. There may be discord today, but harmony tomorrow. The balance of power comes through not being too overwhelmed by sorrow, nor too intoxicated by joy.

Alliterative Attributes. Apt alliteration's artful phrase asserts its potency in the utterances of one of the newly enfranchised western women thus: "Petrified, putrified, predeceous, partisan politics."

Daily Thought. Love is never lost. If not reciprocated, it will flow back and soften and purify the heart.—Washington Irving.

CATARRHAL COUGH

Is Caused by Catarrh of the Throat and Bronchial Tubes.

Some coughs are produced by a grave organic disease of the lungs. Other coughs are produced by heart disease. An irritable stomach will produce a cough. Stomach coughs are more common than is generally supposed.

Catarrh will also produce a cough. Catarrh of the bronchial tubes. Catarrh of the larynx. Catarrh of the pharynx.

In a catarrhal cough the amount of expectoration is limited. It is not so easy to raise as in cases of organic diseases of the lungs. It may be frothy or stringy mucus, difficult to expectorate. People will go on for months with this sort of a cough and give it no attention.

Ordinary cough medicines that are intended to lull the sensitive nerves that are irritated by the catarrh will do no good. In fact, they do harm.

What is needed is Peruna, which strikes at once at the cause of such a cough. Peruna is a catarrh remedy. As soon as the catarrh is removed from the throat and bronchial tubes the cough disappears.

Usually the directions on the bottle are sufficient. In some cases where the cough is very continuous and annoying a tablespoonful every hour is a better way to take it. But a multitude of people who are suffering with this sort of cough and yet going about their usual business need only take the Peruna according to the directions on the bottle.

GOOD APPLE PUDDINGS

RECIPES FOR WHAT IS KNOWN AS QUEEN OF DESSERTS.

Dutch Style Universally Liked—Cooked With Rice is a Method Many Prefer—Brown Betty an Old Favorite.

Dutch apple pudding—One pint of flour, one teaspoon cream tartar, one-half teaspoon soda, one-half teaspoon salt, one egg and a generous two-thirds cup of sweet milk. Mix the flour, cream tartar, soda and salt together and put through the sieve. Beat the egg light and mix with the milk. Rub two tablespoons of butter into the flour and mix well with the milk and egg. Do not mold, but pour the mixture into a well-buttered pan, having the dough one inch deep in the pan. Pare four apples, cut them in eighths, stick the pieces in rows into the dough and sift on two tablespoons of granulated sugar. Bake in a moderate oven twenty-five minutes. Serve with sugar and cream or any sweet sauce.

Apple and Rice Pudding—One and one-half cups uncooked rice, two dozen small apples. Wash the rice and soak two hours in cold water. Pare and quarter the apples, wet the pudding cloth, spread it in the colander, sprinkle lightly with flour, spread on two-thirds of the rice, lay in the apples as closely as possible, then the remainder of the rice. Tie up the bag, put into boiling water and boil one hour. Serve with molasses sauce.

Molasses Sauce—One cup of molasses, one-half cup of water, one tablespoon of butter, one-half teaspoon of cinnamon, a speck of salt, three tablespoons of vinegar. Boil twenty minutes. This is also nice for apple puddings, where cream is not plenty.

Apple Charlotte—Butter a deep earthen dish and place around the sides slices of bread cut about one inch thick, buttered and soaked in cold water. Fill the lined dish with sliced sour apples, put over them one cup of sugar, one-half cup of cold water, a sprinkle of salt and nutmeg grated or cassia to suit the taste. Cover the apples with the slices of soaked and buttered bread, then cover with a plate and bake slowly two hours. When ready to serve, loosen the bread from the sides with a knife, remove the plate from the top, lay the plate you serve it on top and tip the dish bottom up and lift off the dish it was baked in. To be eaten with cream and sugar.

Baked Indian and Apple Pudding—Two quarts of milk, one small cup of sifted cornmeal, one cup of molasses, one tablespoon of ginger, one teaspoon of salt, butter the size of an egg, one quart of sliced sweet apples. Put one quart of milk on the stove to heat and when hot sift the meal in, put it over the hot part of the stove to cook and stir it constantly for five minutes. Let it cook until it bubbles and thickens. Remove from the stove, add to seasoning and apples, then add the other quart of cold milk; stir and mix thoroughly, put into an earthen pudding dish and bake slowly four hours. After the pudding has been in the oven one hour take a spoon and stir the pudding thoroughly, as that mixes the apples, and it will not be all at the bottom of the dish. Then let it cook slowly the three hours undisturbed. Serve with sugar and cream.

Brown Betty—Butter an earthen pudding dish, cover the bottom with a layer of breadcrumbs, then put in a layer of chopped sour apples, then thick layer of crumbs. Sprinkle over a little sugar, nutmeg or cassia, small bits of butter, then a layer of crumbs and alternate with the apples until the dish is full, seasoning each layer of apples with sugar, butter and spice, having the last layer crumbs when the dish is filled. Pour over one cup of cold water, cover with a plate and bake in a slow oven two hours. To be eaten with sugar and cream.

Lettuce Salad With Cheese Balls. Two packages of Neufchatel cheese, one-half teaspoon onion juice, two tablespoons lemon juice, one tablespoon chopped parsley, two tablespoons salt and paprika with some lettuce and French dressing; mix all the seasonings with the cheese. Make into small balls with butter paddler and serve with head lettuce covered with French dressing. For a change, do not put the parsley into the balls, but crop more of it very fine and roll the balls in it very lightly.

PISO'S REMEDY Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists. FOR COUGHS AND COLDS

CARE AND USE OF CASSEROLE.

Excellent Servant of the Cook Must Have Proper Treatment, and This Advice is Good.

Before using a casserole for the first time, it is well to temper it; this is best done by covering it with cold water. Then letting the water come to the boiling point, remove from the fire, and let the casserole remain in the water until it is cold.

Under no circumstances let the casserole be put on the stove without water or fat in it; if this is done the dish will crack.

Avoid sudden changes of temperature with the casserole; that is, do not take it from the hot stove or oven and place it in cold water or in a wet sink; this will prove disastrous to the dish.

Casserole cooking requires only moderate heat; if something is being cooked in the casserole at the same time that intense heat is required for something else, take the precaution of setting the casserole in a pan of water.

In cooking anything in a casserole it is well to allow twice the time for cooking that would be required were the stew or vegetables or fruit cooked in the ordinary way.

Distemper In all its forms, among all ages of horses and dogs, cured and others in the same stable prevented from having the disease with Spohn's Distemper Cure. Every bottle guaranteed. Over 500,000 bottles sold last year. \$1.50 and \$1.00. Good druggists, or send to manufacturers. Agents wanted. Write for free book. Spohn Med. Co., Spec. Contagious Diseases, Goshen, Ind.

Lemonade Ginger Punch. Five lemons, one cupful of sugar, one cupful of boiling water, ginger ale, fresh mint, cold water, one-half heaping teaspoonful of gelatin. Wash the lemons and slice them; then sprinkle over the sugar. Let stand for 30 minutes, and then add one quart of cold water. Dissolve the gelatine in the boiling water and add it to the lemon mixture. Pour the whole into a punch bowl and add the ginger ale, allowing one quart of ginger ale for each quart of the other liquid. Half an hour before serving add a few stems of fresh mint.

Red Cross Ball Blue, all blue, best bluing value in the whole world, makes the laundress smile.

For the Shopping Bag. Sew a very large safety pin in your shopping bag. Then hang by means of smaller safety pins your door key, samples of cloth, memoranda and such things. They will be handy when you open the bag and save poking down and around and about the bottom of the bag for these things.

Petit's Eye Salve FOR ALL SORE EYES

Banana Pie. Line a deep plate with rich crust and bake a delicate brown. Filling: Take a scant cup of sugar in your sauce pan and cream into a generous teaspoon of butter (not melted), beat in the yolks of two eggs and two tablespoons flour, and a cup of boiling water and cook, stirring constantly until thick. Add a little vanilla after this cream is cool. Slice into the crust a layer of bananas alternated with a layer of cream. There should be two layers of each. Frost with the whites of two eggs, beaten stiff, with two teaspoons of sugar. Brown in oven. Serve cold.

Queen Victoria Detested Tobacco. The number of smoking rooms now distributed over Windsor castle would considerably astonish Queen Victoria could she but see them. Her late majesty could never bring herself to do more than tolerate the weed in any form, and the smoking room was always relegated to a very distant part of her various residences. Nor were the guests permitted to solace themselves with a quiet smoke in their own apartments, as on their arrival they were specially warned not to do so.

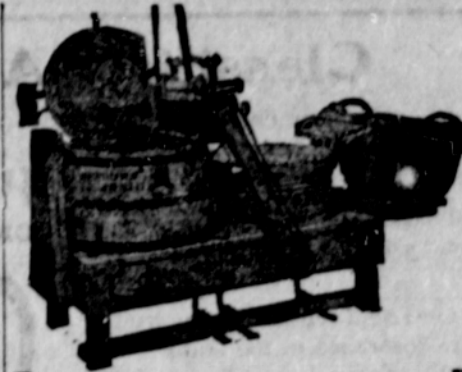
Still, As Servants Go, Old. Mrs. Heath sniffed audibly when her sister happened to mention, with considerable awe, a certain neighbor. "Daisy!" the married woman exclaimed. "Why Daisy should speak of her help as 'old family servants' I can't imagine!" "But why shouldn't she, if she wants to?" inquired the sister. "Because the one she's had longest is her cook, and so far, she's stayed six months!"—Youth's Companion.

Atas, Yes! "Oh, Mr. Titewadd, do you know, I passed by a candy store yesterday, and actually didn't go in." "How unlike you—I thought you said once you invariably turned in?" "Why, don't you remember? You were with me."

FILES CURED IN 6 TO 14 DAYS Your druggist will refund money if FAZO OINTMENT fails to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days. 50c.

Try the Left. "I often wish," mourned Senator Spouter, "that I were ambidextrous, then I could go on writing my speeches without being interrupted by these pestiferous handshakers."

Disturbers. There's hardly any way to be such a nuisance as to have strong convictions.—New York Press.



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FOUNDED FROM FORMERLY THE LATE DR. Wm. WRIGHT

Assure These Benefits

How Paris Helps Poor. The fact that the receipts of Paris theaters have more than doubled in the last twenty years is a good thing for the Paris poor, since every buyer of a theater ticket in Paris has to pay a ten per cent tax for the poor, the total amount of which for the last year was \$1,300,000.

But They Never Do. Little fault would be found with people who tell all they know if they would quit when they have done that.

FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female ills are invited to communicate promptly with the woman's private correspondence department of the **Lydia E. Pinkham Medicine Co., Lynn, Mass.** Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address **Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.**

Every woman ought to have **Lydia E. Pinkham's 80-page Text Book.** It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.

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