

Pe-ru-na Strengthens the Entire System

Mr. Chas. L. Sauer, Grand Scribe, Grand Encampment I. O. O. F. of Texas, and Assistant City Auditor, writes from the City Hall, San Antonio, Tex.:

"Nearly two years ago I accepted a position as secretary and treasurer with one of the leading dry goods establishments of Galveston, Tex.

"The sudden change from a high and dry altitude to sea level proved too much for me and I became afflicted with catarrh and cold in the head, and general debility to such an extent as to almost incapacitate me for attending to my duties.

"I was induced to try Peruna, and after taking several bottles in small doses I am pleased to say that I was entirely restored to my normal condition and have ever since recommended the use of Peruna to my friends."

Some Facts About Boston. Boston is the second largest port in the United States. It is the largest market for boots and shoes in the world.

It is the largest market for hides and leather in the world. It is the largest market for wool in the United States. It is historically the most interesting city in the country.

It is the greatest market of the country for domestic dry goods. It is the richest city in the United States in point of wealth per capita.

Its annual output of rubber boots and shoes is 32,000,000 pairs, the largest in the United States. It has more people within a radius of fifty miles than any other city in the United States, excepting New York.

It manufactures over \$11,000,000 worth of clothing per annum.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the County of Cook and State of Illinois.

Not to be reduced to that. The traveler through a part of New Hampshire where the stores seemed to be especially thick stopped to comment to her driver on a man who was at work in a field the surface of which was little more than a mass of stones of all sizes and shapes.

"Yes, Jake's having a hard time of it," said the driver, who apparently knew every one in that region. "He's been at that field now for two years, off'n on. The wall all came out of the ground, as you might say, and you see there's still considerable material left to work on."

"I should think he'd be perfectly discouraged, poor man, to own such a piece of property," said the traveler.

"Oh, he doesn't own it, ma'am, Jake doesn't," said the driver, hastily. "Jake isn't so poor as all that. It belongs to Square Farm, and he's hired Jake to clear it, that's all."

BLOATED WITH DROPSY. The Heart Was Badly Affected When the Patient Began Using Doan's Kidney Pills.

Mrs. Elizabeth Maxwell, of 415 West Fourth St., Olympia, Wash., says: "For over three years I suffered with a dropsical condition without being aware that it was due to kidney trouble.

The early stages were principally backache and bearing down pain, but I went along without worrying much until dropsy set in. My feet and ankles swelled up, my hands puffed and became so tense I could hardly close them.

I had great difficulty in breathing, and my heart would flutter with the least exertion. I could not walk far without stopping again and again to rest. Since using four boxes of Doan's Kidney Pills the bloating has gone down and the feelings of distress have disappeared."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

BARRED BY BRITONS

No American Canned Meats Allowed On Their Warships.

SAILORS REFUSED TO EAT IT

Admiralty Yields and Will Feed Them On Australian and Argentine Canned Goods.

London, July 10.—As the result of the refusal of one of the ships of the British attacking fleet to take on American tinned meats during the recent naval maneuvers, the Admiralty directs that ships' companies be supplied with Australian or Argentine brands in lieu of American.

Winston Churchill Spencer, under secretary of the colonies, in an official communication to William Redmond, Nationalist member of parliament, says he is informed that special care is exercised by the New South Wales government that only absolutely healthy meats are procured for food and that every precaution is taken at the freezing and canning works to insure a cleanly method.

RECIPROCIETY THE NEXT ISSUE. Congress Will Be Asked to Enlarge President's Powers.

Washington, July 10.—Tariff reciprocity as the beginning of tariff revision may be made the chief issue of the short session of the 59th congress. It is more than likely that after the election in November steps will be taken in the direction of the passage of a general reciprocity law.

The reciprocity of the future must be statutory, that is to say, the president must be authorized in some way, either by the separation of a maximum and minimum tariff or by a horizontal reduction, to promote trade relations with those countries.

ROOT DODGES PROBLEMS.

Speaks at Banquet at San Juan With Diplomatic Reserve. San Juan, Porto Rico, July 10.—Elihu Root, the American secretary of state, who arrived here on the cruiser Charleston on his voyage to Rio Janeiro as the representative of the Pan-American congress, was entertained at luncheon tonight by George C. Ward, at the Union club.

Auditor Hyde, of Porto Rico, proposed a toast to President Roosevelt. In responding Mr. Root said he fully appreciated the difficulties attending the island's adjustment to the new conditions resulting from its separation from Spain and the severance of relations between church and state.

Mr. Root afforded all reference to insular problems, such as the question of citizenship, the coffee growing industry and the presence of troops.

Fears Loss of Cossack Aid.

St. Petersburg, July 10.—Dispatches received here today from Nova Teherak, which is in the center of the Don Cossack district, show that the authorities are extremely apprehensive as to the effect of the speeches delivered in the lower house of parliament in the recent debate on the Cossack question, which were palpably intended to undermine the loyalty of the Cossack levies engaged on police duty.

Sealers Put in Chains.

Victoria, B. C., July 10.—Advice from Japan state that three Americans, one Britisher and one Japanese sealer, who were imprisoned for 16 months at Vladivostok, have returned to Japan after being released. One of the Americans was loaded with chains, while in confinement. The Americans and the Britisher, who are distressed, are being maintained at the Seaman's institute at Yokohama. They were members of the crew of the Japanese sealing schooner Kyoichi Maru, which was sunk by Russian cruisers in 1903.

Form Democratic Cabinet.

London, July 10.—According to the correspondent of the Times at St. Petersburg, it is the consensus of opinion there that the Constitutional Democrats will be invited to form a ministry. One of their leaders said there had been indirect overtures with that end in view, and that they were awaiting the next move from Petrohof.

Castro Again Supplies Gomez.

Caracas, Venezuela July 10.—Vice President Gomez yesterday transferred to President Castro the presidential office, which the latter temporarily resigned in April last.

JOHN BULL IN GLASS HOUSE.

Disgusting Conditions in Sausage and Jam Factories.

London, July 11.—The Britishers, who have been so virtuous recently over the Chicago meat packing revelations, were today confronted with the annual report of the inspector of factories and workshops, which shows that the conditions here are quite as revolting as anything alleged of the Western packing centers.

Dirty factories and disgusting methods seem to be the rule, instead of the exception. Jam factories, bakeries and sausage makers are all censured as being equally filthy, and the description of one fits most of the others. Here is the report of a typical jam factory:

"The boiling factory lay between the yard and the stable, and the horses reached the latter through the boiling room. The sanitary accommodation was hardly separated from the rooms where the fresh fruit and uncovered jam were kept, and the floors were dirty and undrained."

Another factory inspector found jam pots being washed in "liquid lard soup, which smelled abominably." The manager informed the inspector that the water was changed "about once a week. When fished out of these evil-smelling tanks the pots were allowed to stand until dry, when they were considered ready to refill."

UNCLE SAM'S GUARANTEE.

Roosevelt Offers It for Government Inspected Canned Meat. Sheffield, England, July 11.—The Grocers' federation, whose annual conference is proceeding here, has received a communication from Ambassador Whitelaw Reid, enclosing a message from President Roosevelt, as follows:

"You are at liberty to inform the Grocers' federation that under the new law we can and will guarantee the fitness in all respects of tinned meats bearing the government stamp. If any trouble arises therewith, protest can at once be made not merely to the sellers of the goods, but to the United States government itself."

The secretary of the federation stated that Mr. Roosevelt's message was in reply to one sent by him on behalf of the federation, saying that it was almost paralyzed and that dealers must be assured of the wholesome character of tinned goods, or otherwise they would have to stop stocking up with American brands.

The reciprocity of the future must be statutory, that is to say, the president must be authorized in some way, either by the separation of a maximum and minimum tariff or by a horizontal reduction, to promote trade relations with those countries.

MITCHELL IS FREE.

Slayer of Holy Roller Leader is Acquitted by Jury. Seattle, Wash., July 11.—George H. Mitchell, who shot Franz Edmund Creffelder, leader of the Holy Rollers, on First avenue, May 7, was acquitted late yesterday afternoon.

After nearly an hour and a half in the jury room the 12 men have listened to the testimony in Mitchell's trial, and back and announced their verdict: "Not guilty."

Despite the advance warning of the court that no demonstration would be permitted, irrespective of the verdict, a roar of applause greeted the announcement that the court officers were powerless to quell the riot. The courtroom was crowded, but aside from those who sat in the front row, directly under the eyes of the presiding judge, the spectators applauded almost unanimously when the clerk had read the words that freed Creffelder's slayer.

Turmoil Grows in Strength.

Odesa, Russia, July 11.—Agrarian outrages and politico-insular outrages occur daily, and are alarmingly spreading in the Southern provinces. The revolting peasantry are now evidently organized and led by professional propagandists. In an interview today a marshal of the nobility of Kherson expressed the firm conviction that the situation is inevitably and rapidly drifting to a colossal and calamitous uprising of the peasants against the landowners and that the movement will be supported by the soldiers.

Refuse to Shoot Mutineers.

St. Petersburg, July 11.—From additional details of the mutiny of the Seventh cavalry at Tambov, both the infantry and the Cossacks sent to subdue the mutineers refused to fire on them, the infantry bayoneting the officer who gave the command. Only a detachment of dragoons, who, it is said, had been plied with liquor, attacked the mutineers. The officers of the Seventh fired on their own men. The number of killed or wounded has not been established, but it is not thought to be great on either side.

Last of Coal Mine Strike.

Philadelphia, July 11.—Virtual settlement of the strike of coal miners in the bituminous coal field, which began last April, was made in this city tonight at a conference between representatives of the United Mineworkers of America and the operators in that field. The principal terms of the settlement are a 5.55 increase in wages for all miners over the scale which existed before the strike; application of the check-off system to miners.

Black Sea Fleet Mutinies.

Serastopol, July 11.—It is reported that the ironclads Pantelmon and Three Saints have joined the garrison of the Iatoum forces, which has been in mutiny. The Three Saints hoisted the red flag and the mutineers are reportedly detaining two other ironclads which had refused to join them.

"GENERALLY CLEAN"

Products of Chicago Stockyards Declared Wholesome.

ALL NOT NICE IN PACKING PLANTS

Some Products Are Lacking in Nutrition—Canning Departments in Fairly Clean Condition.

Chicago, July 7.—The report of the joint committee of the Chicago Commission of Manufacturers and Illinois Manufacturers' association, appointed to investigate the packing industries of Chicago, together with the report of the experts who accompanied them, was made public today. The committee says:

"That a board of experts of the character employed, with professional ideals and guided and influenced by an 'esthetic sense,' which embodies something of necessity and something more of 'luxury,' should find the product 'wholesome,' the inspection 'efficient,' seems to your committee to cover the situation."

"As a result of this investigation, we ourselves have no hesitancy in stating that the products at the yards are wholesome and proper food. We find that the companies have been improving the conditions and products from year to year."

A summary of the report is: Part of the plants are up to date. In each of these parts are some sections indifferently good and in most of them things that need disapproval. Most conditions are in old buildings added to as business expanded. Further scientific inquiry recommended on preservatives.

Not all of carcasses affected with tuberculosis and lumpy jaw need be thrown away. Ante-mortem inspection of less importance than inspection of dressed meat. Dressed meat of yards is wholesome and a proper article for human food. Methods for the most part cleanly.

Canning departments are in a fairly clean condition. Some products are lacking in nutrition. Better inspection of sausage departments is recommended. Lard companies are wholesome. Conditions of hygiene and sanitation are very bad. Not much spitting goes on.

MANEUVERS WITHOUT SIGNALS.

Plan To Be Tried With Largest American Fleet Ever Assembled. Washington, July 7.—Plans for extensive maneuvers of the North Atlantic fleet are being matured by the general navy board, in conjunction with Rear Admiral Evans, commanding the fleet. Admiral Dewey, president of the board, has sent Admiral Eytel, who will have a fleet of 16 battleships, which will be the largest fleet of effective vessels ever assembled at one time by the United States.

A new feature is to be introduced in the maneuvers this summer, and the ships are to practice evolutions without signals in order to meet emergencies in battle, when owing to the largest signal apparatus has been shot away, signals cannot longer be given. While it is regarded as somewhat hazardous to maneuver big battleships without signals, it is thought necessary to have the officers familiar with this duty in case they are engaged in actual warfare at some time in the future and a situation should arise necessitating the abandonment of signals.

Fight the Income Tax.

Sacramento, Cal., July 7.—Both the Western Union and the Postal Telegraph companies have been assessed here on their franchises, and both are making a gigantic fight before the local board of equalization before the local board of equalization on the ground that if Sacramento can force payment of tax on franchises, every city, town and hamlet in the country where they have offices may do likewise, and thus burden the company beyond financial endurance. The assessments here are as follows: Western Union, \$90,000; Postal, \$35,000.

To Make Brigade Posts.

Washington, July 7.—Secretary Taft has determined to make a trip of inspection westward next October to Fort Riley and Fort Leavenworth, as well as to Fort Sam Houston, at San Antonio. His purpose is to examine these places, with particular reference to the execution of the plans of the general staff for the creation of large brigade posts at these points. He will likely also approve of such posts at American Lake, Wash.; Fort D. A. Russell, Wyo.; Chickamauga, and some post in the Middle States.

Warrant for Mrs. Nation.

Guthrie, July 7.—A Federal warrant issued today by United States Attorney Scothern for Carrie Nation, charging her with sending obscene matter through the mails in her temperance publication, the Hatchet. Mrs. Nation is now lecturing in Texas, and Federal officers have been notified to place her under arrest. A recent issue of the Hatchet contained a lecture to young men and boys, in which Mrs. Nation used very plain language.

From Oldest to Youngest.

London, July 7.—A large number of signatures of members of the British parliament have been attached to a message which will be forwarded to the Russian parliament extending to it the congratulations of the oldest to the youngest parliament, expressing the hope that some of the members of the latter will attend the international arbitration conference to be held here at the end of July.

No Yellow Fever in New Orleans.

New Orleans, July 10.—Dr. James A. White, surgeon in charge of the marine hospital here, issued a statement tonight that as far as he is aware none of the marine hospital surgeons at New Orleans had given out any statement that there is yellow fever in New Orleans, and neither is there nor has there been any fever existing in this city.

CANNON AIDED WEST.

Speaker of House Blocked Diversion of Reclamation Fund.

Washington, July 10.—Thanks to Speaker Cannon, the Hansbrough bill diverting \$1,000,000 from the reclamation fund to drain private swamp lands in North Dakota, was not allowed to come before the house at the recent session. Had the bill been given consideration it would almost certainly have become a law, for it had already passed the senate, was endorsed by a majority of the house committee on public lands, and only a handful of Western members were in a mood to oppose the bill in debate.

Speaker Cannon was the man who defeated this onslaught on the none too large reclamation fund, and his position was altogether unexpected, too. When congress was framing the reclamation law, and in the years previous Cannon was one of the strongest opponents of the proposed legislation. He believed it would deplete the treasury and interfere with other government work. Furthermore, he contended that irrigation of arid lands could be carried on by private enterprise under the Carey act, and therefore saw no necessity for utilizing public land receipts in this great work.

Since that law was written on the statute books and has been put into operation, Speaker Cannon has traveled through the West, and has received the vast benefits that are resulting from it, and today he is as staunch a friend of the law as any man from the arid West. He has proved himself a better friend of the law than many men who helped to frame it.

In the closing days of the session an effort was made to rush through the senate a bill to take a part of the reclamation fund for draining the Dismal swamp, but the bill was refused consideration, a number of Western senators having been aroused to a realization of the danger that lurks behind bills of this character, and notice was served by Senator Fulton that no more distributions would be made from the reclamation fund for the benefit of states that do not contribute to that fund.

The senators behind the bills providing for the drainage of the Dismal swamp, the Florida Everglades and the big swamps along the Mississippi river, on the other hand, are determined to force through their respective bills, and it is to be expected that they will quit at the next session.

The West is not strong enough in numbers to outvote the South, which is sworn to together on these drainage propositions, and the only hope, so far as the senate is concerned, is in arousing adverse sentiment among men from the Northern and Eastern states.

On a fair presentation of the case, the men from the West ought to be able to win out, but they can only win by standing together, and those who in the recent session voted for their former vote and declare themselves against all legislation that will deplete the national reclamation fund.

BIG STORMS IN COLORADO.

Dry Creeks Become Torrents and Much Damage is Done. Denver, July 10.—Cloudbursts and lightning did considerable damage in this section of the state today. In Denver a wall of water 10 feet high came down Dry creek in the western part of the city, carrying away footbridges and damaging the bridge of the Denver & International railroad.

Two boys were fishing under the bridge and were rescued with difficulty. In Boulder a wall of water six feet high came out of Sunshine canyon and spread itself over Pearl street and other streets in that city. A mile of the Sunshine railroad was destroyed. Considerable damage was done in the city.

At Florence late this afternoon a cloudburst in Oak creek undermined a big bridge at Rockvale. A heavy storm destroyed telephone communication between Florence and Pueblo. Fay Powers, aged 17, was killed by lightning near Colorado Springs.

The Carnegie library in this city was struck by a bolt of lightning during the storm, but no other damage resulted.

Meets Inspectors at Chicago.

Chicago, July 10.—Secretary Wilson, of the department of Agriculture, arrived in Chicago today to confer with superintendents of government meat inspection relative to changes made necessary by the new meat inspection law. Inspectors and superintendents of meat inspection to the number of 30 from all cities where government inspection is in force have been instructed to report to the secretary at once. The conferences will begin tomorrow and will cover every phase of the inspection service.

Root at San Juan.

San Juan, P. R., July 10.—The cruiser Charleston, with Secretary Root and party on board, arrived here this afternoon. The Charleston established a record run between New York and San Juan, making the distance in 3 days and 19 hours. As the Charleston neared the harbor she received salutes from Moro castle and the Italian cruiser Umbria. Governor Winthrop and his secretary went on board the cruiser and after an extending of greetings the secretary's party came ashore in naval launches.

Salvador Will Give Right of Way. Mexico City, July 10.—Reports from Salvador indicate that the Pan-American railway will soon be granted a concession and a subsidy for the extension of the line through that country. J. M. Neeland, vice president and general manager of the road, is in Central America. He has received every assurance that the concession asked from the government of Salvador will be granted as soon as the present disturbance in Guatemala is settled.

An Urgent Call.

In the course of a checkered career, Wesley Hanson, known as a "promoter," had adjourned temporarily in many places, so it is not strange that he sometimes forgot a face.

"Have you any call for a stringing man in the advertising department of your business?" he asked one morning, when he had gained access to the office of the inventor of some tin specialties.

"The man at the desk looked at him and then dropped his eyes. 'No,' he said, shortly, 'but I can tell you exactly where there's a call for just such a man as you are.' 'Yes?' said the promoter. 'I should be glad to hear of it.' 'It's up in Banktown, Vermont,' said the inventor. 'The grocer and the provision dealer and the plumber and the livery-stable keeper and several others. They've been calling for you for ten years, ever since.' 'Ah,' said the promoter, 'I fear that call is a trifle too loud,' and he softly and rapidly withdrew.

You Can Get Allen's Foot-Ease FREE.

Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures itching, hot swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

Scriptural Proof.

At a colored camp meeting in Carolina a testifying penitent referred to himself and his unconverted brothers as "niggers" in a spirit of abject humility which he deemed well pleasing to his Maker. The presiding elder who "amended" his speech at proper intervals finally threw out a gentle rebuke. "Call ye'se' a cullud pusion, brother," he admonished impressively. "Niggers is a term ob reproch invented by proud white folks. Deys ain't no mention in de Good Book of niggers."

"Oh, yes, dey is, parson," the penitent contradicted solemnly. "Don't you recollect de place whar it tell about nigger Demus?"—Lippincott's Magazine.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Where Ignorance is Bliss. Rising Young Statesman—But there is another matter, just as important, that has been overlooked. I am going to introduce a bill for the rigid inspection of bakeries. A constituent—Promoter, for your own peace of mind, I advise you not to do it."

Almost Human.

"Why, Antonio," said the horrified matron, who had tossed a 5-cent piece at the monkey, "does he always put a coin in his mouth when he picks it up?" "Not his mou't, signora," corrected the organ grinder. "His mou't."

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

In Use For Over 30 Years.

The Little Doctor in your Vest Pocket

SEEN the thin, round-cornered little bottle carried in your vest pocket? It means Health-Insurance.

It contains Six Candy Tablets of pleasant taste, almost as pleasant as chocolate.

Each tablet is a working dose of Cascarets, which acts like Exercise on the Bowels and Liver.

It will not purge, sicken, nor upset the stomach. Because it is not a "Bile-driver," like Salts, Sodium, Calomel, Jalap, Senna, nor Aperient Waters.

These waste Digestive Juices of the system needed tomorrow, in merely flushing out the Bowels and Liver.

Neither is it like Castor Oil, Glycerine, or other Oily-Laxatives that simply lubricate the Intestines for transit of the food stopped up in them at that particular time.

These emergency drugs relieve the immediate troubles, but do not relieve the Cause. The same trouble will therefore recur again till that Cause is removed permanently.

Help! Help! I'm Falling

Thus cried the hair. And a kind neighbor came to the rescue with a bottle of Ayer's Hair Vigor. The hair was saved! In gratitude, it grew long and heavy, and with all the deep, rich color of early life. Sold in all parts of the world for sixty years.

Made by J. C. Ayer Co., Lowell, Mass. Also manufactured by SARGENT & WELCH, CHERRY FECTRAL.

Manchuria is just twice the size of Japan.

LAND SCRIP Bought Sold Approved Forest Reserve and National Forest surveyed, unappropriated, timbered or prairie land, the right of way for the same, and other lands, with warrants, reserved timber, additional scrips, all kinds of land not in the public domain.

CLASSIFIED ADVERTISING

Portland Trade Directory Names and Addresses in Portland of Representative Business Firms.

MAGIC LANTERNS—Wester, Co., Portland. Lowest prices on Lanterns and Slides.

HOUSES of all kinds for sale at very reasonable prices. Inquire 273 Front St.

CREAM REFRIGERATORS—We guarantee the U.S. separator to be the best. Write for catalogue. Haswell Co., Fifth and Oak.

MEN'S CLOTHING—Huffman & Pendleton, suits, shirts, hats, etc., at low prices. 1000 Broadway, Portland, Oregon.

PIANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you prices. Allen & Gilbert-Bankers Co., Portland, Oregon.

WANTED—Men and Women to learn Barber trade in eight weeks; graduates receive from \$15 to \$25 weekly; export to all parts of the world. Metzger System of Colleges, 32 N. Fourth St., Portland.

P. N. U. No. 28-06

WHEN writing to advertisers please mention this paper.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, imitations and health of children. Experience against Experiment.

What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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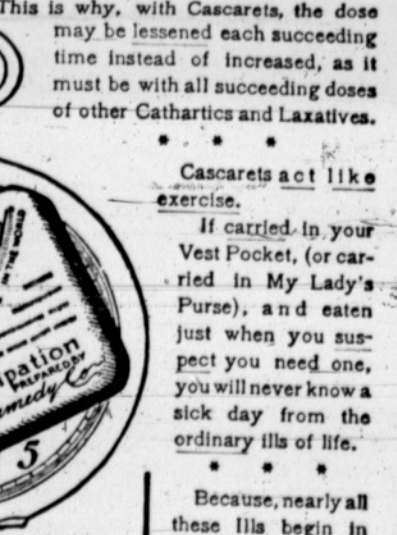
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Neither is it like Castor Oil, Glycerine, or other Oily-Laxatives that simply lubricate the Intestines for transit of the food stopped up in them at that particular time.

These emergency drugs relieve the immediate troubles, but do not relieve the Cause. The same trouble will therefore recur again till that Cause is removed permanently.

The chief cause of Constipation and Indigestion is a weakness of the Muscles that contract the Intestines and Bowels. Cascarets are practically the Bowel Muscles with a Massage and Cold Bath are to the Athletic Muscles.



Showing size of "Vest Pocket" Cascarets Box compared to Watch.

Cascarets act like Exercise. If carried in your Vest Pocket, (or carried in My Lady's Purse), and eaten just when you suspect you need one, you will never know a sick day from the ordinary life of life.

Because, nearly all these Ills begin in the Bowels, and partial Constipation paves the way for all other Diseases. "Vest Pocket" box 10 cents. Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

FREE TO OUR FRIENDS! We want to send to our friends a beautiful French-designed GOLD-PLATED BUBBLE BAR, enamelled in color. It is a beauty for the dressing table. Ten cents in stamps is asked as a guarantee of good faith. To cover cost of Cascarets, which is good for you. Send to-day, mentioning this ad. Address Sterling Remedy Company, Chicago or New York.