ALL HAIL PE-RU-NA.

A Case of

STOMACH CATARRH.

Miss Mary O'Brien, 306 Myrtle Ave., Brooklyn, N. Y., writes:

"Peruna cured me in five weeks of catarrh of the stomach, after suffering for four years and doctoring without effect. In common with other grateful ones who have been benefitted by your discovery I say, **All hail to Peruna."**

Mr. H. J. Henneman, Oakland, Neb., writes:

"I waited before writing to you about my sickness, catarrh of the stomach, which I had over a year ago.

"There were people who told me it would not stay cured, but I am sure that I am cured, for I do not feel any more ill effects, have a good appetite and am getting fat.

"So I am, and will say to all, I am cured for good.

"I thank you for your kindness.

"Peruna will be our house medicine hereafter."

Catarrh of the stomach is also known in common parlance as dyspepsia, gastritis and indigestion. No medicine will be of any permanent benefit except it removes the catarrh.

A Great Tonic.

Mr. Austin M. Small, Astoria, Ore., writes: "During the hot weather of the past summer I lost my appetite. I tried Peruna, and found it pleasant to take, a splendid appetizer and a great tonic."

A Unique City.

In one respect, Quito, the capital of Ecuador, is the most unique city in the world. It is situated in both the northern and southern hemispheres—if we accept the equator as the real dividing line—a distinction claimed by no other place of importance on the globe.

At Quito the sun rises and sets at 6 o'clock the year round. You may forget to wind your watch while you are visiting the Ecuadorian capital, but you need not hunt up a regulator; set it when the sun rises or sets, and you will be sure to be right. Old Sol makes no mistakes.

The seasons, as far as names are concerned, change almost instantly; but, as the temperature is remarkably even, these curious points are seldom thought of by the people who make Quito their home.

Our Locked Up Forces.

It is the locked up forces within that lie deep in our natures, not those that are on the surface, that test our mettle. It is within everybody's power to call out these hidden forces, to be somebody and to do something worth while in the world, and the man who does not do it is violating his sacred birthright.—Success Magazine.

An Owl.

"She thought he was very prominent before their marriage."

"Yes, she saw his picture in a newspaper labeled 'A Young Man of the Day.'"

"And now that they are married?"

"She has fond out that he is a young man of the night."

Rubbing It In.

The Bride—Oh, George, mother has been c-c-cruel to me! I made some biscuits for you and she s-s-said I'd better try them on the dog first!

The Groom—Very nasty of her. And I thought she was so fond of dogs, too.—Cleveland Leader.

Peter Pry's Philosophy.

Half truths are worse than whole lies.

Some women make "flirting" cover a multitude of sins.

Marriage is a partnership in which woman is never the "silent partner."

Buy your wife a good diamond ring for economy's sake. She'll never wear out many pairs of gloves after that.—Pittsburg Gazette.

LAND SCRIP FOR SALE

Approved Land Scrip for surveyed, unsurveyed, timbered or prairie government land. H. M. HAMILTON, Portland Hotel, Portland, Oregon

GASOLENE ENGINES 3 to 4 horse-power fully warranted, $125. All sizes and styles at lowest prices. Write for catalog.

REIERSON MACHINERY COMPANY
Portland, Oregon.

CLASSIFIED ADVERTISING

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Names and Addresses in Portland of Representative Business Firms.

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HORSES of all kinds for sale at very reasonable prices. Inquire 275 Front St.

CREAM SEPARATORS—We guarantee the U. S. Separator to be the best. Write for free catalog. Hazelwood Co., Fifth and Oak.

MEN'S CLOTHING—Buffum & Pendleton, sole agents Alfred Benjamin & Co.'s correct clothes. Everything in men's furnishings. Morrison and Sixth streets. Opposite postoffice.

POULTRY FOOD—If you want your hens to lay more eggs write us for free particulars about PURINA POULTRY FEEDS—Acme Mills Co., Portland, Oregon.

PIANOS & ORGANS—Oldest piano house on Pacific coast. Organs and Pianos on easy payments. Write for list. Let us quote you a price. Allen & Gilbert-Ramaker Co., Portland, Oregon.

WANTED—Men and Women to learn Barber trade in eight weeks; graduates earn from $18 to $25 weekly; expert instructors; catalog free; Moler System of Colleges, 35 N. Fourth st., Portland.

TELEGRAPHY TAUGHT FREE. Complete course and position secured when graduated. This offer good only for short time. Write for particulars. PACIFIC TELEGRAPH INSTITUTE Grand Theatre Building, Portland, Oregon.

P. N. U. No. 26—06

WHEN writing to advertisers please mention this paper.

IN THE NATIONAL HALLS OF CONGRESS

Tuesday, June 26.

Washington, June 26.—After two or three more speeches on the conference report on the railroad rate bill, the senate today sent the bill back to conference, again designating Senators Tillman, Elkins and Cullom as conferees.

During the day the naval appropriation bolill, which has been in conference for several weeks, was finally passed, the senate receding from its amendment concerning the naval training station at Port Rofyal, S. C., which was the only item remaining in controversy. The most interesting incident was a conflict over a motion by Senator LaFollette to enter upon the consideration of the bill limiting to 16 years the time railroad employes engaged in the movement of trains may be employed consecutively.

Washington, June 26.—A bill recently passed by congress providing for the opening to settlement of the Blackfoot Indian reservation in Montana probably will be recalled by resolution of the house. President Roosevelt hesitates to veto the measure, but he has been informed by the bureau of Indian affairs that the bill does not sufficiently protect the water rights on the land subject to allotment to the Indians. It is likely the measure will go over until the next session of congress.

The house passed the senate bill which allows live stock to be carried 36 hours insead of 28 without stop. The omnibus public building bill was also passed.

Monday, June 25.

Washington, June 25. — The senate today passed Senator La Follette's joint resolution extending the scope of the inquiry now being conducted by the Interstate Commerce commission under the Tillman-Gillespie resolution, so as to have it include the transportation and storage of grains.

In support of his contentions, Senator La Follette said that testimony taken by the commission indicates a joint ownership between the railroads and the elevator companies to the detriment of the farmers, who are entitled to a free and open market.

About 300 private pension bills were passed.

The senate held a night session and at 9:45 p. m. adjourned until 11 o'clock tomorrow.

Washintgon, June 25.—Under a rule limiting debate on all but two sections, the so called immigration bill was discussed for three hours today in the house and passed, without an aye and no vote being permitted on any of the paragraphs. This bill attracted much attention, the representatives having large foreign colonies in their districts lining up generally against the head tax of $5, which was defeated, and against the educational test.

After a very interesting contest a substitute for the educational test, providing that the whole matter be submitted to a commission, was adopted by a close vote. The most important feature of the bill were thus eliminated and the bill was passed without division.

At 5:35 p. m. the house took a recess until 8 o'clock this evening to devote three hours to oratory.

Saturday, June 23.

Washington, June 23.—Shortly after noon today Senator Cullom signed the conference report on the railroad rate bill, adding his name to that of Senators Elkins and Representatives Hepburn, Sherman and Richardson. Senator Tillman did not sign the report, and it was turned over to Representative Hepburn to present to the house. It is expected the refusal of Senator Tillman to subscribe to the agreement in regard to the McLaurin commodity amendment, which would permit pipe lines to carry commodities they produce, will result in debate in the senate when the report is presented there for adoption.

Senator Tillman, in refusing to sign the conference report, says he will give his reasons in the senate and will ask the senate to vote whether or not it will yield to the house conferees.

Washington, June 23.—The pure food bill was passed today by the huose and the conference report on the railroad rate bill adopted.

Nearly the entire day was taken up with the consideration of the pure food bill under five minute rule, and, while many amendments were offered, most of them were voted down. Those that were adoteptd were corrections and changes in verbiage. The pure food billwas passed by a vote of 242 to 17.

The conference report on the railroad rate bill was taken up, and while there was discussion of the anti-pass agreement, the previous resolution was adopted by a vote of 121 to 97, the conference report being agreed to, 216 to 4.

Friday, June 22.

Washington, June 22.—The opoition in the senate to the committee amendment to the sundry civil bill appropriating $25,000 annually for the payment of the traveling expenses of the president, which was begun by McLaurin, resulted today in the withdrawal of the amendment by Hale, in charge of the bill, and the subsequent passage of the independent bill providing practically for the same appropriation, which was recently passed by the house of representatives.

Washington, June 22. — Pure food held the attention of the house throughout today. The constitutional features of the pure food bill were debated by the leading lawyers of the house, the Democrats splitting wide on the question whether the bill took away from the states their police powers. Various features applicable to localities and interests were discussed earnestly, but it was early apparent that the bill will be adopted practically in the form in which it came from the interstate and foreign commerce committee.

General debate was closed at 3:30, when the bill was read and amendments offered.

The so-called "package" section was passed over, it being evident that this amendment will create much discussion. The bill was laid aside until tomorrow.

Thursday, June 21.

Washington, June 21.—The senate today took a position in accord with the president and the house of representatives by declaring for a lock canal across the isthmus of Panama. The result was reached after a day's discussion that was almost devoid of interesting incident There was only one record vote, and that was negative in character, coming on a motion to lay on the table the lock type substitute for the sea level bill. This motion was made by Kittredge, and was voted down, 31 to 36.

Washington, June 21. — The space in front of the speaker's desk of the house today resembled a small section of a delicatessen store and a corner grocery, with cereals, jams, jellies, tins of peas, tomatoes, corn, bottles of whiskey and wine, imported sausages, brandied cherries and other edibles and drinkables scattered over the tables. To complete the picture, there were a standard scales with weights, a graduate and a funnel. These were used to demonstrate the contention of the majority of the committee on interstate and foreign commerce that a pure food bill is necessary for the protection of the people.

The house spent the entire day in consideration of the bill and had not completed it at adjournment. It will be taken up again tomorrow.

Wednesday, June 20.

Washington, June 20. — The meat inspection provision of the agricultural appropriation bill was today made the subject of discussion in the senate. The question came up on motion by Proctor to grant the conference requested by the house. The bill went over without action.

There were two speeches on the Panama canal, one by Morgan in support of the sea level plan and the other by Perkins in opposition.

The senate held its first night session, which was devoted to the consideration of the sundry civil appropriation bill.

Washington, June 20.—Twenty bills of more or less general interest were passed today by the house under suspension of the rules. Among them were measures appropriating $25,000 for the traveling expenses of the president, which excited considerable debate; providing for the subdivision of land entered under the reclamation act; increasing the efficiency of the bureau of insular affairs by conferring the rank and pay of a brigadier general upon the chief; and regulating the checking of baggage by common carriers.

The joint resolution increasing the terms of representatives to four years failed to receive the necessary two-thirds vote.

Varied Language in New Mexico.

Washington, June 26.—The senate today passed a bill regulating jury service in New Mexico after Senator Spooner, on behalf of the judiciary committee, had withdrawn the amendment which made it necessary that all jurymen in that territory should speak the English language. Senator Spooner is author of the amendment. He stated today that the attorney general had told him that in 10 out of the 25 counties of the territory it would be utterly impossible to secure a jury if the amendment should become a law.

Two Contests Decided.

Washington, June 25.—The house today adopted unanimously the report of the committee on elections No. 2, that Ernest E. Wood was not elected to membership in the house of representatives in the Fifty-ninth congress from the Twelfth congressional district of Missouri, and that Harry M. Coudrey was elected. Coudrey presented himself to take the oath. The house adopted a resolution that A. J. Houston was not elected from the Second district of Texas. The sitting member, M. L. Brooks, therefore retains his seat.

Extradition Cost $100,000.

Washington, June 26.—It cost the government $100,000 to extradite Greene and Gaynor and bring them to trial. This statement is contained in a letter written by Attorney General Moody to Chairman Tawney, explaining a request for a deficiency appropriation. Of this sum, he says $22,500 is to be paid to foreign counsel in this case. "Their services," he said, "began several years ago and were completed during the current fiscal year by the return of Greene and Gaynor to Savannah for trial."

Bids for New Warships.

Washington, June 25. — Wlliam Cramp & Sons' Ship and Engine Building company, of Philadelphia, was the lowest bidder today for ships of the Michigan and South Carolina type, with the machinery as prescribed by the Navy department. The department plans for machinery will probably be accepted by the Navy department in preference to plans of bidders The bids for the prescribed machinery were known as Class 1 bids, and Cramps' bid was $3,540,000, the New York Shipbuilding company, $3,585,000.

Schools in Canal Zone.

Washington, June 25.—Twenty-three public schools, with an attendance of 1,128 pupils and with 26 teachers, have been established on the canal zone by the various municipalities under the direction of the canal zone government. Five of the six municipalities have adopted compulsory education laws and well attended schools are developing rapidly in a country that knew nothing of free schools before the establishment of the canal zone government.

Bill for Government Buildings.

Washington, June 26.—The omnibus public building bill, as agreed upon by house committee on public buildings and grounds, was presented to the house today by Chairman Bartholdt. Some of the appropriations are for additions and repairs. The buildings authorized, together with the amounts to be expended, include: Idaho—Moscow, $100,000. Washington—Spokane, $100,000; Tacoma, $100,000; Bellingham, $25,000; North Yakima, $20,000.

TRADE OF UNITED STATES.

Foreign Commerce is Greatest With European Countries.

Washington, June 26.—An analysis of the foreign commerce of the United States, contained in a bulletin issued by the department of Commerce and Labor, says that in the fiscal year 1905, 48 per cent of the imports into the United States was drawn from Europe, 20 per cent from North America, 13 per cent from South America, 14 per cent from Asia. Of the exports from the United States in the same year, 67 per cent went to Europe, 17 per cent to North America, 4 per cent to South America, 8 per cent to Asia, 2 per cent to Oceanica and 1 per cent to Africa.

A comparison with the figures for earlier years shows a gradual decline in the share of our imports supplied by Europe and in the share Europe takes of our exports. This is due largely to the enlargement of our trade with the Orient.

Imports from Europe have grown from $384,000,000 in 1895 to $541,000,000 in 1905; from North America, $134,000,000 in 1895 to $227,000,000 in 1905; from South America, from $112,000,000 to $151,000,000, but the bulletin adds that in 1906 they will fall about $14,000,000 below those of 1905, chiefly on account of a reduction of the quantity of coffee and India rubber imported. From Asia the imports have grown from $78,000,000 to $163,000,000 in 1905.

Exports to Europe have grown from $628,000,000 in 1895 to $1,021,000,000 in 1905; to North Amercia, from $108,500,000 to $260,500,000; to South America, from $33,000,000 to $50,000,000, and to Asia from $17,330,000 to $128,500,000.

MARINES ARE READY.

May Be Called Upon to Quell Incipient Revolution at Panama.

Panama, June 26.—The administration of President Amador has been perpetuated as the rresult of the elections here today, but the conditions are now such on the isthmus that were it not for the presence here of a large body of American marines, well armed and equipped, and several gatling guns mounted along the canal strip, a revolution would already be in progress. As matters stand there is a feeling of sullen discontent among the more progressive of the inhabitants of the Panama republic, which may yet break out in open revolution.

Threats of assassination are freely made and it is openly asserted by the Liberals that Dr. Amador will hardly live much longer.

Today's election, while only for members of the Municipal council, was admitted to be a test, and upon its outcome depended the result of the general elections to be held later.

It is rumored that a large number of Guatemalans are on the way here for the purpose of aiding in an attempt to overthrow the Amador administration. Color is lent to this report by the presence on the outskirts of the city of a detachment of 300 American marines with gatling guns. They were sent by Governor Magoon, who has so far declined to explain their presence.

IMPORTED YELLOW FEVER.

Single Case is Reported at Mississippi Quarantine.

New Orleans, June 26.—One case of yellow fever was reported today at the Mississippi river quarantine station, 95 miles below New Orleans. This is the first case of yellow fever reported in Louisiana this year by the state board of health. The patient is a Cuban sailor who arrived at quarantine June 18 on the steamer Holstein from Havana. The Holstein is still detained at quarantine, having been disinfected. No other cases of elevated temperature have yet appeared on the Holstein.

Dr. C. H. Iron, president of the state board of health, said to the inspecting party that he does not believe yellow fever is epidemic in New Orleans or in Louisiana. The existence of yellow fever at Rio Janeiro and also of two cases of bubonic plague at that port were reported to the state board by officers of the steamer Sallust, arriving here today. The Sallsust was disinfected at quarantine.

Secret Convent Found.

Mexico City, June 26.—A building on Moscas street has been raided and discovered to be a convent existing in violation of the laws of reform. The place had many cells, a chapel, a refectory, and other features of convent life. The inmates wore the garb of Carmelites with face veils. Legal proceedings will be taken against the nuns in the court of the First district. It is long since a convent has been discovered and raided here. Religious orders engaged in teaching and works of charity have not been interefered with.

Rebels Gaining Ground.

Mexico City, June 26.—Several travelers from Salvador arrived here to night. They report that the Guatemalan ports of Chammperico and San Jose are well fortified and provided with the best artillery. They state that the revolution has by no means ended, and that the revolutionary leaders are popular in Guatemala. The defeat suffered at Manguay by the revolutionists has not discouraged them. It has brought about reorganization of their forces and they have received additional artillery.

Track Cast Into Swamp.

Salt Lake, June 26.—A gang of 100 men in the employ of the Oregon Short Line picked 60 feet of Rio Grande Western track at 3:30 this morning and threw it into a swamp. Ignoring a deputy sheriff who attempted to serve a writ of injunction from the District court, the men put down Short Line steel and ran a train of flat cars on the new track. The contested right of way is in the northern part of the city and gives access to a factory.

Governor Harris Ill.

Chicago, June 26. — A special to the Record-Herald from Cleveland says: Governor Andrew L Harris, of Ohio, is ill at his home in Eaton, Preble county. He is suffering from exhaustion and acute indigestion and it is doubtful if he will be able to return to Columbus to take up his duties.

Man May Save the Earth.

Dr. Saleeby furnishes in Harper's an interesting contribution to the discussion of the length of mankind's life on the earth. If the sun is growing cold, and the earth must eventually freeze, the death of the races seems inevitable. But Dr. Saleeby contends that the philosophers of the theory of evolution do not sufficiently consider the mind of man. He conceives it possible that when man's mind has mastered the laws of gravity, human intelligence may develop plans altogether different from the apparent course of the earth's destiny. His conjectures are most interesting, based, as they are, upon a thorough study of accepted science.

Deafness Cannot Be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

Few Thoughts.

Fred (after six months' absence)—Are you married yet, old man?

Joe—Not me.

Fred—But I thought you were going to marry that wealthy young widow?

Joe—I thought so, too, but I discovered that she was also a thinker.

The Mole Has Eyes.

The majority of people believe that the mole is even "blinder" than the proverbial bat, but the naturalists know that such is not the case. Sir John Lubbock and Carl Hess, the latter a noted German naturalist, by careful investigation proved that the mole has eyes which are as perfect as those of a horse or an elephant. They are very small optics, to be sure (only one millimeter in diameter), but in the matter of reflection and refraction do not differ from the normal eyes in larger animals.

Satisfied Them All.

Aunt Panthea Brooks lived in a little New Hampshire village very many years without quarreling with any one, and was so thoroughly liked by every one for miles round that her popularity excited the interest of a summer visitor.

"Aunt Panthea," he asked, "how is it that you keep on such good terms with every one, while they are all quarreling among themselves?"

"Well," said Aunt Panthea, "being as you aren't to stay here long I'll tell you. When I go down the street I meet Jason Purdy, and he says, 'Why, Panthea, how well you look!'

"'I'm glad you think so, Jaso,' I say, smiling at him.

"Next minute up comes Ezry Dracut.

"'Well now, Panthea,' he says, 'how porely you are looking this year.'

"'My land, Ezry,' I say, 'how quick you are to notice those things.'

"So it is with everything. Those who like to think one way, I let 'em think it, and those who like to think the other, I let 'em think it."

Who can deny that Aunt Panthea had discovered a comfortable philosophy of life?

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Unappreciated Ambition.

"My hair," remarked the middle-aged man, sadly, "is the most ambitious thing about me, it seems."

"What's the answer?" queried his friend.

"It is always coming out on top," explained the party of the first part.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

His Bitterness.

Maxim Gorky sneered, all the more bitterly because there were few to observe it.

"Here you Americans," he said, "found me a bigamist in an hour and it has taken you three years to find that you can't find whether one of your Senators is a bigamist or not."

Then he absorbed such solace as there was in a gallon of tea.—Philadelphia Ledger.

My Hair Ran Away

Don't have a falling-out with your hair. It might leave you! Then what? That would mean thin, scraggly, uneven, rough hair. Keep your hair at home! Fasten it tightly to your scalp! You can easily do it with Ayer's Hair Vigor. It is something more than a simple hair dressing. It is a hair medicine, a hair tonic, a hair food.

The best kind of a testimonial—"Sold for over sixty years."

Made by J. C. Ayer Co., Lowell, Mass. Also manufacturers of SARSAPARILLA. PILLS. CHERRY PECTORAL.

Ayer's

Special Terms!

"And have you any special terms for summer girls when they come in a party?" asked the pretty brunette in the mountain hotel.

"Yes, indeed," responded the clerk, suavely.

"And what are they?"

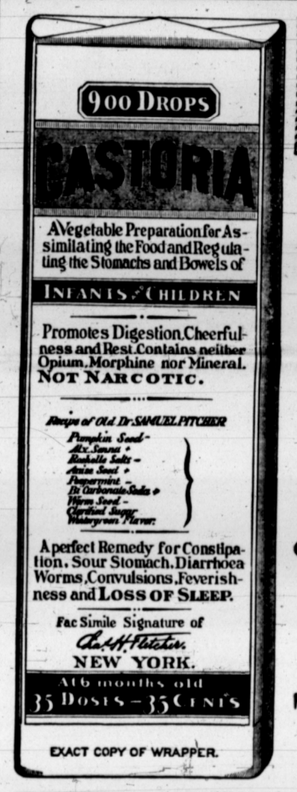
"'Peaches' and 'dears.'"

FITS St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for FREE $2 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Phila., Pa.

Amendment Rejected.

"Laura," said Mr. Ferguson, hurriedly explaining matters in the kitchen, "I didn't want to bring the man home to dinner, but he kept staying and staying at the office, and I just had to ask him. You will have to put as good a face on it as you can."

"If you think I am going to change my face on his account, George Ferguson," said his spouse, red and angry, "you'll have to think again! You may bring him out to dinner right now!"—Chicago Tribune.



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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signatnre of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What Is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE **CASTORIA** ALWAYS

Bears the Signature of

Chas. H. Fletcher.

The Kind You Have Always Bought

In Use For Over 30 Years

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

He Had Remembered.

Hiram Bobbs was absent-minded. He admitted that himself. Still, even he was occasionally surprised by his own failings. One morning he reached his office unaccountably late. "Dear me!" he thought. "Where can I have been?"

The answer was not forthcoming. Hiram sat down at his desk and took out his pocket-handkerchief. It was tied tightly in a knot.

"Now," he exclaimed, "what was that for? Oh, yes! Marthy told me to get my shoes soled."

With an air of resignation to the whims of womanhood he put on his hat, closed his desk, and went out to the "soled-while-you-wait" cobblers. He went in and sat down, took off his shoes, and settled back in a chair to read his newspaper.

"What is it, Mr. Bobbs?" inquired the cobbler.

"What? Oh, er—er—er—why—oh, yes! I want my shoes soled."

"Pardon me, sir," said the cobbler, "but I finished soling them only half an hour ago. They can't be worn out yet, sir."

Unfavorable.

"Good weather for crops, eh?" chirped the traveler, one of your superficial optimists.

The farmer shook his head sadly.

"On the contrary," he replied, for he was an educated farmer.

"No?"

"As a matter of fact, the crops are suffering."

"On account of the weather?"

"On account of the weather."

"Bright sunshine, following copious showers, do crops suffer in such weather?"

"Naturally, crops are bound to suffer in any weather which makes fish bite. If these conditions continue, we shan't raise much this year."

And the farmer shook his head again and sighed heavily.—Puck.

That Youngster Again.

"Come, dear," said his mother, pointing to the silvery crescent in the sky, "and look at it. It's the same old moon."

"'Tain't nuther," he said, still sulking. "This one's broke!"

Your Tongue is Coated!

LOOK inside your watch cover and see!

That's bad business, Bill!

What you been Eating?

What were you drinking?

What kind of Lazy Chair did you take exercise in?

Now don't think it doesn't matter!

Because, it's your Bowels that talk now, every time you open your Mouth.

That doesn't help your Popularity, nor your Earning capacity.

Besides, a man with bad Bowels is in a bad way.

And, a Coated Tongue, or a Bad Breath, are sure signs of bad Bowels and poor Digestion.

* * *

Go and take a Ten Mile Walk, for Exercise!

'Finest thing in the world for Constipation, Indigestion, or Dyspepsia, Ten Mile Walks.

Haven't time? Too Lazy?

Well,—there is another Way.

Take Artificial Exercise for your Bowels.

That's—CASCARETS.

They rouse the Bowel Muscles, just as a Cold Bath freshens Athletic Muscles.

Waken them up, Strengthen them so they Contract and Expand the Bowels and Intestines in a healthy active manner.

That's how these muscles work the Food along, through your thirty feet of Intestines, to its Finish.

That's how they squeeze Gastric Juice into the food, to Digest it.

That's how they make the millions of little Suckers in the Intestines draw the Nutrition out of Food, and transform it into Blood, Brawn, Brain and Bone.

No purging from CASCARETS, because there is no flooding of the Bowels with a waste of precious Digestive Juice, as with Salts, Castor Oil,—"Physic," etc.

Cascarets act like Exercise,—harmless, pleasant, simple, convenient, but sure as Shooting.

The thin little Ten Cent Box, carried in your Vest Pocket constantly, is sure protection against the results of ...

—Late Suppers
—Cheerful Boozing
—Rapid Eating
—Slow Walking
—Easy Chair Athletics
—And Lazy Liver.

* * *

One tablet taken whenever you suspect you need it will insure you against 90 per cent of all other ills likely to attack you.

Because 90 per cent of these ills begin in the Bowels, or exist through poor Nutrition.

Cascarets don't purge, don't weaken, don't irritate, nor upset your stomach.

Ten Cents, at all Druggists. Be very careful to get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

* * *

FREE TO OUR FRIENDS!

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