

Luxury or Necessity

by Aileen McPherson

Remember, remember, remember
What it is to have luxuries, daily things
taken for granted.

Electricity to brighten your world,
Keeping us connected, saving and
taking lives in retrospect, or heating
my world in winter and cooling in summer.
Plumbing and water on command,
turn a knob to fill a pan, or
Relax in a bath after trudging
through your daily path, cleansing
of body and soul.
Garbage, bits and pieces spread
when not in Green and Blue cans,
Recycling or disposing of things, while
working to also keep my community clean.

All of these things are luxuries to be had,
pay in full or have them pulled, my home
was kind in its time.
A daily walk with a jack to talk, a bag
In hand we clean our community
of all the litter we cannot stand, however
It will not last, since no garbage cans do we have.

The Less in Homeless

by Mary Daniels

There really is so much less in being homeless,
I wonder why I am not more grateful for the
abundance.
I don't have to mow the lawn or feed the compost
pit
I don't have to climb the ladder to clear the
leaves from the roof gutters
I don't have to rake ashes out of the fireplace
anticipating a cold winter night
I don't have to repair the garage door or wash
windows
I don't have to worry over dinner menus or
remember to feed the cats their VitaBits
I don't have to water the huge Monstera with
leaves the size of dinner plates
I don't have to decorate for Halloween, Easter or
Christmas
And I do not have to worry about oversleeping.
There really is so much less in being homeless
I wonder why I do not feel liberated by the
abundance.



Sourcing & roasting craft coffee to
benefit programs at **Central City Concern**.

IN STORES

New Seasons Market, Whole Foods, Food Front
Cooperative Grocery, Green Zebra, Chuck's
Produce, Food Fight!, Cherry Sprout Produce, and
Know Thy Food.

AT YOUR OFFICE

Interested in serving Central City Coffee at your
office? Get in touch with us and we can help you
make that happen. 503.226.7387

ON OUR WEBSITE

Buy Central City Coffee online and have it
shipped directly to you or a friend.

AT KASBAH MOROCCAN CAFE

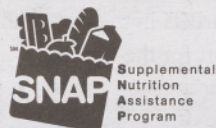
Get your espresso favorites at Old Town's
newest spot (201 NW Davis Street), featuring
Central City Coffee!

Follow our Facebook page for updates and specials.

centralcitycoffee.org facebook.com/CentralCityCoffee coffee@cccconcern.org

Need health insurance?

CareOregon's goMobile Team makes it easy for you to get dental, mental and physical health care under the Oregon Health Plan (OHP). Our community partners host us on these dates, where we can check your eligibility for OHP, enroll you in Medicaid/OHP and make your doctor appointments!



SNAP assistance available at ALL locations

MULTNOMAH COUNTY

CAREOREGON

315 SW 5th Ave, Portland
Dec 5 9-11 a.m.
Dec 12 9-11 a.m.
Dec 19 9-11 a.m.

CLACKAMAS SERVICE CENTER

8800 SE 80th Ave, Portland
Dec 11 10 a.m.-12 p.m.

DEPARTMENT OF HUMAN SERVICES

50 SW 2nd Ave, Portland
Dec 4 9-11 a.m.
Dec 18 9-11 a.m.

JOIN

1435 NE 81st Ave, Suite 100
Portland
Dec 13 12-2 p.m.

MT OLIVET BAPTIST CHURCH

8725 N Chautauqua St, Portland
Dec 8 10 a.m.-1 p.m.

PORTLAND RESCUE MISSION

111 W Burnside, Portland
Dec 13 8-10 a.m.

UNION GOSPEL MISSION

3 NW 3rd, Portland
Dec 18 2-4 p.m.

WORKSOURCE GRESHAM

19421 SE Stark St, Portland
Dec 6 2-4 p.m.

WASHINGTON COUNTY

BEAVERTON LIBRARY

12375 SW 5th St, Beaverton
Dec 12 1-3 p.m.

For information, or to host our team, call Tamara at 503-416-1479 or Caleb at 503-416-4883.
careoregon.org/gomobile

