

What are you listening to?

by Aileen McPherson

My heart skips a beat when the music hits my feet, I can't help to sway, swirl, twist, tap, and curl, around the world, sun to moon, stars shine bright while composers set pages aflame, uniting words and sound.

So many sounds have captured my heart, my life, my body, through rhythms, tones, gentle hand pans, soft to thundering drums, flutes sing on the breeze, while sorrowful cellos intertwine pianos, harps and guitars, where sultry solos, devilish duos, big bands that swing, classical choirs, tribal, techno, Gothic darkness, happiness, sadness, and everything in between.

I am a character inspired by all of these, helping me to be free and reducing anxiety, it's not for you. This music is a part of me, soothing to my soul, emotionally embracing my heart, speaking through my body, I become the music telling a lyrical story.

One day I was asked to share my songs, and so when able I did, a while later artists were shared, which continues to this day.

These songs are another of my voices, some are instrumental others speaking out, I have so many choices

A New Day

by Daniel Cox

We relished in the sun and our newfound adoration.
Sublime to say the least.
We found peace and tranquility.
We also shed our old garments.
And we received new ones.
We sought rest and found it in abundance.
We wanted for nothing
And found it in our new way of thinking.

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