

Liquid Sunshine

by Aileen McPherson

Darkness blankets, dampens
Spirits, pouring tears
Breaking sky, worlds collide, to
Face the sky, cleansing
Sol speaks to souls, stem
The tide, light no longer
Hides, rain bright brings
Delight, upon misty
Mornings, sometimes floods
Without warning, stay dry
Until crying sky subsides, be
The light despite a soaking
Through the night.

Happy New Year

by Don Grubb

Bright and beautiful it's New Year's Day
Time to look at life in a more meaningful way
Optimistic about a brand new start
The heart of the matter is a matter of the heart
Time, life and peace to all mankind
Let's persevere this year
since it's a battlefield in the mind
Being strong and courageous through lifestorms
Both good and bad weather;
just as no good times circumstances last forever.
Faith, hope and love help through every endeavor
This inspiring rhyme I must share
After all comforting, helping and loving
Is simply how I care!

Wisdom

by Daniel Cox

Age and time are youth's only enemy when it comes to growing older,
When I was a young man, I was bold and strong.
A bristle at odds against the world, I set off on my journey,
As with all journeys, it began with a step.
I went far and wide in search of nothing
And now I am older and wiser.
I reflect my life and don't want to be known that way.

people's
FOOD CO-OP

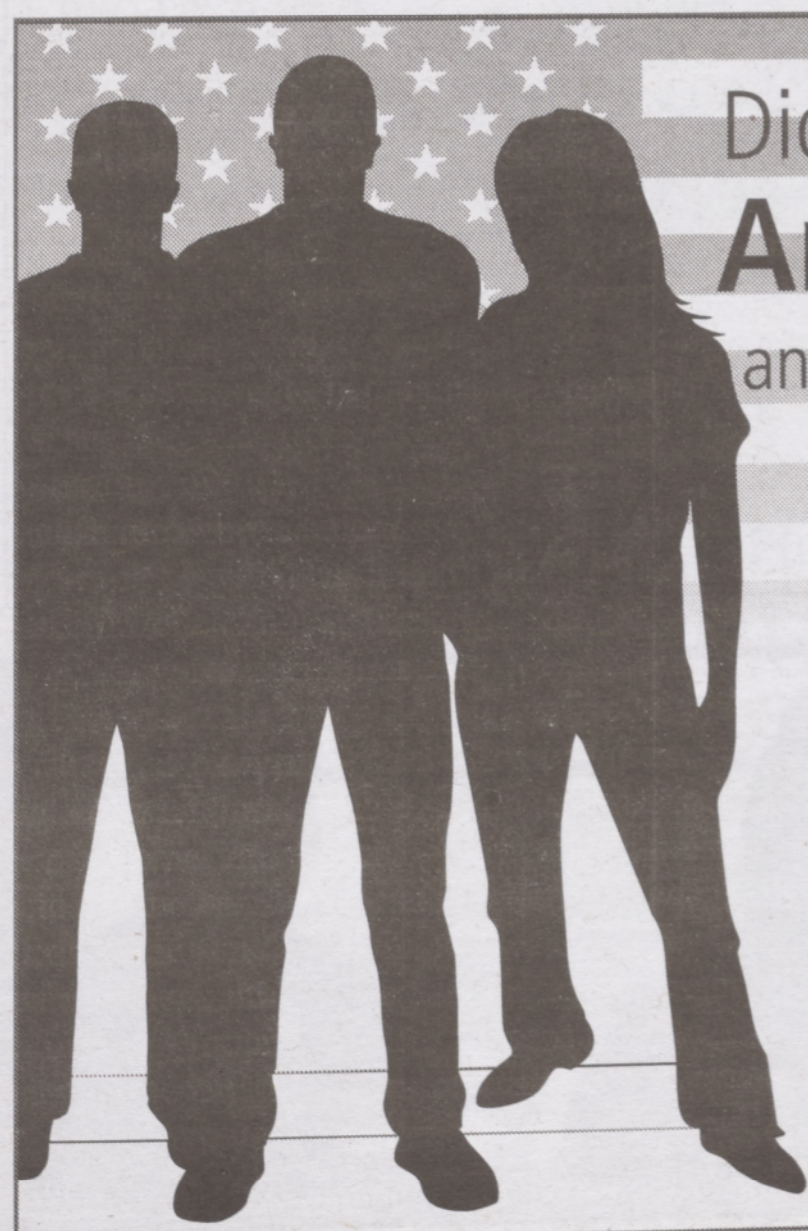
FARMERS' MARKET
WEDNESDAYS 2-7PM



UP TO \$10 MATCH WITH EBT CARD

We're passionate about helping our community access healthy food that they can trust. By shopping at our market, you'll get extra food dollars while supporting local farmers and community.

3029 SE 21st Ave. btwn Powell & Division



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Armed Forces
and are **experiencing**
or at risk of
becoming
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