

Autumn

by Ron Sanford

The seasons are changing again
 Defying the rigid man-made calendars
 Leaves of all varieties drop from the trees
 As shoppers rush to buy goods with plastic cards
 In hand. We knew it would be cold outside
 But we rationalized and were caught unprepared.
 Every leaf hits the ground when they are due
 The process cannot be rushed.
 Might is not right. Bullying will not succeed.
 Leaves fall when they fall. Let them be.
 Ashes to ashes. Dust to dust. Back to the
 Earth from which they came and to
 Provide some snacks for the little critters
 Who work diligently to manicure them and
 Keep them looking pretty.

The Coming Times

by Bryant King

The coming times will be a favorable time to break the spell we have been under, or shatter an illusion we have been caught up in, or burst free from a trance we have felt powerless to escape. If we move to seek help from strangers, friends or family, please do so. But I bet we can accomplish the feat all by ourselves. Trust our hunches! Tap into both our primal anger and primal joy. Envision things that tempt us to hate life and inspire us to love life. With this volatile blend as our fuel, we can explode the hold of the spell, illusion or trance.



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OHP-FC-17-103