

**Voices**

by Kim Trano

Voices rushing through my head  
Why does no one else hear?

People surround me  
talk endless babble  
only I can answer back  
only I can see

Mania created audiences  
I'm on full  
Endless amounts of energy  
But it's jerking me away from the "norm"

Every day here becomes the same,  
Medications, sedations  
I finally sleep  
Tomorrows are becoming today

Today, I notice my surroundings  
I remember people's names  
faces become familiar

Waiting for tomorrow  
Waiting for the next time  
Voices rushing through my head

**Life at Night Time**

by Billy T.

As I walk along the streets in Portland  
Looking up at the stars in the sky, seeing  
The last of sunset to early moonlight.


As pretty as the night is going to be  
I am smiling as bright as the stars and  
My eyes are wide open and bright  
as the night goes on.

Looking at the people going, some in love,  
Some in search of love, others happy  
Being single walking down the street.

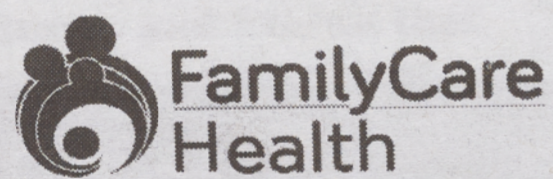
**Tranquilateral  
Perseverance**

by Don Grubb

The power of influence  
Always pulling one apart  
Being one with nature  
Is truly the best start  
Love is the core  
Holding all things together  
May our words be soft and gentle  
Like that of a dove's feather  
We may not always see eye to eye  
But never forget to try another try  
Like a caterpillar turns into a butterfly  
Destiny's achieved as she spreads her wings to the sky  
So let us persevere likewise  
Able to break forth  
Living to love, loving to live  
That's what life is really worth



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**Health  
Happens  
Here**