

Seize the Day

by Daniel Cox

Wasted days are ending,
 Today is a bright new refreshing
 Dawn to start out the morn
 With a plan, like maybe
 Quit the cigarettes. Like kick
 The habit. Today you,
 Are limitless, limitless.

Descent

by Saoirse-Seersha Bell

Light recedes without a trace
 Shadows cling to mountain face
 Mist and moss and swirl of cape
 Electric tingles at my nape
 Sing the songs that Nature knows
 Clouds run away from winds that blow
 In darkest hour Maat's Eye sees
 Goddess visions through the trees
 Descent on moonbeams to leafy palace
 In awe I greet her and lift my chalice

Caught Red-Handed

by Aileen McPherson

A daily commute, nothing new,
 walk by the park, a train to catch,
 Chill in the air, the sweet scent of spring
 Lingers everywhere, as eyes turn down,
 shiny on the ground,
 A nail black and sleek silver sparkles
 make it complete.

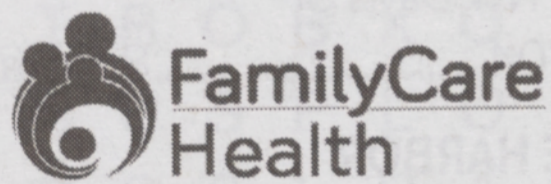
Seeing this makes my mind race,
 What are you doing in this place?
 Did that hurt? Are you okay?
 Was it an accident? Or were you taken away
 So many questions, fewer answers,
 speculations all, a mystery never to solve.

Bag placed down upon the ground, in a pocket
 I reach around, until a bag of
 Red Sand for this project I find.
 In what I do now, would you say I deface
 although it will erase, maybe a disgrace,
 or a plaintive cry to the human race.

My hand placed down upon cold, hard,
 rough bricks, thumb covering the nail,
 hand outstretched, a new scene to create
 as Red Sand from a bag I shake and pour.

A halo like blood shed is all I leave, the nail
 never moved, will this silent statement be understood
 This moment must be captured now,
 to share with others their own questions to ask.

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