

### Feminism

by Eileen Vizenor

It's having power, values and morals.  
 Respect for self and for others.  
 Giving of ourselves and taking care of ourselves.  
 It's voting to have a voice.  
 However we want to express ourselves.  
 It's dressing up or dressing down.  
 Marching to be SEEN and HEARD.  
 I feel feminism is solidarity, not diversity.  
 NOW! If only us feminists can get equal pay for equal work.

### It Won't Be Hard Forever

by Saoirse-Seersha Bell

She presented me with the avocado  
 held out in both hands  
 in an ancient, sacred gesture  
 "It's not ripe yet, it's still hard," she said apologetically  
 "Thank you so much!" I exclaimed  
 "It's totally worth waiting for!  
 It won't be hard forever"



## FARMERS' MARKET

### WEDNESDAYS 2-7PM




**UP TO \$10 MATCH WITH EBT CARD**

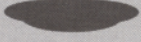
We're passionate about helping our community access healthy food that they can trust. By shopping at our market, you'll get extra food dollars while supporting local farmers and community.

3029 SE 21st Ave. btwn Powell & Division


## SISTERS OF THE ROAD.org




Dine



Barter



Share



133 NW Sixth      503.222.5694

## How do you share health?

At Health Share, we believe good health is more than what happens inside your doctor's office. Good health starts in your community and includes staying active, eating healthy food and getting regular check-ups.

Share your healthy habits with family and friends. We can all have better health when we share it together.



**health share**

Better health together.

[www.healthshareoregon.org](http://www.healthshareoregon.org)

## Need help getting health care?

<p><b>BUD CLARK COMMONS</b>                  665 NW Hoyt Ave                  03/01 ..... 8-10 a.m.                  03/15 ..... 8-10 a.m.                  03/29 ..... 8-10 a.m.</p>	<p><b>GOOD ROOTS FOOD BANK</b>                  1908 SE Courtney Rd                  03/25 ..... 9-12 p.m.</p>
<p><b>CAREOREGON</b> 315 SW Fifth Ave                  03/02 ..... 11 a.m.-1 p.m.                  03/07 ..... 11 a.m.-1 p.m.                  03/09 ..... 11 a.m.-1 p.m.                  03/14 ..... 11 a.m.-1 p.m.                  03/16 ..... 11 a.m.-1 p.m.                  03/21 ..... 11 a.m.-1 p.m.                  03/23 ..... 11 a.m.-1 p.m.                  03/28 ..... 11 a.m.-1 p.m.                  03/30 ..... 11 a.m.-1 p.m.</p>	<p><b>MY FATHER'S HOUSE</b>                  03/13 ..... 1:30-3:30 p.m.</p>
<p><b>CITY TEAM</b> 526 SE Grand Ave                  03/08 ..... 8-10 a.m.</p>	<p><b>PCC SYLVANIA</b> 12000 SW 49th Ave                  03/06 ..... 10 a.m.-2 p.m.</p>
<p><b>CLACKAMAS COUNTY TRANSITIONS</b> 2219 Kaen Rd, Oregon City                  03/08 ..... 1-3 p.m.                  03/22 ..... 1-3 p.m.</p>	<p><b>PORTLAND RESCUE MISSION</b>                  111 W Burnside                  03/02 ..... 8-10 a.m.                  03/09 ..... 8-10 a.m.                  03/16 ..... 8-10 a.m.                  03/23 ..... 8-10 a.m.                  03/30 ..... 8-10 a.m.</p>
<p><b>CLACKAMAS SERVICE CENTER</b>                  8800 SE 80th Ave                  03/28 ..... 1-4 p.m.</p>	<p><b>SHEPHERD'S DOOR</b>                  03/15 ..... 12:45-2:45 p.m.</p>
<p><a href="http://careoregon.org">careoregon.org</a>                  Questions: Caleb Green, 503-416-4883</p>	<p><b>STREET ROOTS</b> 211 NW Davis St                  03/14 ..... 8-10 a.m.</p>
<p><b>CareOregon goMobile team</b></p>	<p><b>UNION GOSPEL MISSION</b>                  3 NW 3rd                  03/21 ..... 2-4 p.m.                  03/28 ..... 2-4 p.m.</p>