

12 to 9

by Avendor

The stone lies motionless in the grass
 as the evening hours slowly pass
 the vagrant lies down to rest
 whilst the young man touches a woman's breast
 the world weary scholar finishes his song
 before the remainder of the moonlight's gone
 the sun breaks into the day
 as a dog trudges down the alleyway
 Without fanfare the hero's journey begins
 as he sets out on the path trembling
 with one hand raised to his brow
 he seeks to save us all somehow
 whilst the caterpillar chews on some leaves
 and the workman rolls up his sleeves
 and the schoolgirl boards the sputtering bus
 as the mother looks on and in god so trusts.

Hope

by Eileen Vizenor

If hope does grow on trees,
 Then one should not
 Lose hope. Right?
 I have lost hope several times.
 I get it back.
 I lose it again. Tired.
 Don't lose hope, I say,
 Over and over.

Do Not Lose Hope

by Douglas "Wookie" Marcks

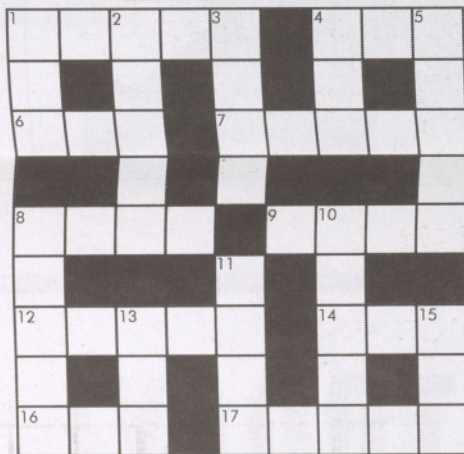
I know life is hard but
 It always changes.
 It has its ups and downs
 So do not lose hope

There will be times
 When you feel like
 Life will always
 Beat you down
 But do not lose hope

There will be times
 when you see a light
 At the end of the tunnel
 But it is still far off
 But do not lose hope

And then there is
 The time you have
 Waited for all is good
 And right in your world
 You made it
 Because you didn't lose hope

VOODOO DOUGHNUT CROSSWORD PUZZLE



ACROSS

1. Fermentation agent
4. Have a bite
6. Tree fluid
7. Cake ingredient
8. Three-ply cookie
9. Hook's henchman
12. Ground grain
14. The gift of ___
16. Tease or ridicule
17. Francis or Kevin?

DOWN

1. Affirmative!
2. Type of fritter
3. Analyze or try
4. Cake ingredient
5. Tres
8. Deal
10. Potter's practice
11. Nosh!
13. Late rapper; abbr.
15. ___ appetit

22 SW 3RD AVE. / 1501 NE DAVIS ST. PORTLAND, OR



CareOregon goMobile team

OHP Navigation Clinics

CareOregon and our partners make Oregon Health Plan navigation easy!
 We offer help with:

- Medicaid medical, dental and mental health appointments
- Medicare eligibility for disabled and elderly adults

Find us at these locations:

Bud Clark Commons
 665 NW Hoyt Avenue
 10/12...**FLU**..... 8-10a.m.
 10/26...**FLU**..... 8-10a.m.

City Team Portland
 526 SE Grand Ave
 10/19...**FLU**..... 8-10a.m.

Clackamas County Transition Center
 2219 Kaen Road
 Oregon City
 10/05...**FLU**..... 1-3p.m.
 10/19..... 1-3p.m.

Portland Rescue Mission
 111 W Burnside
 10/06...**FLU**..... 8-10a.m.
 10/13..... 8-10a.m.
 10/20...**FLU**..... 8-10a.m.
 10/27..... 8-10a.m.

Union Gospel Mission
 3 SW 3rd Ave
 10/18...**FLU**..... 2-4p.m.
 10/25..... 2-4p.m.

Veterans Memorial Coliseum
 300 North Winning Way
 10/01..... 10a.m.-2p.m.



Learn about our FREE phone*

*ACTUAL PHONE MAY VARY.

Did you **serve** in the **Armed Forces** and are experiencing or at risk of becoming homeless?

Transition Projects

Please call 855.425.5544 or visit 650 NW Irving Street