

The Street Angel

by Maddy Brown-Clark

He was tall and lean
and his hair was sculptured
like an African warrior.
And he was a warrior
for the homeless.
They called him Street Angel.
Street Angel had a plan
as he carried around his worn leather briefcase.
He'd been doing research
on how to secure vacant buildings
as shelters for the homeless.
He listened to his favorite singer
singing the song "Lovely Day."
It went on and on.
And Street Angel had secured a hip-hop singer
to do a concert to buy buildings.
So it was indeed a lovely day,
a beautiful day of hope.

The Value of a Moment

by Doug Marcks

We go through life moment to moment,
mainly rushing through it,
but it is in the slower times
that life has true meaning.
The time you stop, to coin a phrase,
"Smell the Roses."
To observe the beauty around you.
To value the people in your life.
To simply relax.
To dream.

But sadly, most people rarely realize this,
or value the people they know 'til they are gone.
Garth Brooks had a song, "If Tomorrow Never Comes"
where he asks "Will the people in his life
know how much they mean to him?"

So I ask do the people in your life know?
I know mine do.



On Gifts and Grace...

by j.mccurdy

I want to thank
Everyone
Who ever walked with you
For the places
They taught you
To take me
I want to thank them
For the love, for the laughter,
And for the tears
They gifted your heart with
I want to thank them
For the wound Created
With their passing
Into different positions

Because without
That wound
You wouldn't
Have the strength
Or the compassion
To help my skin
Relearn sensation.
Or my heart relearn
What it is
To open back up
The fact is
If you hadn't been able
To help me
Who knows
How long I might have
Remained shut down,
Stymied
Shut down by my own
Shyness
And bereft of possibility
And hope

So yes
For that
I thank them
For the gifts
They sent my way

OHP Navigation Clinics

CareOregon and our partners make Oregon Health Plan navigation easy!
We offer help with:

- Medicaid medical, dental and mental health appointments
- Medicare eligibility for disabled and elderly adults

Find us at these locations:

<p>Belmont Library 1038 Cesar Chavez Blvd Jan 21.....12-2 p.m. Jan 27.....3-5 p.m.</p>	<p>City Team Portland 526 SE Grand Ave Jan 27.....8-10 a.m. Feb 10.....8-10 a.m.</p>	<p>Portland Rescue Mission 111 W. Burnside Jan 14.....8-10 a.m. Jan 21.....8-10 a.m. Jan 28.....8-10 a.m. Feb 04.....8-10 a.m.</p>
<p>Bud Clark Commons 665 NW Hoyt Ave Jan 20.....8-10 a.m. Feb 3.....8-10 a.m.</p>	<p>Clackamas County Transition Center, 1024 Main Street, Oregon City Jan 12.....1-3 p.m. Jan 26.....1-3 p.m. Feb 09.....1-3 p.m.</p>	<p>Street Roots 211 NW Davis Feb 2.....8:30-10:30 a.m.</p>
<p>Central Library 801 SW 10th Ave Jan 26.....5:30-7:30 p.m.</p>	<p>IRCO, 10301 NE Glisan Jan 15.....10-11 a.m. Jan 15.....3-4 p.m.</p>	<p>Union Gospel Mission 3 SW 3rd Ave Jan 19.....1-3 p.m. Jan 26.....1-3 p.m.</p>

SISTERS OF THE ROAD

Cooking fresh, delicious meals in Old Town since 1979



"At Sisters it feels like we're part of a family..."
-Sisters Customer

**All are welcome:
Tuesday - Saturday
10am - 2:30pm**

**503-222-5694
SistersOfTheRoad.org
133 NW 6th Ave, Portland, OR**