

I See Those Blue Eyes

by Krista Brown

I see those blue eyes that make my day
I see that smile that goes on by day
I see that heart of yours each day
I see how caring you are every day

When the sky is gray the eyes are gone
When the sky is gray the smile is away
That caring heart will be back someday
But each day I see the caring person you are

I was a fool not to see the blue sky
My eyes were dark as the sky was gray
Now that you have seen my heart each day
How you come out of your shell each day

The blue sky is like your blue eyes
The sunshine brings the smile back
The caring heart is bigger each day
Please don't turn away

For I was a fool
Now I see the blue sky
How you have changed me
In so many ways

Ice Shapes

by Cactus

Frosty still morning,
fixed in place,
covering everything,
a blue-white transparent shell
gently lifted, turned over
wood grain, twisted cable, fence post, rocks
fragile breaking when the wind blows,
becoming water as soon as warmth
touches it.

Breath, hands, sun,
gone.
Nearly before anyone can see it.
After the ice melts
everyone's glad to be warm
in the cold.
Tranquility takes the form of
anything it touches.
Being still it
lets tranquility stick and thicken
into the shape of thought.

Futility River

by Carl

Boundaries, obstacles
no one can give up.
I can't either.
Moving and being
aren't the same.
Conflict, aggression, violence, oppression
are all futility.
Every action creates
its own opposition.
Floods wash themselves away,
unattached objects go with it and
drift to the sea.
Go under the waves.
Sink into mud.
Everything else falls over by itself.

A Chain-Link Fence

by Joanna Nordness

A chain-link fence
A symbol for tolerance
An apartheid wall
A safe place for all

A prison for a refugee
Nowhere to go,
No where to flee
No place to be

But at least we're in good company.
But at least we're partway a little bit free.

 CareOregon
goMobile team



OHP Navigation Clinics

CareOregon and our partners make Oregon Health Plan navigation easy!
We offer help with:

- Medicaid medical, dental and mental health appointments
- Medicare eligibility for disabled and elderly adults

Find us at these locations:

Belmont Library

1038 Cesar Chavez Blvd
Jan 21.....12-2 p.m.
Jan 27.....3-5 p.m.

Bud Clark Commons

665 NW Hoyt Ave
Jan 20.....8-10 a.m.
Feb 3.....8-10 a.m.

Central Library

801 SW 10th Ave
Jan 26.....5:30-7:30 p.m.

City Team Portland

526 SE Grand Ave
Jan 27.....8-10 a.m.
Feb 10.....8-10 a.m.

Clackamas County

Transition Center, 1024
Main Street, Oregon City
Jan 12.....1-3 p.m.
Jan 26.....1-3 p.m.
Feb 09.....1-3 p.m.

IRCO, 10301 NE Glisan

Jan 15.....10-11 a.m.
Jan 15.....3-4 p.m.

Portland Rescue Mission

111 W. Burnside
Jan 14.....8-10 a.m.
Jan 21.....8-10 a.m.
Jan 28.....8-10 a.m.
Feb 04.....8-10 a.m.

Street Roots

211 NW Davis
Feb 2.....8:30-10:30 a.m.

Union Gospel Mission

3 SW 3rd Ave
Jan 19.....1-3 p.m.
Jan 26.....1-3 p.m.

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