

whirlwind dervish dance

by j.mccurdy

there was
 an unrepentant
 not at all apologetic
 honesty
 in her stare
 polished steel
 swirled round
 velvet tones
 that her lips
 let loose
 the truth is
 i only have
 moments and madness
 to offer you
 where serenity and intensity
 collide
 in a tsunami whirlwind cliff dive dance
 designed
 to turn our skin
 into forgotten puddles on the floor
 and even though
 it seems like it should be
 that is never
 ever
 enough
 to quell the gimme's grip
 or stop
 your bitter complaint
 'bout mopping your skin back up

The Perfect Day

by Cynthia G.

A day of laughter
 A day of love
 A day with the one you love
 Hearts touched by an angel
 Hearts touched by God
 Hearts touched by the one you love
 Warm touches at night
 Warm touches in the morn
 Feelings of love by the one you love
 Feelings of love given by God to last all year long
 A day with God loving you from near and far
 A day with a song
 Singing with the angels
 With the perfect tone to God
 To sing from heart just to praise the Lord
 To sing "Alleluia" all in perfect notes
 To be with God and the one I love all in due time
 Until then I'll love my life
 Try to make that perfect day
 Living with the one I love



OHP Navigation Clinics

CareOregon and our partners make Oregon Health Plan navigation easy!
 We offer help with:

- Medicaid medical, dental and mental health appointments
- Medicare eligibility for disabled and elderly adults

Find us at these locations:

Belmont Library, 1038 Cesar Chavez Blvd
 Nov 4.....3-5 p.m.

City Team, 526 SE Grand Ave.
 Dec 2.....8-10 a.m.
 Dec 16.....8-10 a.m.

Clackamas County Transition Center
 1024 Main Street, Oregon City
 Dec 1.....1-3 p.m.
 Dec 15.....1-3 p.m.

Gresham Library, 385 NW Miller Ave
 Dec 3.....1-4 p.m.
 Dec 17.....1-3 p.m.

Holgate Library 7905 SE Holgate
 Dec 4.....2:30-4:30 p.m.

Kenton Library 8226 N Denver Ave
 Dec 7.....4-6 p.m.

Midland Library 805 SE 122nd Ave
 Dec 9.....4-6 p.m.
 Dec 16.....4-6 p.m.

Portland Rescue Mission, 111 W Burnside
 Dec 3.....8-10 a.m.
 Dec 10.....8-10 a.m.
 Dec 17.....8-10 a.m.



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