



By Achilles Corelleone

Burn It

by Katherine Boyer

If I could I would. all my notes and rants and raving and words
and thoughts and pent-up emotions
on her and the awful weekend. my betrayed weekend. my hurt weekend. I
would write everything down, puke it all up regurgitated into bits of yellow
paper, twist the scraps into little balls and build a bonfire to
cleanse my soul, to heal myself, to let go of all the hurt, the fear,
the sadness, so that it would turn to ashes the words and I could
rebuild anew, afresh, with clear eyes, clear thoughts, loving, caring
thoughts for myself. peaceful thoughts. to let go of all that doesn't
serve me for my highest and best good in the gentlest manner possible.

Connections

by Eileen V.

Are we connected?
How are we connected?
Are we connected to family, friends, foes or pros?
Are we connected spiritually?
Are we connected politically?
How would you explain your connection?
"To what?" You might ask.
To anything or anybody is the task!
As I ask myself the above, my
thoughts are:
I'm connected to a wonderful
community of all walks of life.
From business people to homeless people
to spiritual people.
As I work on my own connections,
I'm reminded that I'm affected
by my surroundings whether it be by the weather
or a death of a stranger.
I'm proud to be a spiritual person, a voter, a salesperson
and a volunteer.
These are my connections to my wonderful community,
and my point is, that we all matter.

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