

Mental Wheelchair

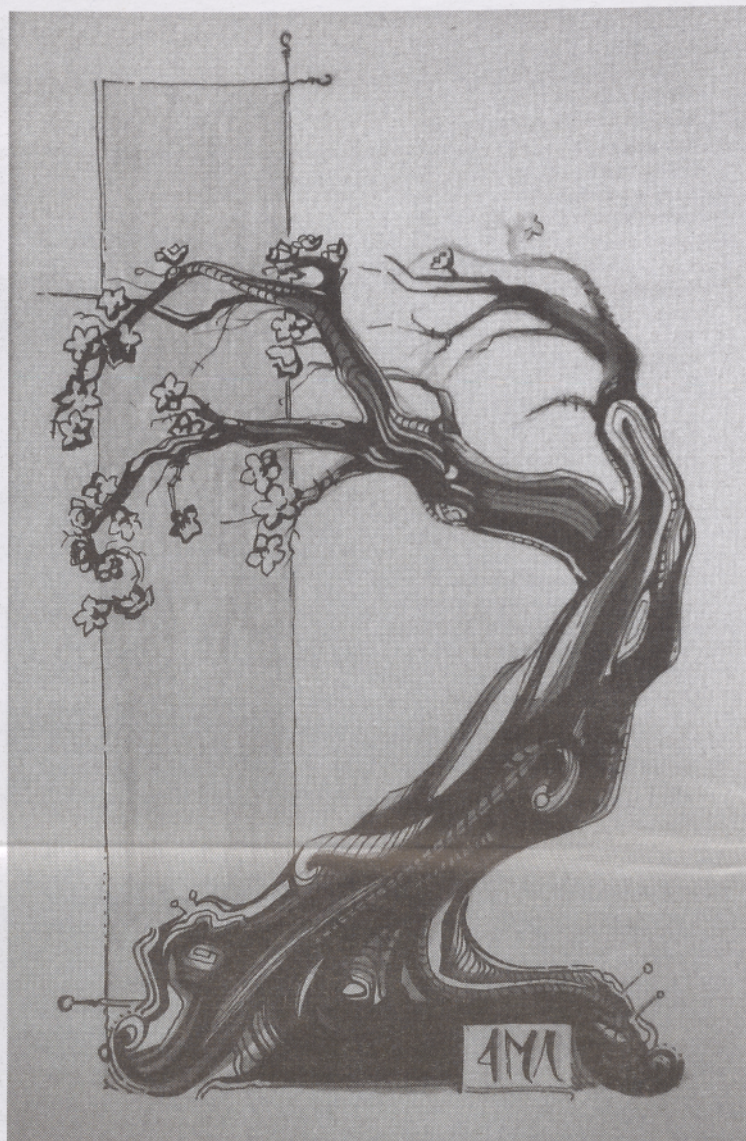
by T.M. Otto

I'm in a wheelchair
 You can't see it
 People don't pity
 What they cannot see
 I've got a gun
 Held to my head
 You can't see it
 But it's there
 My crutches
 Are contained in capsules
 When my wheelchair
 Turns on me
 I just wish for five minutes
 You could see
 The horrors and hatred
 That I see
 If only I could lend you
 My mental wheelchair
 No,
 It's not what you expected

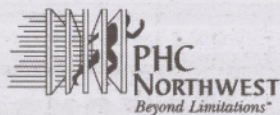
Patagonia

by Avendor

Sitting upon a smooth white rock
 On a mountain carpeted green
 Before a royal blue ocean
 That the winds make shimmer and the sun lends sheen
 Patagonia at the foot of the earth
 Far from the northern land of my birth
 I'm cold and I still have my fear
 But at the moment I am inclined to be here
 I'm distanced from wars and lovesick heartache
 And there's no one to care should I have a "psychotic break"
 I've come here simply to write a poem
 In a majestically beautiful place far from home



By Joshuan Ambriz



5312 NE 148th Ave.
 Portland, OR 97230

Free career training for persons with disabilities in janitorial and building maintenance

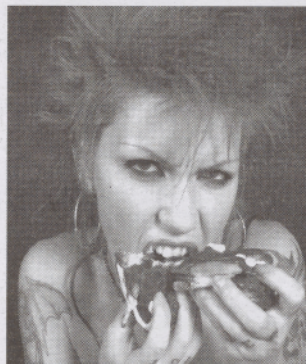
- Requirements:
- Documented proof of disability
 - Proficiency in understanding and speaking English
 - Pass criminal background check
 - Pass drug test

Paid training !!!

Disabilities: Physical, mental health, intellectual, developmental, and learning

Questions ?

Please Call: (503) 261-1266
 or (800) 874-7917
 email: careers@phcnw.com



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