

Haiku

by William Holmes

Quietly awake
Merciful clouds don't disturb
Morning rain subsides

My feet hurt

by Kasian

My feet hurt
And I don't want to spend the whole night
Just looking for some place
To sit down

Experience - with fishing

by Duane Wagner

Went fishing with a person on the Willamette on Sunday.
The thing about fishing is that the condition can't be too windy, water not too muddy and the right bait.
It can be a frustrating experience.
You have to always move the line if there is debris in the water, but it can be quite therapeutic. Good chance to meditate, work on how to improve my life.
Awareness, willingness to change and maybe the opportunity to catch a fish.
Life is full of lows and highs – mania, hypermania
And somehow we learn to take things a little slower,
Don't rush things and learn that God put us here for a reason.
I am so proud of Street Roots.
Their vendor program catches a lot of fish weekly in the bonds that I meet with customers, my gentle smile and asking them about their day.
It's not about the money, it's about sharing, caring and giving back to the community.
There are so many fish in Portland that need daily doses of nourishment for them to breathe and survive.

PUZZLES

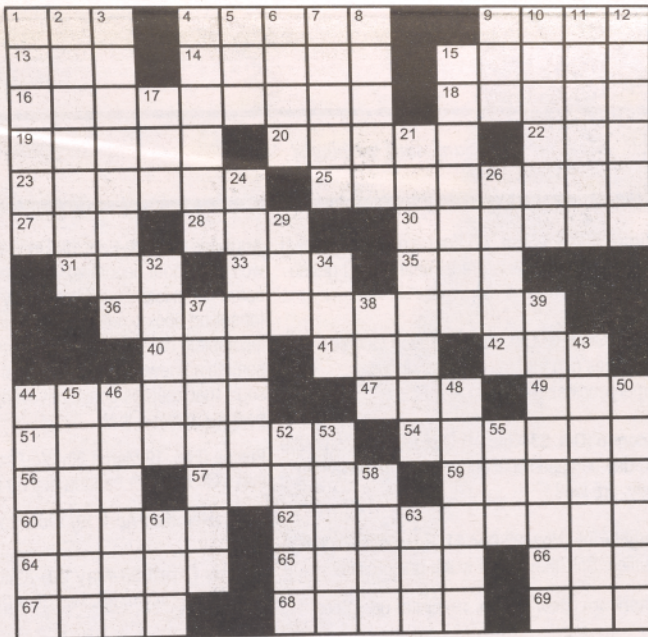
By Grace Badik

Answers on page 6

Crossword

Across

- 1. Office machine
- 4. Knuckleheads
- 9. Field measure
- 13. Victorian, for one
- 14. "___ Heartbeat" (Amy Grant hit)
- 15. Heat-resistant glass
- 16. Janet's "You're so Vain"
- 18. "Reduce, ____, Recycle"
- 19. Student getting one-on-one help
- 20. Check (out)
- 22. Yoga class need
- 23. Indian monastic site
- 25. Able to learn
- 27. Hawaiian garland
- 28. Driveway surface
- 30. Inferior
- 31. Some forensic evidence
- 33. Pinch
- 35. 007, for one
- 36. Overemphasized
- 40. Lord's Prayer starter
- 41. Stuck in a ___
- 42. Deck (out)
- 44. Literally, "way of the gods"
- 47. "What's ___?"
- 49. Bygone bird
- 51. Root vegetables
- 54. Flows through the UK
- 56. Afflict
- 57. Happen again
- 59. Foundation
- 60. Follow
- 62. Whistling appliance
- 64. Rolls or Ford
- 65. Garden tool
- 66. "___ say!"

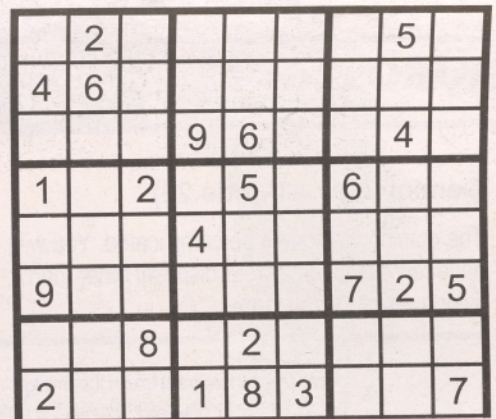


- 67. Christian Science founder
- 68. ___ list
- 69. Video maker, for short
- 9. Affirmative vote
- 10. Bits
- 11. Flea market deal
- 12. English cathedral city
- 15. Principle
- 17. "___ the fields we go"
- 21. Beats
- 24. Swamp
- 26. Heretofore
- 29. Fix, in a way
- 32. Neural transmitters
- 34. The "p" in m.p.g.
- 37. Self-sufficient, economics
- 38. Bleed
- 39. Housekeeper
- 43. Big ape
- 44. Excoriate
- 45. Like most mammals?
- 46. Cuba, e.g.
- 48. Famous German sociologist, plural
- 50. Founder of Scholasticism
- 52. Performed
- 53. Glove material
- 55. Big wine holder
- 58. Eastern music
- 61. Bawl
- 63. Barbie's beau

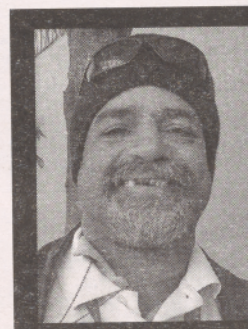
Down

- 1. Lively
- 2. Turned on
- 3. Compound found in caffeine
- 4. Overpower
- 5. Egg cells
- 6. Endurance
- 7. Ceasefire
- 8. Church assembly

Sudoku



The objective of Sudoku is to fill in all the blank squares with the correct numbers from 1 to 9. Every row, column and square must include all digits, 1 through 9, in any order.



*This man works.
So does Street Roots.*