



PHOTO BY KRISTINA WRIGHT

A new kind of food cart

STAFF REPORTS

Central City Concern, the city's largest low-income housing and social service organization, has partnered with My Street Grocery, a new mobile grocer, to bring affordable, healthy food directly to Central City Concern's tenants.

The program launched Sept. 24, with its cart open for business at Northwest Broadway and Couch, near the majority of Central City Concern's buildings.

"Poverty contributes greatly to poor health," said Ed Blackburn, CCC Executive Director, in a statement on the new program. "Healthy nutrition is a significant factor in supporting the well-being of our clients, especially those dealing with chronic conditions such as pain, depression and diabetes."

"Bringing My Street Grocery to our population will give them an important opportunity to address their health challenges through healthy nutrition, a great non-pharmaceutical option," said Geoff Sittler, Occupational Therapist for CCC's Old Town Clinic.

My Street Grocery is a community mobile grocer with a mission to increase fresh food access for all. My Street Grocery pop-up markets are now found in 12 locations throughout the Portland Metro area. The markets sell fresh, seasonal produce, staple grocery items like milk, eggs, and bread, as well as meal kits that include all of the whole ingredients and the recipe card to prepare a at home. Markets are always open to the public, and accept cash, credit and debit cards, and food stamp cards.

"We believe that eating well is an important and fun step toward a healthy, happy lifestyle. Central City Concern's mission to provide clients with pathways to self-sufficiency marries perfectly with our goals," said Amelia Pape, co-founder of My Street Grocery.

Central City Concern and My Street Grocery first came together through their involvement in Portland State University's Social Innovation Incubator. Central City Concern has been working with the SII to launch a new social enterprise that will employ its formerly homeless clients in the coffee industry.

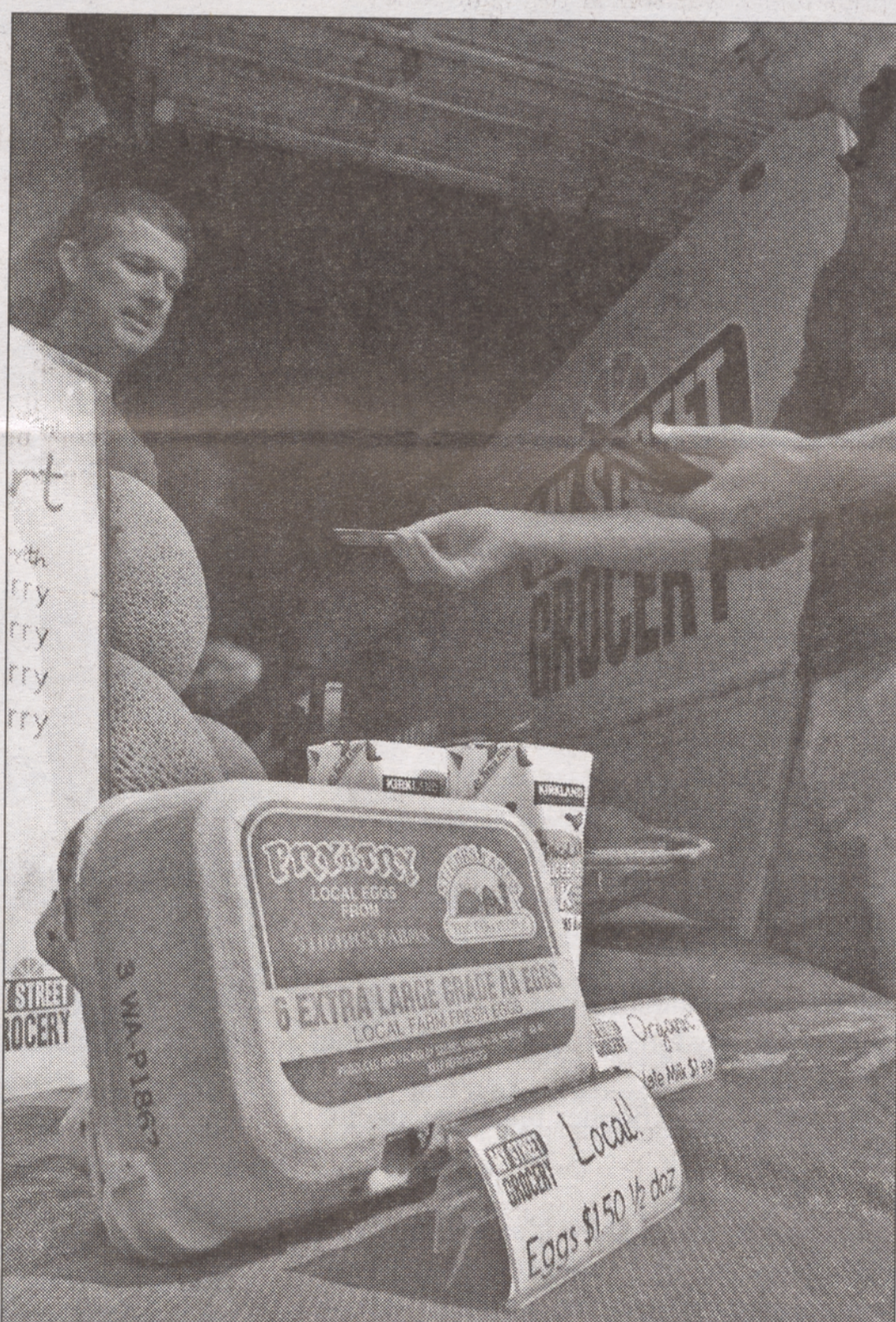


PHOTO BY KRISTINA WRIGHT

Stronger

By Holly Cat Sheriff

You can't love
Can't feel

Can't cry
Can't heal

You just go along, in your evil way
Pretending, it's not this way

Wannabe, so hot
There's a lot of things your not

You went too far
Your never coming back

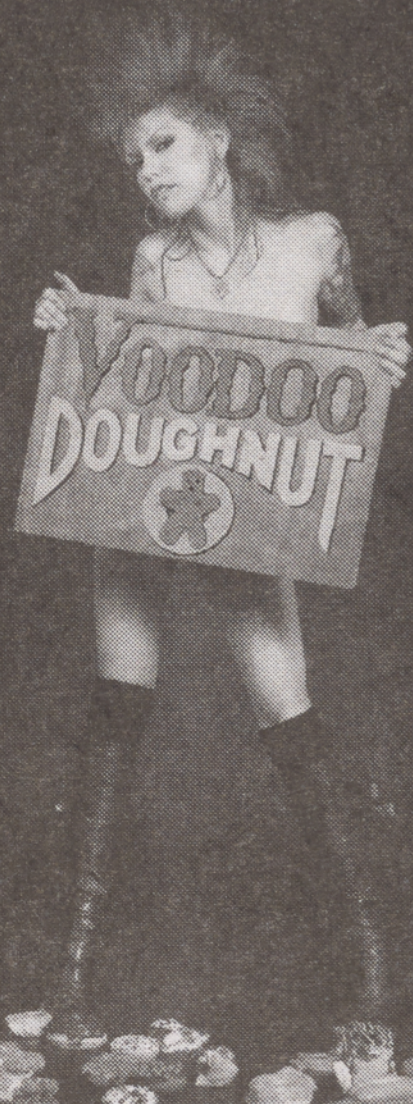
I have something you won't
Something you lack

I can love
I can feel

I can cry
And I can heal

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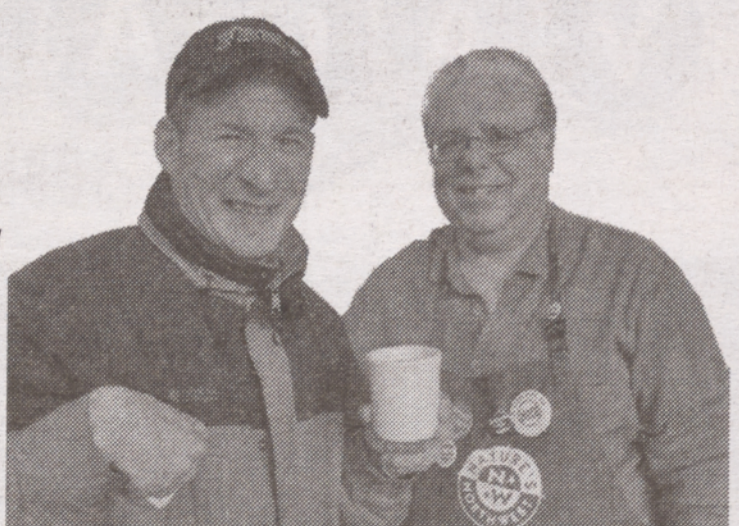
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