

NEWSBRIEFS

People in treatment at Hooper detox center must go smoke-free

Hooper Memorial Center, the city's public service detoxification center for alcohol and drug treatment, has become a smoke-free facility.

The center had provided an onsite smoking room to patients participating in detox programs, but as of the start of the year, the facility will no longer providing patients access to tobacco. It's not only the law, but a matter of treatment for other addictions.

"If they quit smoking, and address the nicotine addiction while they're addressing the drug addiction, be it cocaine, methamphetamines or alcohol, they're 50 percent more successful in staying in recovery and clean and sober," says Karen Wheeler, addictions policy administrator for the state of Oregon.

Alcohol and drug treatment centers are required by Oregon Administrative Rules to prohibit tobacco use on their premise. This law predates the Jan. 1 smoking ban. The State of Oregon, and not treatment centers themselves, would need to change policy if smoking were to be allowed.

The change at Hooper has raised some concern among outreach workers that people will not voluntarily enter into a long-term recovery program if they have to quit smoking at the same time.

"Life saving services, like detox facilities, are in a tough spot enforcing policies that might result in people choosing not to come through the doors and get the care they need," says Molly Ziegler with InAct. Ziegler adds, however, that addressing nicotine addiction is an important step in recovery. "Tobacco is by far the substance most likely to kill people who participate in treatment."

Residents are encouraged to bring their own nicotine replacement therapy, which is covered under the Oregon Health Plan.

Exhibit features artwork from internment camps

The Oregon Nikkei Legacy Center is featuring a special exhibit of photos of crafts made in internment camps. The exhibit is the work of Emily Hanako Momohara. Originally from Seattle, Momohara is an assistant professor of art, photography at the Art Academy of Cincinnati. During World War II, her family was sent to Minidoka in southern Idaho, where most of the Oregon Nikkei affected by internment. Nearly 4,000 Americans of Japanese ancestry in Oregon were among 120,000 people incarcerated during World War II.

The exhibit will be on display Jan. 24-March 15 at the Legacy Center. Admission is free for Friends of the Legacy Center, \$3 for general public. Call the center at 503-224-1158 for details.

New year kicks in generous federal estate tax rules

The new year rang in new cuts to the federal tax on inherited wealth takes effect, according to the Oregon Center for Public Policy.

In 2009, the federal estate tax exemption will jump from \$4 million per couple to \$7 million. This means that the heirs of a widow or widower who dies in 2009 with an estate valued at \$7 million will pay no federal estate taxes, according to OCPP policy analyst Janet Bauer.

Only three in 1,000 estates in Oregon will likely be subject to the federal tax under the 2009 rules, said Bauer. She noted that the ratio was 13 per 1,000 in 2000, before a 2001 law enacted under the Bush administration began to phase in cuts to the federal estate tax.



Kitchen • Health • Home  
2106 SE Division  
Portland, Oregon  
503 • 231 • 5175  
www.mirador-pdx.com  
Mon-Sat 10-6 • Sun 11-5

Canning Jars & Equipment  
Vegetarian, Vegan & Raw Foods Cookbooks  
Cookware • Juicers • Food Dryers  
Goods from Hemp, OG Cotton, Recycled Materials  
Water Filters • Low-tech Kitchen Gadgets  
Tree-free & Recycled Papers • Fair Trade Baskets

Joe and Gil are in good care: each other's

BY ELIZABETH SCHWARTZ  
CONTRIBUTING WRITER

Lots of people believe homeless shouldn't own pets," Joe van der Heiden said. One look at his 11-month-old mixed-breed dog should reassure any concerned citizen that Joe's dog Gilgamesh is well cared for. The dog appears well-fed, wears a blue coat in cold weather and has a blanket to lie on while Joe sells issues of *Street Roots* outside the new Safeway store at Lovejoy and Northwest 14th Avenue.

A woman wanting to enter the store stopped and asked Joe if she could tie her black dog up near Gilgamesh while she shopped in Safeway. He reassured her that his dog is friendly and commanded his dog to "sit" on his blanket. Joe needed to repeat the command, but his dog complied.

Gilgamesh welcomes petting – and reciprocates by licking people's faces. He was gentle until I became playful. The dog became excited, grabbed my jacket, and began to play tug-of-war. Joe told the dog to release, and he did. He has trained his dog to respond to "sit," "kick it down," "release," and "gentle."

"I am still working with him on jumping up on people," Joe admitted, "and on playing tug-of-war." The dog did not jump on anyone during the hour I spent talking with Joe.

Joe's *Street Roots* income buys a 5-pound bag of dry dog food every two to three days, funds Joe's food and helps pay for a motel room on cold winter nights. "Homeless with animals don't have the same resources as other homeless," the vendor said. "Shelters will not take you if you have an animal companion."

The past few days, Joe and Gilgamesh have been sharing a Super Value motel room with two other *Street Roots* vendors. Each man pays \$20 per night for the room.

"I only feed Gilgamesh dog food," Joe said to explain his request that people check with him before giving his dog something to eat. "Human food isn't good for dogs." When asked what kinds of food he might like people to give him for his animal, Joe requested dog chews.



Joe van der Heiden and his dog Gilgamesh sell papers outside of Safeway on Lovejoy and Northwest 14th Avenue. Sue, a new customer, stops to join the picture.

PHOTO BY ELIZABETH SCHWARTZ

Gilgamesh was one of a litter of puppies born to a dog owned by street youths. Joe says that having a dog fills his "emotional need to feel loved and to take care of someone."

It also reminds him of all the dogs his dad owned when Joe was young and living at home. He was 12 years old when he was put into foster care because his dad had become ill and no longer could take care of him.

Joe says he began selling *Street Roots* on March 31, when the winter homeless shelters closed for the year and the police swept under the bridges, forcing him to find new ways to survive. He can meet his

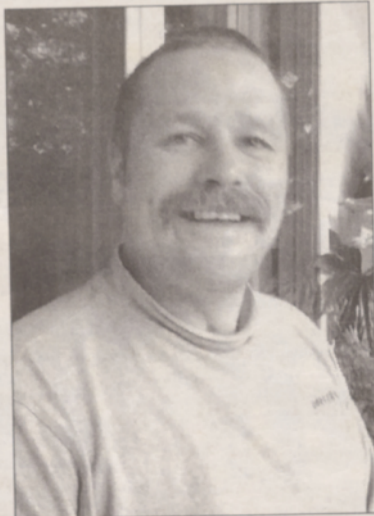
most basic daily needs selling 20 papers a day. He averages about 30.

Recently, Joe has been leaving the motel room at checkout time, going to the office to buy his papers, and getting to Safeway about noon. He works until about 5 p.m. He is hoping to sell extra papers and get a day ahead on his expenses in case he gets sick or the weather gets bad and he has to take a day off work.

Joe wishes *Street Roots* readers a happy new year and offers one wish: "With the trend of the economy, I really hope my readers do not need to experience homelessness and loneliness."

OBITUARIES

Charles 'Chip' Sinclair Grant



Charles "Chip" Sinclair Grant  
Oct. 18, 1962-Dec. 23, 2008

Charles "Chip" Sinclair Grant was born Oct. 18, 1962 in Portland to Lorie, Sr. and Dian Grant. He grew up in the Parkrose area and attended Parkrose Jr. High and graduated from David Douglas High School in 1980.

He joined the Army and received his basic training at Fort Dix, N.J. where he was certified as an expert marksman. He was a lifetime member of the 1st Cavalry Division. He spent two years in Germany in the tank division and worked guard at missile sites. He returned to the U.S. and spent two years at Fort Hood, Texas, where he married Theresa Miranda. He then lived in Killeen, Texas, with his wife and daughter, Trishia.

After the service, he returned to Portland and worked for his dad at G&H Painting and Decorating. In 1987, his son, Brian Sinclair, was born in Puyallup, Wash. He and his wife later divorced.

He spent time in Florida, where his

father retired and worked in the housing industry. He returned to Portland to be near family and the VA health facilities. Chip passed away Dec. 23, 2008, in Beaverton.

He enjoyed working on cars and his favorite pickup. He loved the outdoors and nature.

He is survived by his daughter Trishia Miranda Smith, and son Brian Sinclair Grant, both of Tacoma, Wash.; Mother Dian Grant-Finley of Reno, Nev.; father Lorie Elsworth Grant, Sr. of Cherokee Village, Ariz.; brother, Lorie Elsworth Grant, Jr. of Portland; step-sister, Cinda Roley of Aloha; step-brothers, Howard Roley of Kentucky and David Torrey of Salem, and grandson Anrade Escobar of Tacoma, Wash.

Services were held Jan. 2 at Finley-Sunset Hills Chapel. Donations can be made in Chip's name to The Salvation Army, Harbor Light of Portland.

LEARN MORE ABOUT STREET ROOTS, OUR VENDORS AND POVERTY ISSUES AT  
WWW.STREETROOTS.WIKISPACES.COM AND AT WWW.STREETROOTS.ORG