

Now & Then

Continued from page 1

and know that I helped make that smile. That smile that is so like the smile you see when someone who loves you walks into a room. Yes, I am a fool for love and I love art. So this fool is going to continue to rush in where the angels wouldn't go on a bet. I just need some help from other fools and lovers. The Left Coast group has \$1240 in the bank. I need \$760 immediately to send Sally's book to the printer, and then another \$2000 in six to eight weeks to get 1000 copies back. I am planning some local events to raise funds, but I would like to ask all of the readers of the Upper Left Edge, especially those who visit our web site, to do what they can to help these projects. All donations are tax deductible, thanks to the Cannon Beach Arts Association, a 501C3 non-profit corporation. Just send your donation to the Left Coast Group, Box 1222, Cannon Beach, OR 97110. Make checks payable to the Cannon Beach Arts Association if you want the tax deduction and put Left Coast Group on the memo line. If you don't care about the deduction just make it to the Left Coast Group. Any donation over \$100 will get you copies of a the books we have published so far, as well as Wildlife on the Edge, North Coast, and the chap books, as they come off the press. Thanks, I love you.

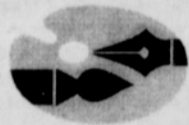
Mo' Stuff

This month some of Sally Lackaff's illustrations for Charles Le Guin's novel North Coast are scattered throughout the paper. Your beloved editor and his new band the Phoreheads will be appearing in Portland this month; see the music page for a listing. And for some more bulletins: we at the Edge seem to get an inordinate amount of press releases about all kinds of stuff, some, in the mail, some from the net as e-mail and some are handed to us across the bar at Bill's. So, briefly, to fulfill our task as a newspaper of record, we will pass them on to our readers. One frightening new political move on the part of the multinational industries is the MAI treaty; contact Agatha Schmaedick at 503-343-5717 or agatha@gladstone for more scary information. And yet another attempt to fool you is the efforts by the major chemical corporations to define "organic" as anything they chose. You can call 800-357-2211, or on-line, contact www.saveorganic.org for more information.

Locally there is a need for someone to fill a vacancy on the Lewis & Clark Bicentennial Association Board; you can call 436-1581 for more info. Also there is a need for support for the Adult Literacy program locally; call 800-228-8813 to find out how you can help.

There's a Spring Garden Seminar at Astoria High School, April 4th, with Ketzal Levine. Call 503-325-8573 if you wish to participate.

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Every man is a damn fool for at least five minutes everyday; wisdom consists of not exceeding the limit. -- Elbert Hubbard



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Let us be thankful for fools. But for them the rest of us could not succeed. -- Mark Twain



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Of all the articles that I have written the one I have received the most requests for copies of or additional information on was about cleaning products that are non-toxic. So in the spirit of spring cleaning here are a few different non-toxic cleaning recipes. I have tried all of these and they work. They are all made from inexpensive easy to find materials. So on the next sunny day you have free open your windows and let the spring cleaning commence.

*** OVEN CLEANER:** Commercial oven cleaning products work well but the fumes are not my idea of making my house feel fresh and clean. A method I use to avoid cleaning the oven is to catch spills quickly before they get cooked onto the oven surface for too long. In a cold oven place a small bowl of ammonia on the top rack and a bowl of boiling water on the bottom rack. Close door overnight. In the morning wipe out the bottom of oven with a wet soapy sponge.

OVEN SPILLS: Pour salt onto spill and let it sit for 5 minutes. Then wipe up with damp sponge or rag.

MILDEW STAINS: rub gently with a lemon cut in half. If the stains will not come off make a paste by mixing 2 cups baking soda and 1/2 cup water. Using a sponge wipe away mildew with the paste. To remove mildew from grout apply paste with a toothbrush and gently scrub. How do you keep your plastic SHOWER CURTAINS mildew free? Soak them in salt water before hanging them up. I know this sounds bizarre but it does work.

WATER SPOTS: remove by rubbing gently with rubbing alcohol. Another method is to rub gently with white toothpaste.

CLOGGED DRAINS: Mix equal parts baking soda, salt and vinegar. Pour down drain, let sit for 15 minutes. (It will foam) Flush drain with a pan of boiling water.

COFFEE & TEA STAINS: Mix baking soda and water to form a paste and rub onto stains.

TUB & SINK STAINS: Mix cream of tartar into a cup of hydrogen peroxide until it forms a paste. Gently rub stains away. If this doesn't work apply paste, cover with damp cloth and leave overnight. Then wipe clean.

BURNT PANS: Sprinkle baking soda over the bottom of the pan. Add just enough water to cover soda. Let sit for 2 -3 hours and wipe clean.

ALUMINUM PANS: Fill pot with water and add baking soda (ratio 1 quart water to 1/2 c. soda). Boil 5 minutes. When I do this I add more soda as my pans tend to get really dingy.

MUSTY PLASTIC CONTAINERS: Refresh them by pouring a teaspoon of vanilla onto a sponge and wiping container. Then wash with soap and water. Another method is to crush up newspaper and place in container. Put cover on and leave overnight. Then wash with soap and water. This also works in garbage cans.

GREASE CUTTER: Add a tablespoon of vinegar to the soapy water and it will help cut grease. Works well on appliances, dishes and counters.

CAN OPENERS: Many of us forget that hand or electric can openers often get food splashed on them which can create a germ breeding surface. Clean routinely with hot soapy water and 1 Tablespoon vinegar.

ARTIFICIAL SILK & DRIED FLOWERS: Place in a bag filled 1/2 way with salt and shake. Trust me it really works.

SMALL NECKED VASES & GLASS VESSELS: Fill with water and add a denture cleaning tablet. Let sit for 20 minutes and rinse with clean water.

PHOTOGRAPHS: Rub with a piece of bread. I have never tried this but a friend of mine who owns a photography store does it routinely!

COUNTER STAINS: Pour club soda onto stain, let sit a few minutes then wipe clean. If stain is still there try soaking a paper towel in hydrogen peroxide and laying it over the stain. Place a heavy frying pan over the towel and let it sit for an hour. Wipe clean.

The important thing to remember when trying to cut down on the toxic products and aerosol cans we use is that there are many simple remedies that work just as well. Most of the above listed "recipes" are ones our grandmothers used effectively. Products do not have to be made commercially to be effective.

Nature I loved, and next to Nature, Art.
-- Walter Sargent Lander

WHERE TO GET AN EDGE

Cannon Beach: Jupiter's Rare and Used Books, Oaburn's Grocery, The Cookie Co., Coffee Cabana, Bill's Tavern, Cannon Beach Book Co., Hane's Bakery, The Bistro, Midtown Cafe, Once Upon a Breeze, Copies & Fax, Heather's, The Homegrown Cafe, Haystack Video, Mariner Market, Espresso Bean, Ecola Square & Cleanline Surf
Manzanita: Mother Nature's Juice Bar, BaySide Gardens, Cassandra's, Manzanita News & Espresso, & Nehalem Bay Video
Newport: Mermald Cafe
Rockaway: Sharkey's
Tillamook: Rainy Day Books
Bay City: Art Space
Yachats: By-the-Sea Books
Pacific City: The River House, Far Country Books, & Village Merchants
Oceanside: Ocean Side Espresso
Lincoln City: Trillium Natural Foods, Driftwood Library, & Lighthouse Brewpub
Depoe Bay: Oregon Books
Newport: Oceans Natural Foods, Cafe DVA, Cosmo Cafe, Bookmark Cafe, Newport Bay Coffee Co., Cuppatuna, Bay Latte, Ocean Pulse Surf Shop, Coastal Coffee Co., Sylvia Beach Hotel, Green Gables Bookstore, B&B, & Canyon Way
Eugene: Book Mark, Cafe Navarra, Eugene Public Library, Friendly St. Market, Happy Trails, Keystone Cafe, Kiva Foods, Lane C.C., Light For Music, New Frontier Market, Nineteenth Street Brew Pub, Oats Market, Perry's, Red Barn Grocery, Sundance Natural Foods, U of O. & WOW Hall
Corvallis: The Environmental Center, OSU
Salem: Heliotrope, Salem Library, & The Peace Store
Astoria: KMUN, Columbian Cafe, The Community Store, The Wet Dog Cafe, Astoria Coffee Company, Cafe Uniontown, & Shark Rock Cafe
Seaside: Buck's Book Barn, Universal Video, & Cafe Espresso
Portland: Artichoke Music, Laughing Horse Bookstore, Act III, Barnes & Noble, Belmonts Inn, Biblot Art Gallery, Bijou Cafe, Borders, Bridgeport Brew Pub, Cap'n Beans (two locations), Center for the Healing Light, Coffee People (three locations), Common Grounds Coffee, East Avenue Tavern, Food Front, Goose Hollow Inn, Hot Lips Pizza, Java Bay Cafe, Key Largo, La Patisserie, Lewis & Clark College, Locala Only, Marco's Pizzeria, Maryhurst College, Mt. Hood CC, Music Millennium, Nature's (two locations), NW Natural Gas, OHSU Medical School, Old Wives Tales, Ozone Records, Papa Hayden, PCC (four locations), PSU (two locations), Reed College, Third Eye, TransCentral Library, & YWCA
Cornelius: The Weekend Garden Market
The Dalles: Kintra Bookstore
Hood River: Purple Rocks Art Bar & Cafe
Ashland: Garo's Java House, The Black Sheep, Blue Mt. Cafe, & Rogue River Brewery
Cave Junction: Coffee Heaven & Kerby Community Market
Grants Pass: The Book Shop
(Out of Oregon)
Vancouver, WA: The Den
Longview, WA: The Broadway Gallery, & Carat Patch
Long Beach, WA: Pacific Picnic
Naselle, WA: Rainy Day Artistry
Nahotta, WA: Moby Dick Hotel
Duvall, WA: Duvall Books
Bainbridge Island, WA: Eagle Harbor Book Co.
Seattle, WA: Elliot Bay Book Co., Honey Bear Bakery, New Orleans Restaurant, Still Life in Fremont, Allegro Coffeehouse, The Last Exit Coffee House, & Bulldog News
San Francisco, CA: City Lights Bookstore
Denver, CO: Denver Folklore Center
New York, NY: The Strand Book Company
Washington, D.C.: Hotel Tabard Inn

UPPER LEFT EDGE

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