## John Trudell & Bad Dog

Native American poet, activist and performer John
Trudell vill perform with Bad Dog in Portland Thursday
November 17th, 1994, @ 7:30 pm in the Northwest
Service Center, 1819 Northwest Everett. If you don't
know who John Trudell is, this is what our own Michael
Burgess said about his May 1993 performance in
Portland (reprinted from This Week Magazine, May 19,
1993);

Those who imagined the fires of Resistance went out with MTV would have gone apoplectic last week at the Fox. A sellout crowd for a man who hasn't -- John Trudell, Sioux activist and poet, co-founder of the American Indian Movement. Backed by native voicings, hand drum, and a preindustrial strength band, Trudell behaved badly, chanting truth for two solid hours. Life, love, oppression, right action, that sort of thing.

From 'Rich Man's War' to 'Tina Smiled' (a farewell love song to his wife, who along with their two children and her mother, burned to death in an arson fire mysteriously coincident with the FBI seige of Wounded Knee) and back again to 'Bombs Over Bagdad', the 46-year-old veteran the Great White Father would hardly call a good Indian told tales of an American dream strapped shrieking to the rails of a New World Order.

Described as "extremely eloquent" by the government who almost certainly murdered his family, John Trudell is, to those willing to sacrifice human beings for power and profit, a dangerous man. Bob Dylan wasn't exaggerating when he called Trudell's first mainstream release, a k a Graffiti Man, the best album of the year. For those at the Fox that night, it was the best show in 25 years. We should all maybe buy the album and play it for the kids.



The Current Tour includes: Seattle, Wa., Nov 14th at the Nippon Kan Theatre; Olympia, Wa., Nov 15th at the Capital Theatre

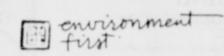
Portland, Or., Nov. 17th at the Northwest Service.

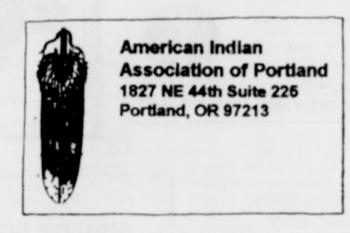
Portland, Or., Nov 17th at the Northwest Service Center, Eugene, Or., Nov 18th at Kate Auditorium, Agate Hall, Univ. of Oregon; and Medford, Or., Nov 19 at the Criterion Theatre.

at the Criterion Theatre.

Call (503) 735-1252 for more information.

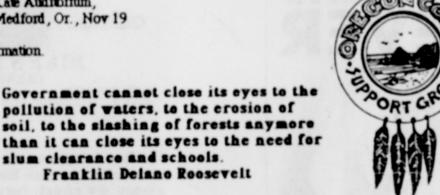






Now for a little "news". We recently received some information about the Oregon Shores Conservation Coalition, and their program called "Coast Watch - Mile by Mile". This program lets folks become involved in keeping an eye out for potential hazards to the coast. Usually man made, but also dangerous situations, like slides, etc. A great way to put that morning or evening walk to use for all of us. Contact Phillip Johnson = 605 SE 37th Ave Portland, OR 97214 (503) 238-4450; or Fran Recht = PO Box 1344 Depoe Bay, OR 97341 (503) 765-2229





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HAPPY HOLISTIC HOLIDAYS
By Kim Bossé

After a warm and sensuous Indian Summer it's hard for me to believe that the holiday season is just around the corner. So, whether you celebrate Christmas, Hanukkah, or the Winter Solstice, this is a good opportunity to consider how you will spend your time, money, and energy. Obviously, I am going to urge you to be concerned with the health of our environment as well as your economic and spiritual well-being. Far too often at this time of the year we misplace our sense of simplicity and decorum and march straight into the Madison Avenue hyperbole or continue outmoded patterns of excess. One of the challenges that confronts us as we approach the next century is learning to decrease our overwhelming consumption of resources and adapt our personal lifestyles to live within a sustainable society. One way to do so is to address the over-commercialism and consumerism surrounding the holidays. The holiday season invokes in most of us the concepts of brotherhood, family, generosity, acceptance, peace, and love. It is a time for sharing. celebrating and renewal. All of these can be achieved without excessive gift-giving. over-indulgence, and racing from one event to another. Most of us will not be able to totally eliminate all the opulance and waste from this season. But with some moderation we can minimize our consumption. Here are a few suggestions to help you create a more deliberate and graceful holiday season for yourself. \* Think about the consequences of your gift giving. If you must purchase gifts think about

be used, or is it merely trendy.

\* Make gift-giving more personalized and less commercial. Give donations to worthy causes in someone's name, volunteer time or services to perform a task that is difficult or unappealing (washing windows, cleaning gutters, ironing,

how the gift is packaged, what resources are used

to produce it, is it durable, is it necessary, will it

\* Make gifts that have a function and don't add to the accumulation of "stuff". I like to give homemade bread, one of my friends makes jam, while another makes baskets filled with recycled materials accumulated from promotional materials thrown away by stores.

\* Encourage your family to cut down on gift-giving. Drawing names and only giving and receiving one gift reduces the drain on resources. It also cuts down on the stress of shopping and the expense incurred. One of my friends has a family agreement that each person will submit 5 gift possibilities to the person who picks his name. That way, gifts will be used and wanted. Another option is to give gifts only to the children. There are many variations of this theme and I'm sure any family can come to an agreement on which would be most acceptable.

\* Consider using a live Christmas tree. A friend of mine has been doing this since 1971 and now has a beautiful grove of "memories" in his yard.

\* Give a subscription to the Upper Left Edge. It's educational, reusable, recycleable and fun. (edthanks, Kim! Take a hug out of petty cash.)

 Make wrapping paper from previously used items in your home. Comic pages, tissue paper, scraps of material, toilet paper cores, the list is endless.

 Reuse last year's Christmas cards and wrapping paper. Cut them up to use as tags, rework as new cards, make into wrapping paper, etc.

 Help out at the food bank, deliver food baskets, donate food. You get the idea here.

\* Do something for wild animals.

\* Go out and enjoy the earth. For many years I have spent holiday mornings rising early and hiking or being in the water. It's a wonderfully quiet time of appreciation for all that living in the Northwest offers.

When you buy decorations consider the materials they are made from. Are they reusable, biodegradable and long lasting?

Think about energy consumption !!!

Remember, living on less is not doing without.

The list of ideas is endless and this is only intended as a reminder to each of us to stop and reflect on our habits over the next 2 months.

Always remember that a kind word of thanks, praise or encouragement is one of the best gifts you can give. Also I personally enjoy receiving and giving hugs. What better way to let someone know you care.

If a man is right he can't be too radical; if he is wrong, he can't be too conservative. Josh Billings

Wes Lawson

Organic Gardening & Maintenance

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