

non are also popular, as well as a stored him to his friends. representation of the Maine.

Dr. J. H. Kellogg, in his "Good Health" department in the New York Voice, answering a correspondent as to the reputed value of fish as a brain food, says:

A chemicalex amination of fish shows that it contains a considerable amount of phosphorous. chemical examination of the brain shows that it also contains a considerable amount of phosphorous. From this fact the chemist jumps to the conclusion that fish must be especially good as a brain food; but there is not the slightest experimental evidence to support this theory. On the other hand, it is a well-attested fact that those communities and tribes of men which subsist the most largely on fish are the lowest in the scale of human development. The Terra del Fugians live almost exclusively on raw fish, and are perhaps the lowest of all human beings. A young student in a western college once wrote to Artemus Ward asking how much fish he thought he ought to eat to supply his daily mental needs. The wit replied that he thought a small whale would be about suited to his requirements.

tells a queer story of how self-possession and a smile saved a man fromharm by hostile Indians in the young folks became sigularly silent, early hays:

younger, and the Indian was yet in to kissing the paterfamilias and the the land, a gentleman upon the then frontier was hunting with friends, got separated from them, in their mouths, and, during the and completely lost his way. Every offort to retrieve his steps led him still further into the wilderness, sweethearts. and night overtook him in a dense forest. Overcome with fatigue, he lay down under a tree and slept scribable feeling that some one was tian religion .- C. T. Gorham.

looking at him, and glancing up he saw that he was surrounded by hostile Indians, and that the leader of the band, in war-paint and feathers, was bending over him in no amiable mood. He took in the sit-The war has boomed the tattoo- uation at a glance -- knew his imer's languishing business in New mediate danger and had no means York into unexpected prosperity. of averting it; neither did he un-The men-of-war's men are rushing derstand a word of their language. to have up-to-date devices embroi- But he was self-possed, knew the dered un their persons. The intro- universal language of nature, and duction of electricity enables the believed that even under war-paint process to be performed very rapid- and feathers "a man's a man for a' ly, so that a design which in the that". He fixed his clear, bold eye old way would have taken two or upon the Indian, and-smiled! three sittings of two or more hours Gradually the fierceness passed each, can now be done in less than away from the eye above him, and half an hour. True-lover's knots, at last an answering smile broke full-rigged ships, anchors, mer- over the face. Both were men maids and hearts are no longer in both were brothers - and he was vogue, the first place being now saved! The savage took him under taken by the stars and stripes, and his protection, brought him to his the second by the Cuban flag. Can- wigwam, and after a few days re-

> An explorer in the Russian fur seal islands tells the following story of the natives' love of liquor:

They don't want isolated drinks. A little, they say, only excites the desire for more. They want it all at once. They drink for the effect Corner Main and Water Streets, the liquor produces, and they don't call it getting drunk, but "promea good, easy time. The women are quite willing that their husbands should drink. In that condition they are more tractable. One woman told me that if her husband was drunk and she could get him in the general store, he would buy anything she wanted. During my first winter on the island, when the governor or administrator (N. Grebnitski) was away, I found myself almost the only white man on the island. The governor had been accustomed to treat the whole male population to a drink on church holidays, and I was expected to take his place in this benevolence. I told the old men that if they would come to my house I would give each of them a small dram. I was scarcely prepared, however, for the response. After service the whole village marched to my place, the men bringing their wives, mo-A writer in Lippincott's for April | thers, sisters and children-perhaps 250 in all. I noticed that as soon as they had drunk, the women and and the family departed hurriedly. When the country was a century Ontside the house they fell at once rest of the men. It turned out that they had actually kept the liquor kissing, had transferred it to the mouths of their husbands and

Strong opinions on weak foundaprofoundly. In the morning he tions have ever been one of the

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