

The Dalles long jumpers shine at Pendleton meet

The Dalles won seven individual events — including the boys and girls long jump — and one relay at a five-team track and field meet Friday in Pendleton.

The Riverhawks were led by double winner Zoe Dunn, who also ran a leg on the first-place 4x100 relay. Dunn won the 200 in a personal record 29.17 seconds and added another PR in the long jump at 17-feet, .75-inches. The long jump mark is the best in the Intermountain Conference midway through the season.

Dunn combined with teammates Emily Adams, Elena Cardosi and Madeline Harrison to win the short relay in a season-best, 52.24. Adams came back two events later to place first in the 100 in 13.43 and was third in the long jump at 15-9.75. Caitlynn Wring won the 400 for The Dalles.

On the boys side, The Dalles junior Taylor Morehouse improved his season best in the pole vault to 12-0. Teammate Jaxon Pullen registered a lifetime best in the long jump at 21-3.5, which puts him atop the IMC best list in two events (also the 100).

Big Sky meet at Condon

The Horizon boys finished first and the girls team second at a Big Sky meet Saturday in Condon. Horizon senior JJ Holste won two events and was second in a third for Horizon, which scored 151.5 team points. Holste won the long jump, high jump and was second in the low hurdles. He also ran a leg on the Hawks' 4x100 winning relay. Caleb Lingel also ran on that relay and followed that with a



Dufur junior Ashley Bailey sets up for a throw during 1A district competition May 1 in Moro. Mark B. Gibson photos

win in the 100 in a personal best 11.92 seconds. Horizon junior Alex Whitaker was second in the shot and discus, the latter in a personal best, 118-2.

Horizon's girls team was led by sophomore Olivia Nickson, who ran legs on Horizon's first place relays and won the 200. Nickson was second in the high jump to teammate Ellie Rinella. The Hawks had two other winners: Kayla Kilgore in the 3000 and Valerie Bruggeman in the pole vault.

Big Sky meet at Sherman

Dufur girls and Trout Lake boys won a six-school meet Saturday at Sherman County

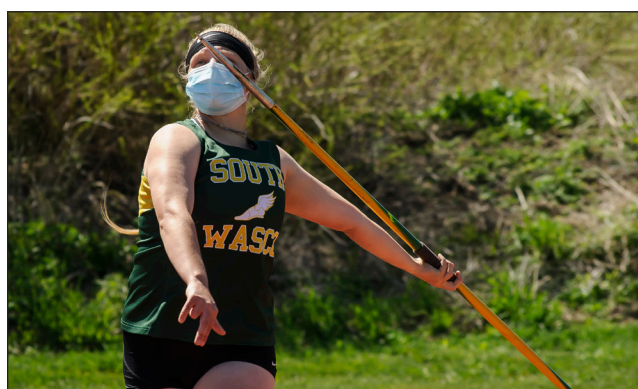
in Moro. The Dufur girls won five events and placed second in four others, attesting to their team depth. Emily Crawford, Abby Beal and Kierstin White each won individual events and teamed with McKenzie Olson to win the 4x100 relay. Crawford won the 400; Beal the 200; and White the 100. Ashley Bailey (discus) and Brooke Beachamp (javelin) were the other Ranger winners.

South Wasco finished second and was led by junior Holly Miles' 28-6.5 triple jump win and first place finishes in the 100 hurdles (19.91) and 300 hurdles. Sherman was third behind the wins of frosh Sophie Hulke in the shot put (33-1 PR) and senior Mercedes

Cardona. She cleared a season best 4-10 to win the high jump and jumped a lifetime best 15-10 to win the long jump.

Trout Lake was third in the girls meet, as frosh Myana Stock and Shana Orellano went 1-2 in both the 800 and 1500. Stock's 5:28.2 in the 1500 was a personal best.

The Mustang boys had three first-place finishes to win the boys competition, while Lyle's Aaron Smith swept the horizontal jumps. Trout Lake was led by sophomore Landon Heberling, who won the high jump, and double distance winner Justin Peck, who won the 800 (2:07.67) and the 1500 (4:19.7). Smith's triple jump best Saturday of 40-1.5 was



South Wasco County senior Jad McCoy competes in the javelin during 1A district competition May 1 in Moro.

a PR, as was his 19-5 in the long jump.

Smith and Dufur sophomore Marshal McLaughlin went head-to-head in the 100, with the latter runner taking the race in a photo finish, 12.54 to 12.56. Dufur's Brady Person was a double

Trout Lake was third in the girls meet, as frosh Myana Stock and Shana Orellano went 1-2 in both the 800, above, and the 1600.

winner, taking first place in the hurdle races.

South Wasco had the meet's lone three-event winner in junior Oscar Thomas. He won the shot put, discus and javelin. Teammate Remington Sheer won the open 400.

Eagles get closer to mid-season form at meet in Prineville

By Joe Petshow
Columbia Gorge News

Hood River Valley's track and field team is slowly working its way into competitive shape, as evidenced by its performance last week at a three-way Intermountain Conference meet in Prineville.

The Eagles were second in both the girls and boys competition behind the host Cowboys, but the most important thing for HRV Coach Brandon Bertram was the team's improvement it showed from week one to

week two.

"Our team is doing really well actually; we were really impressed with how we did at Prineville compared to our first meet," Bertram said. "The weather has been good so there is no excuse there."

Bertram said last Thursday's meet was a better indicator of how the mid-May district meet in Pendleton should shape up. "Crook County is considered the favorite," he said of the Cowboys, who won the boys meet in 2019 and finished second by one point to Ridgeview in the girls meet.

"We're now closer to where we want to be."

The Eagles were led last week by a couple of lifetime bests, including one that was close to a school record. Michael Goodman won the javelin at 174-feet, 10-inches, and the high jump at 6-1.

"Goodman, holy smokes, he's on fire right now," Bertram said. "He jumped 6-1 and had his toe catch at 6-2 or he would have cleared that. He was three feet off the school (javelin) record and he's going to get it."

Pole vaulter Steven

Stanley, a transfer from The Dalles, cleared a personal best 14-feet to win his specialty. Teammate Shaw Burns was second in both the long jump (19-6) and triple jump (PR 37-5).

The boys distance races featured two, three-way battles between Alec Carne of Crook County, and HRV's Josh Haynes and Elliot Hawley. That was the order of finish in both races, as Carne pulled away down the stretch in the metric mile, in a personal best 4:10.68 to 4:13.07 to 4:16.42. Later,

Carne nipped Haynes in the 800, 2:02.0 to 2:02.69.

In the girls meet, senior Chloe Bullock doubled to win the 400 in 63.81 seconds, and the 800 in 2:39.84 — both season bests. Phoebe Wood was a second behind Bullock in the 800 after winning the 1500 in 5:44.36. Wood led a one-through-five HRV sweep in the 1500.

Athletic frosh Simone Tillman had a busy day, finishing second in the 100 (13.48), second in the 400 (66.17), second in the pole vault (10-feet) and third in

the long jump (16-feet) for 30 team points. All of her efforts were personal bests.

HRV competes Wednesday at home against Pendleton, Horizon Christian School, and a select few Columbia High athletes. Field events begin at 2 p.m. and running events start at 3 p.m. at Henderson Stadium. The Eagles will honor their senior track and field members between the 300-meter hurdle and 3000-meter races, toward the end of the meet.

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HOW TO PLAY: Each row, column and set of 3-by-3 boxes must contain the numbers 1 through 9 without repetition.

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NEA Crossword Puzzle

- ACROSS**
- 1 Sardonic
 - 4 Ore truck
 - 8 File label
 - 11 Clod buster
 - 12 Jean Auel heroine
 - 13 Baby, maybe
 - 14 Turkish honorific
 - 15 Straw items
 - 16 Platoon
 - 17 Sheet material
 - 19 Ms. Basinger
 - 21 French state
 - 22 Links org.
 - 25 Ignite
 - 29 Check-cashing needs
 - 31 Accept
 - 34 Ooola's guy
 - 35 Kyrgyzstan mountains
 - 36 Arab VIP
 - 37 Mama's boy
 - 38 Turnpike exit
 - 39 Hockey goal
 - 40 Skilled
 - 42 "Finding —"
 - 44 Drowns off
 - 47 Ms. Jillian
 - 49 Prohibited
 - 51 Precinct
 - 54 Evelyn Waugh's brother
 - 56 Do a takeoff
 - 57 Fat cat's victim
 - 58 Throw rocks at
 - 59 Hush-hush org.
 - 60 Lattice-like construction
 - 61 Lampreys
 - 62 Dolt
- DOWN**
- 1 "Pow!"
 - 2 Scoundrel
 - 3 Brewer's need
 - 4 Papeete's island
 - 5 Clancy hero
 - 6 Neighbor of CTRL
 - 7 Zorro's disguise
 - 8 Metal in bronze
 - 9 Shapiro of NPR
 - 10 Deli order
 - 13 "Forrest —"
 - 18 Los Angeles cager
 - 20 Land in "la mer"
 - 23 Colorado feeder
 - 24 Actor — Driver
 - 26 Beak
 - 27 Entrance
 - 28 Med. staffers
 - 30 Enjoy a fine brandy
 - 31 Twice five
 - 32 Prayer ending
 - 33 Flying toy
 - 35 Warmth of feeling
 - 40 Max — Sydow
 - 41 Passes laws
 - 43 Slapped together
 - 45 Harry's Hogwarts rival
 - 46 Cuttlefish pigment
 - 48 Where hackles rise
 - 49 Round starter
 - 50 Unhearing
 - 51 Impress
 - 52 Fruit cooler
 - 53 Umbrella spoke
 - 55 Shelter



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NEA Crossword Puzzle

- ACROSS**
- 1 Give a squeeze
 - 4 Moo goo — pan
 - 7 Levin or Gershwin
 - 10 Quaint lodging
 - 11 Okra dish
 - 13 Lab or boxer
 - 14 Airport info
 - 15 Squeezes oranges
 - 16 Water, in Montreal
 - 17 Overly solemn
 - 19 Davit
 - 21 Boom times
 - 22 — Tome
 - 23 "Take —!"
 - 26 Gridiron gain
 - 30 Cornbread
 - 31 Carry wearily
 - 32 Candle material
 - 33 Airline to Stockholm
 - 34 Rage
 - 35 Flow slowly
 - 36 Pull out with force
 - 39 Pack animals
 - 40 Irritate
 - 41 Mr. Craven
 - 42 Clear the windshield
 - 45 Eddy
 - 48 Incan treasure
 - 49 Self-move firm (hyph.)
 - 51 Lillie or Arthur
 - 53 Veto
 - 54 Rousseau novel
 - 55 Switch positions
 - 56 Blue expanse
 - 57 Ancient
 - 58 Siesta
- DOWN**
- 1 Dash off
 - 2 Golden Rule word
 - 3 Make like a beaver
 - 4 Estimate
 - 5 Bombay nanny
 - 6 "Big Blue"
 - 7 Concept
 - 8 Reddish-brown horse
 - 9 Winter woe
 - 11 Bellyache
 - 12 "Sesame Street" grouch
 - 18 Gospel writer
 - 20 Stewart of rock
 - 22 Gray-green shrub
 - 23 Domed recess
 - 24 Practical joke
 - 25 Split sec.
 - 26 Mongol dwelling
 - 27 Wanted GI
 - 28 Watch the stars
 - 29 Former spouses
 - 31 Seal an envelope
 - 35 Send packing
 - 37 "Road movie" locale
 - 38 Go at it
 - 39 — Haggard of country
 - 41 Was willing
 - 42 Oxford tutors
 - 43 Estrada or Satie
 - 44 Glamorous
 - 45 Ski mecca
 - 46 Poet's black
 - 47 Warrior princess
 - 50 Med. plan
 - 52 Venomous serpent

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