



# Medical Directory

paid advertising

## ACUPUNCTURE

### Cascade Acupuncture Center, LLC

- Offering Acupuncture, Allergy Elimination and Custom Chinese Herbs.
- Very effective style of Acupuncture, often relieves pain during the first treatment
- Treatments in Recliner Chairs or on massage tables
- Accept and bill most insurances, Worker's Comp, PIP claims
- Accept Veterans Choice, ask us how!
- Many insurances in OR and WA cover Acupuncture, free insurance check!
- Sliding Fee Scale, monthly payment plans, VISA/MC
- Wheelchair accessible locations, free customer parking
- Open Monday - Saturday
- No physician referral needed
- New Patients welcome.

Call for a free consultation!

1712 E 12th Street, The Dalles, Ph 541-298-2378

2690 May St, Ste 101, Hood River, Ph 541-387-4325

Please see our website: [www.CascadeAcupuncture.org](http://www.CascadeAcupuncture.org) for our COVID Safety Video and Policies.

## DENTISTRY PEDIATRIC

### A KIDZ DENTAL ZONE

Happy Kidz, Healthy Smiles, For a Lifetime!

Specialist in comprehensive, compassionate pediatric dental care for ALL Children (Birth to 21 years).

- Nitrous Oxide
- Sedation
- Hospital Care
- Growth & Development
- Braces

New Patients & Referrals Welcome

### Hood River News Building

419 State Street, Suite #4, Hood River, OR 97031  
Hood River 541-387-8688

1935 E 19th St Ste 200, The Dalles, OR 97058  
The Dalles 541-296-8901

[www.akidzdentalzone.com](http://www.akidzdentalzone.com)

## DERMATOLOGY

### HOOD RIVER DERMATOLOGY

Luke Sloan, MD  
Aaron Loyd, MD  
Victoria Hopkins, PA-C  
Melissa Arndt, PA-C

- Mohs Surgery
- General Dermatology
- Skin Cancer Screening
- Cosmetic Services

917 11th Street, Hood River, OR, 541-386-2517

Accepting New Patients.

Over 20 Years Serving The Gorge

[www.hoodriverdermatology.com](http://www.hoodriverdermatology.com)

## FAMILY MEDICINE OBSTETRICS

### COLUMBIA GORGE FAMILY MEDICINE

1750 12th Street  
Hood River, OR 97031,  
541-386-5070  
[www.cgfm.com](http://www.cgfm.com)

"Where your family is our family." As Family Physicians, we take pride in our ability to care for a wide range of acute and chronic health problems for patients of all ages.

Peter Benziger, MD  
Elizabeth Foster, MD  
Anthony Gay, MD  
Tyler Gray, MD  
Jessica Porter, MD  
Matthew Sperry, MD  
Clara DeLeon, PA-C  
Kathleen Pickering, PA-C  
Megan Barton, FNP  
Lisa Sponhauer, NP

Regular Hours  
Weekdays until 5 pm

Acute Care  
Open to public for minor illnesses. Walk-ins welcome.  
Weekdays 5-7 p.m.  
Sat 8 a.m. - 2 p.m.

### SUMMIT FAMILY MEDICINE

Family-centered medical care throughout all the seasons of life including family-centered maternity care.

AAFP Board-Certified Physicians:

- James Brauer, MD 541-386-3883
- James Pennington, MD 541-386-2204
- Laura Starrett, MD 541-386-0007
- Richard Starrett, MD 541-386-0007
- C. Nic Buser, MD 541-386-2204
- Chardonny Vance, MD, PhD 541-386-3883

Certified Physician Assistant:

- Robert J. Fiske, PA-C 541-386-3626

Certified Family Nurse Practitioner:

- Deana Dahl, FNP-C 541-386-3626

1021 June Street, Hood River, OR

8am-5pm M-F, same-day urgent care appointments available.

The specialty of family medicine trains us to care for the whole person, and the whole family, physically, spiritually and emotionally.

Let our family take care of yours.

Se habla español.

## GYNECOLOGY

### GYNKNOW ELAINE ADSIT, MD

- Gynecology care for teens and women of every age
- Well woman visits
- annual exams
- menopause
- hormone imbalance
- bio-identical hormone therapy
- period problems
- low libido
- contraception
- IUD's
- STD Testing
- abnormal paps
- office procedures
- ultrasound

1631 Woods Court Suite 103, Hood River, 541-387-0244

## HOSPICE

### PROVIDENCE HOSPICE OF THE GORGE

Serving residents of the Gorge for 40 years.

- A local, multidisciplinary team of experts
- Open access to care, no matter where your physician is employed
- Nursing support available around-the-clock
- Relationships with all community primary and specialty care providers
- Service to all patients regardless of insurance coverage

751 Myrtle St., The Dalles, OR 97058 541-296-3228

1630 Woods Ct, Hood River, OR 97031 541-387-6449

<http://www.providence.org/hospice> 866-680-6449

## HOSPITAL

### MID-COLUMBIA MEDICAL CENTER

A nationally recognized hospital dedicated to serving residents of the Columbia River Gorge since 1901.

1700 East 19th Street  
The Dalles, OR  
541-296-1111  
[mcmc.net](http://mcmc.net)

## IMMEDIATE CARE

### MCMC IMMEDIATE CARE AT WATER'S EDGE

Walk-in clinic for urgently needed care. No appointment needed. Open 7 days a week, 10 a.m. 8 p.m.

551 Lone Pine Blvd.  
The Dalles, OR  
541-506-5880

[mcmc.net/ImmediateCare](http://mcmc.net/ImmediateCare)

## IN-HOME CARE

### BOBBI'S WAY IN-HOME HEALTH CARE

Assisted Living In YOUR Home

- Our aim is to assist each and every client to remain as independent as possible, by providing compassionate cost effective professional in-home care services, in a safe and caring environment.
- Caring and highly-skilled caregivers.
- Locally owned and operated by Bobbi and Kaleena Casey.
- Please call for more information or to schedule a free consultation.

Serving Hood River, Klickitat, Sherman, Skamania, and Wasco counties  
541-436-4515

<http://bobbiswayinhomehealthcare.com>

## MEDICAL MARIJUANA

### MARGIE'S POT SHOP

405 E. Steuben St. (Highway 14)  
Bingen, Wash.

509-493-0441

Open every day 9 to 9 - Call for Holiday hours

### RECREATIONAL STORE, NO MEDICAL CARD NEEDED

- Medical and Recreational Marijuana Store with Department of Health Certified Medical Marijuana Consultants available to talk to you about products, and answer your questions. We carry CBD, Rick Simpson Oil (RSO), topicals, edibles, tinctures, flower, pre-rolls and concentrates.

[You must be 21 to enter the store, unless you have a Medical Marijuana Recognition Card which is available here. To get your card, bring your WA ID and Doctors Authorization Form. We warn customers that Marijuana can be habit forming and may cause intoxicating effects and should not be used before driving. It should not be used by pregnant or breastfeeding women.]

## OPHTHALMOLOGY/OPTOMETRY

### CASCADE EYE CENTER

- Dr. John Willer
- Dr. Jeffrey Pulk
- Dr. Dale Bricker
- Dr. Jenessa Hartman

Comprehensive Eye Care

Hood River  
2025 Cascade Ave. #101  
541-386-2402

The Dalles  
301 Cherry Heights Rd.  
541-296-1101

### INDIAN CREEK FAMILY EYE CARE

Rebecca R. Chown, OD, FFAO

Audrey Lukey, OD

Focused on personalized comprehensive eye care for all ages. Local, sustainable and community oriented. Centrado en la atención ocular integral personalizada para todos las edades.

1700 12th Street, Ste A, Hood River, Oregon, 541-386-1700  
[www.icfec.com](http://www.icfec.com)

## ORTHODONTICS

### BICKLER ORTHODONTICS LLC

James Bickler DMD

- Latest in 3-D imaging
- Free consultations
- Treatment of children and adults
- Traditional and Clear brackets
- ClearCorrect aligners
- Experienced, professional, friendly staff. No interest financing.

Visit us at [bicklerorthodontics.com](http://bicklerorthodontics.com)  
541-298-4072

Bickler Orthodontics, Where your smile is our passion!  
Personal que habla español.

## OUTPATIENT CLINICS

### MID-COLUMBIA MEDICAL CENTER OUTPATIENT CLINICS

- Cardiology 541-506-6530
- Celilo Cancer Center 541-296-7585
- Ear Nose Throat & Allergy 541-298-5563
- Family Medicine 541-296-9151
- Internal Medicine 541-506-6920
- Neurology 541-296-1100
- Occupational Medicine 541-296-7811
- Orthopedics and Sports Medicine 541-506-6500
- Outpatient Therapy 541-296-7202
- Pediatrics 541-506-6520
- Sleep Medicine 541-296-7724
- Urology 541-296-2201
- Women's Center 541-296-5657

### NORTHSHORE MEDICAL GROUP

Walk In Hours  
11am - 7pm Every Day

65371 Hwy 14, White Salmon, WA, 509-493-2133

875 Rock Creek Drive SW, Stevenson, WA, 509-427-4212

[www.northshore-medical.com](http://www.northshore-medical.com)

### SKYLINE HEALTH MEDICAL CLINIC

Offering:  
Family Medicine

- Erica Didier, M.D.
- Jenna Newcomb, PA-C
- Michael Oschwald, PA-C

Behavioral Health  
• Kristoffer Lindstrom, MSW, LICSW

Surgery  
• Seth Lambert, D.O.

211 Skyline Drive  
White Salmon, WA  
509-637-2810

[www.myskylinehealth.org](http://www.myskylinehealth.org)

## SENIOR LIVING

### THE SPRINGS AT MILL CREEK

Changing the way people experience senior living:

- Independent Living, Assisted Living, and Memory Care.

Call for appointment.

We'd love to help find a living solution for you.

1201 West 10th St.  
The Dalles, OR 541-296-1303

[www.thespringsliving.com](http://www.thespringsliving.com)

Que habla español.