

## Have a Plan For Dealing With Peer Pressure

### *Parents Don't Have to Be Left In the Dark When Kids Walk Out the Door*

it." If they knew I tried anything, they'd take all of my college money and put me in a rehab program even if I didn't need one. They're so unreasonable I can't take a chance. But thanks anyway."

This teen has a plan and his odds for successful dealing with peer pressure are much higher than someone without a plan.

Parents can help their kids develop a plan to handle peer pressure. Once it's in place, parents should practice with their teenagers. Have fun with some surprise "dry run" practice sessions: "Hey dude, I've got some really good stuff. Want some?"

In the event a youngster hesitates, say, "Uh oh. Not ready for the next party. I hope the next practice session goes better for you."

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*Jim Fay is one of America's most sought-after presenters and authors in the area of parenting and school discipline. His background includes 31 years as a teacher and administrator, over three decades as a professional consultant, and many years as the parent of three children. Jim's sense of humor and infectious spirit have made his interviews, audios, videos, and books popular with educators and parents as well as the national news media. Jim has discovered that fun stories are the most powerful way of helping people learn. He often comments, "People seem to learn best when they giggle." You will find this delightful quality in many of our Love and Logic products.*

People who are really successful implementing this skill

