



MAKE IT MOM'S DAY ALL YEAR ROUND

Teach kids how to treat mom with the respect she deserves

Mother's Day is a special day for moms to enjoy some well-deserved relaxation. An effective way for kids to help mom on Mother's Day — and throughout the year — is by assisting with chores around the house.

Chores are an important part of family life. They provide the foundation upon which responsibility, self-esteem, and strong family relationships are built. At the Love and Logic Institute, we've found that kids who make meaningful contributions to their families, such as preparing dinner once a week or completing household chores, are more likely to gain academic achievement, enjoy success in life, and develop a desire to give back to the community.

Here are four practical, easy-to-learn tips to teach children the value of helping their mothers (and fathers) all year round:

Tip #1: Teach kids to do their fair share of the housework without being hounded.

It will make mom's life a lot easier if kids complete chores without frequent reminders. With one simple statement, show your kids you mean business in a loving way by saying, "I'll be happy to do the things I do for you as soon as your chores are done."

Tip #2: Guide your kids toward needing less help with completing daily chores.

It's never too early to start teaching kids how to take care of themselves. As early as age two or three, kids can learn daily activities, such as getting ready in the morning, putting away toys, and preparing for bed in the evening.

In order to teach kids how to be independent, have them write down a list of daily tasks and mark them off the list as they are completed. If the child is too young to write, such as a two-year-old, draw pictures of the daily tasks with your child.

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