



~ ~ ~ EDGEWISE ~ ~ ~
By Reed Rydberg



Did you know that milkweed juice has been know to cure warts and ringworm? And that blackberry juice is used to stop diarrhea? Herbs have been used to cure illness since the beginning of time in all parts of the world. When the search for spices led early explorers to America, they found a land rich in medicinal herbs. The Native Americans were proficient in their ability to utilize plant remedies.

Linda Stevens, locally known as 'the herb lady' is a certified herbologist and has been creating herbal formulas and lotions for 40 years. Her and her husband, Ray (also a herbologist) are the owners of Bare Necessities Herbal Skin and Health Care products. They sell their products at the Medford and Grants Pass growers markets and are often seen in Butte Falls advising local folks on health issues.

Linda and Ray are the parents of 1 grown daughter and have 3 grandchildren. The have 2 dogs and exotic cats; the Bengal Leopard and the African Serval. They drum with the Native American band 'Good Medicine' at pow wow's and at the New Jerusalem Center. Linda also enjoys crafting Native American clothing, moccasins, jewelry and beading. Linda relies on this quote, "I can do all things through Christ Jesus who strengthens me."

P'ei-lan of China was often heard saying these few lines in 1666, which you will read now:

Sellers of drugs have two eyes;
Prescribers of drugs have one eye;
Takers of drugs have no eyes.

JOIN US AT THE BUTTE FALLS CAFÉ FOR THE 4TH OF JULY BBQ

**FRENCH TOAST WITH BUTTER BRICKLE ICE CREAM ~ \$5.50



**CINNAMON ROLLS AND COFFEE ~
7:00 AM TO 10:00 AM



BBQ ~ 11:00 AM UNTIL GONE ~ \$8.95



**PORK RIBS AND CHICKEN
POTATO SALAD
FRUIT SALAD
BAKED BEANS
SODA

