



FUN, FUN, FUN!

Cross-Country Ski Trip
February 15th, 2003

The adventure started the night before, when my step dad Scot asked if Linh, Adam, and I wanted to go on a cross-country ski trip the next morning. Being the pretty normal teenagers that we are, the first thing that Linh and I asked was how early we had to get up. The hour wasn't too bad, so we agreed with great enthusiasm.

The next morning, we met Ruby and Cecil Edwards at the park in Butte Falls. The turn out was just my family and a friend of Joyce Hailika's from California. We jumped in our rigs and headed over to the District Office where we were fitted for our boots and skis. We made the trek up to the Snow Park on Highway 140 with our anticipation growing with every mile driven. Once we got to our destination we all had to learn or remember how to put on the darn skis, and how to get up after we fell; which was inevitable. Then we were fit and ready to make our way up the trail. Linh was terribly frightened of slipping but she kept with it like she does all the new activities she experiences.

We split up into two groups: Ruby staying with Linh on the easier trails and Joyce's friend Ethan, Scot, Adam, and I going with Cecil to tackle the more difficult paths. We were all extremely surprised and delighted with Adam's knack for this new endeavor, being only seven, he seemed to take to the skills needed to cross-country ski. We came to a lovely meadow that was perfect for a lesson. Cecil taught us how to slow down safely, turn, and stop when skiing down hill. This seems easier than actually is; lets just say that I think the entire party, excluding our coach and Scot, spent most of our time on the ground rather than on our feet. I personally was much soggy after the lesson than I had been the entire day. After we had had our fill eating snow, we decided to be a bit adventurous and make our own way back to the trail we had come in on; if I remember correctly Ethan used the term bushwhacking. We found the road and coasted down hill all the way back to the trucks.

Ruby and Linh greeted us there with hot chocolate and cookies. No sooner had we returned, Adam scampered over to the truck to find his sled and engaged everyone in sledding down the nearby hills. It was the most fun that I'd

Another Ski Adventure

Where are all you kids who learned to cross country ski when you were in the 4th grade? Where are all the families who are looking for inexpensive (free) healthy activities? If your kids are just "hanging out" you need to join us on

Sunday March 21st....

We will be leaving the Butte Falls Park at 9:00 am sharp for the Fish Lake Area depending on the snow. "Family" means at least one adult who will provide transportation and be responsible for their group. All ages-all skill levels and lessons if needed! *** Please call to arrange fittings and check out skis. For more information call Ruby or Cecil at 865-3330.

had in a long time. Everyone took something away from it; Scot, Ethan, and I remembered old skills and improved new ones, Linh learned about a new pastime, and Adam discovered a hobby that he swears he will keep doing for the rest of his life.

The day was a success; all of us can't wait until we can take to the trails once more. We were left with the satisfaction of a day well spent, new friendships, revisited interests, and the thought of looking forward to the next day's soreness.

Submitted by Melody Carlisle

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