



**OPPORTUNITY NEWS**

Vol. 2 No. 11  
Friday, March 18, 1966

This newspaper is a publication of the  
**VALLEY MIGRANT LEAGUE**  
P. O. Box 128  
Woodburn, Oregon

Valley Migrant League phone 981-3171  
Newspaper phone 981-9711

Will P. Pape,  
Executive Director  
Gary Lansing,  
Assistant Director

\* \* \*

Don Wilcox, Editor

Rick Simon,  
Assistant Editor

Priscilla Carrasco, Editorial  
Assistant and Circulation Manager

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OPPORTUNITY NEWS is published weekly for free distribution to seasonal farm workers of this area, and to persons interested in the activities of the VALLEY MIGRANT LEAGUE.

"We must open the doors of opportunity. But we must also equip our people to walk through those doors."

Lyndon B. Johnson  
President  
United States

"Surely, it is not beyond our resources nor our ingenuity to include in our war against poverty these always 'excluded' Americans (the migrants)."

Sargent Shriver  
Director  
Office of Economic Opportunity

The VALLEY MIGRANT LEAGUE, sponsor of this newspaper, is a part of the President's War on Poverty and is funded by the Office of Economic Opportunity, Washington, D. C.

Many farm workers new to Oregon do not know about the Valley Migrant League and the opportunities in adult education, day care for children and summer schools. The staff workers of the different Opportunity Centers are in the fields and camps offering information and finding out what the farm laborers think and what assistance they need.

If you meet a family that follows the crops and they are new to Oregon, let them know about V.M.L. and the opportunities it offers.

**Delicious Avacado Sauce**

Mix together two ripe avacados with 2 teaspoons of lemon juice, one teaspoon of chopped onion and one finely chopped clove of

**Rincón de Andrea**

Algunos de los trabajadores de labor que son nuevos en Oregon no saben de los oportunidades de educación para adultos, cuidado para los niños (day care) y escuela de verano del Valley Migrant League. El personal de los diferentes Centros de Oportunidades de V.M.L. están en los campos ofreciendo información y también buscando los opiniones y necesidades de los trabajadores.

Si usted conoce alguna familia nueva que trabaja de labor, deles esta información sobre las actividades y oportunidades del V.M.L.

garlic. Add ¼ cup of tomato sauce (catsup) and salt and pepper to taste. This sauce is delicious as a dip for cooked cold shrimp, cold chicken, cold beef or as a sandwich spread.



Ann Chavez

**Salsa de Guacomole**

Mezcla junto dos aguacates duros con dos cucharaditas de limon, una cucharadita de bolla picada y un diente de picada o molido. Se pone ¼ taza de salsa de tomate (catsup) y pimienta al gusto. Este salsa deliciosa como un "dip" por carnes, pollo y rosbif fría o sandwiches.

**HOW TO MAKE TORTILLAS, ENCHILADAS AND TACOS**

(Continued from page 1)

what they were dying to taste! The luncheon was a huge success.

Mrs. Lofgren, the teacher, and

the whole class, as well as visitors, expressed their appreciation to Mrs. Torres and Mrs. Sa for donating their time and effort



**MAKING TORTILLAS** looks easy but takes practice. The Special Class pupils at Dayton enjoyed the demonstration, and they loved the results — a delicious luncheon. Now they are ready to try their luck in their own kitchens at home.



**Motor Vehicle Accident Fund**

THIS LAW MAY HELP YOU

By Al Klinge

The Motor Vehicle Accident Fund is administered by the State Compensation Department.

The Fund is maintained by the payment of \$1 biannually by each applicant for a driver's license or renewal.

There are only two such programs in the United States. The first to establish such a Fund was the State of Ohio. The State of Oregon passed their law in 1941 and it is similar to the law in effect in Ohio.

The reason this law was passed was that many people who were injured on the highways in our State of Oregon couldn't afford to pay their medical expenses. This was not only a hardship on the injured person who was trying to pay his debt but also on the hos-

pital and others who had rendered their services and were entitled to get paid. As a result this Motor Vehicle Accident Fund Law was passed.

Now when a hospital, for example, has sent a statement of expenses to patient it has treated as a result of an injury on our highways and the injured doesn't have money to pay for this expense, the bill can be taken care of by this Fund.

The hospital or one who has given the service will send a claim form to the injured and after this is completed, it is sent to the State Compensation Department. An investigation will take place and if it is found that the injured hasn't any money to pay, his bill will then be paid out of the Motor Vehicle Accident Fund.



Delores Rios

dent Fund.

However, one thing should be kept in mind. If it is found at a later date that the injured person is able to pay, the person then may have to pay back the money to the Accident Fund.

If you are injured on the highway of the State of Oregon and have no money to pay for your medical expenses you may find that this law may be of much help to both you and the one giving the medical aid.

**DELORES RIOS OF NYSSA ENLISTS IN JOB CORPS**

Our daughter Delores Rios enlisted in the Job Corps some time ago and is now waiting for her assignment from Washington, D.C.

We also have a son in the Army. His name is Panifilo Rios.

We had 18 children altogether and some have married and the rest are at home. I have 7 that go to school here in Nyssa. They were all born here in Nyssa except for the two older ones. We have lived in Nyssa for 25 years now.

If it isn't too much trouble would you put the picture of Delores in the paper? We read it and enjoy it very much and we hope you keep sending it.

A reader,  
Mrs. Mary Rios  
Nyssa, Oregon