



## OPPORTUNITY NEWS

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This newspaper is a publication of the  
VALLEY MIGRANT LEAGUE  
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OPPORTUNITY NEWS is published weekly for free distribution to seasonal farm workers of this area, and to persons interested in the activities of the VALLEY MIGRANT LEAGUE.

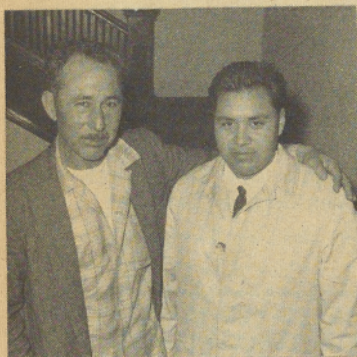
"We must open the doors of opportunity. But we must also equip our people to walk through those doors."

Lyndon B. Johnson  
President  
United States

"Surely, it is not beyond our resources nor our ingenuity to include in our war against poverty these always 'excluded' Americans (the migrants)."

Sargent Shriver  
Director  
Office of Economic Opportunity

The VALLEY MIGRANT LEAGUE, sponsor of this newspaper, is a part of the President's War on Poverty and is funded by the Office of Economic Opportunity, Washington, D. C.



On the 27th of December, Pio Mendoza said goodbye to his son. Jose Mendoza is in the Army and on his way to Viet Nam. Jose is 21, and has been in training for six months at Fort Knox, Kentucky. He is a Private Quartermaster Steward.

We congratulate the Mendoza family for their fine son. We wish Jose well in his tour of duty. —P.C.

El 27 de diciembre Pio Mendoza se despido de su hijo. Jose Mendoza esta en la armada y va para Viet Nam. Jose tiene 21 anos, y ha estado en entrenamiento durante 6 meses en Fort Knox, Kentucky. El es un "Private Quartermaster Steward."

Felicitamos a la familia Mendoza por su gran hijo. Deseamos a Jose buena suerte durante su servicio.

## Rincón de Andrea

Don't throw away your leftover tortillas. They can be used in some delicious dishes.

### Tortilla Casarole

Cut in strips 12 cold tortillas and brown them in oil. Mix with tortillas and cook one large mashed tomato and one finely chopped onion. Then add two cups of bean soup and one leaf of epazote. Salt and pepper to taste.

Cover and let simmer on a slow heat and serve with parmesian cheese.

### Chilaquiles con pollo

Cut 12 tortillas in squares and brown in oil. Cook and mash together 3 tomatoes and 4 green chili peppers. Then fry these apart from the tortillas. To this add one cup of cream. Then in a caserole use 1½ cups of diced cooked chicken in layers of tortillas and tomato chili

No desperdicie sus tortillas que hayan quedado en su mesa. El siguiente día podrá preparar algunos en sabrosos platillos.

### Sopa de tortilla

Se parte 12 tortillas frias en tiritas y se doran en aceite. Se agrega 1 jitomate grande molido can 1 cebolla y se sazona muy bien. Se añade 2 tazas de caldo de frijol y una rama de epazote, sal y pimienta.

Se tapa y se deja secar a fuego lento y se sirve con una media taza de queso añejo. Desmonado encima 1 chile pasilla dorado en aceite.

### Chilaquiles con pollo

Parte 12 tortillas en cuadritos y cream sauce.

Add salt to taste. Top with the browned tortilla squares and dot with butter. Bake for 20 minutes in a medium oven.



Ann Chávez

se doran en aceite. Se asan y se muelan 2 jitomates y 4 chilis verdes. Y se frie en un poco de aceite. Se pone con esta mescla 1 taza de crema y sal al gusto. En una caserola engrasada se van acomodando 1½ tazas de pollo cocido deshebrada en copas con las tortillas doradas y salsa. La última capa es de tortillas poniendo docitas de mantequilla y se mete al horno por 20 minutos al calor regular.

## Hillsboro New Year's Letter

**Note: A general letter from the Hillsboro Opportunity Center, dated New Year's Eve, 1965, contained so many items of interest that we wish we could publish the entire letter. Here are the final paragraphs:**

Truly, Washington County has enlisted in the War on Poverty!

We cannot be complacent, however, nor can we rest. What we have accomplished is only a faltering, timid beginning. There are still many frightened families in our midst. Thursday morning, for example, a weeping mother walked through the snow to call us: "Please wait a minute," she said when we answered the phone, "my

teeth are chattering so I can hardly talk." We waited. When she was able to speak, she reported a freezing house because they were out of stove wood. We have never been to Bethlehem but we wonder if the winters there are as severe as Washington County's.

Maybe by this time next year, no proud man or woman will have to beg for food or shelter from the cold.

Anxious to help is the Mexican club (still without a name). Emilio Hernandez, their president, tells us they plan to work with the Valley Volunteers to welcome newcomers and help them become established

and feel at home in Washington County.

Two growers have also offered to help because they like the idea of having pickers right here in the county. The wives and children of employed men will work in the fields just as they always have. But small growers, too, will now have a better chance because busses and trucks won't have to go all the way to Texas to bring back so many pickers.

We must all have much hope and faith; but, above all, we must WORK, work together during 1966.

Sincerely,  
Your co-workers at the  
Hillsboro Opportunity Center

### WELFARE QUESTIONS . . .

(Continued from page 1)

people over sixty-five who qualify for Old Age Assistance are not required to work even if they are physically capable of doing so. In other categories, decisions are worked out on an individual basis.

### What kind of education and job training can welfare recipients get?

Job training for welfare recipients can be either on-the-job training or formal schooling. On-the-job training plans can be established in public agencies. Welfare recipients can gain experience by working in the public agency for as many hours each month as it would take them to earn their public welfare grant at prevailing wage scales. Plans for formal schooling are worked out on an individual basis according to the needs and aptitudes of the recipient. Plans for training are approved after consideration of the merits of the plan by the County Welfare Department. Certain limits of time and costs are established as the program is not intended to finance college education.

### CHILD CARE CLASSES BEGIN SOON IN SALEM

Courses in child care will begin January 17 at the Salem Technical Vocational Community College. The courses are called "Understanding the Child and Providing Day Care."

The classes will meet one night a week for 2½ hours. Sam Granato, director of children's programs for

Dear Sir:

Would you please put us on your mailing list for your fine newspaper **Opportunity News** in Spanish? Fifteen copies would be truly appreciated and would aid us greatly as a supplement for our advanced Spanish classes.

Very truly yours,  
Fred E. Hoffstetter  
Spanish Instructor  
Riddle High School  
Riddle, Oregon

Dear Mr. Wilcox:

I am a VISTA Volunteer, working with seasonal agricultural workers in the Rio Grande area of New

the Valley Migrant League, says that these courses will be very helpful for people who plan to work in day care centers this summer. Persons who complete these classes will have a better chance for employment.

For more information, you may call Mr. Granato at the Valley Migrant League, Woodburn, phone number 981-3171.

Mexico. I have been teaching English to Spanish speaking adults and have been very impressed with your newspaper.

I think it would be of interest to my students and we would be delighted if you would send us a subscription for use in class. There are 19 students in my most advanced English class. We would all appreciate anything you could do for us.

Thank you very much.

Sincerely,  
Susan Walsh, VISTA  
Box 415  
Anthony, New Mexico