

# Safeway to Donate \$4,000

Safeway, Baker City, will be doing two check presentations this Friday, March 11, to the Baker City community.

The first check will be for \$2,000 to the "Friday Back Pack Program" out of Baker. Safeway Store Director, Amber Krantz, has worked closely with this program for years.

The second will be to Baker City High School, for \$2,000. The group specifically that it will be

donated to will be the ASB (Associated Student Body). The money will be used to buy a digital reader board for the high school. The principal and several students will be at the store for the presentation.

We will be serving cake and commencing the presentations at 11 a.m. The event will take place at Safeway and the public is invited to attend.

# Oregon Trail Electric Cooperative delivers \$137,952.57 rebate check to Boise Cascade

Friday morning there was a cause for celebration at the Boise Cascade plywood and stud mill in Elgin.

Representatives from Oregon Trail Electric Cooperative (OTEC), Bonneville Power Administration (BPA) and Energy Smart Industrial (ESI) were on hand to present Boise Cascade with an energy efficiency rebate check, in the amount of \$137,952.57 for a chip system replacement project.

"In July 2015, we met with Boise Cascade and OTEC to discuss this project," said Nosh Makujina, Energy Smart Industrial Partner. "We all agreed it was a good project. So, for about two months, we started data logging the existing equipment to establish our baseline energy measurement."

The chip system replacement project included replacing a 160 horsepower chip blower with a 60 horsepower chip blower.

"On the baseline equipment, the actual horsepower measured was 134 and an astounding 18 on the new equipment," said Makujina. "This resulted in a savings of 551,810 kilowatt hours (kWh) per year. Approximately an 87 percent reduction in energy use for that system, which is just outstanding. We are usually bragging about 10% savings on most projects - but, this one was 'off the charts' and a real cause for celebration."

"551,810 kilowatt hours (kWh) is enough to power 500 homes for a year," said OTEC's General Manager Werner Buehler.

"The existing 150 horsepower chip blower system ran continuously which is why it was such an energy hog," said Cody Cox, Northeast Oregon Regional Engineer, Boise Cascade.

"In early September 2015, we began taking the old blower system out, redirecting the system with a new conveyance and installing the new equipment. You can imagine the logistics of this. We had to do as much prep work as we could; excavating, digging out foundations, digging basements, installing foundations and structural steel - all while maintaining and running the existing system. It was impressive to see it all come together," said Cox. "Boise Cascade really appreciates partnering with BPA, and OTEC. It is a huge benefit and a financial asset to us and the larger Boise Cascade community."

"I actually worked for Boise Cascade for 34 years," said OTEC's Union County board member, Greg Howard. "I want to say there have been so many efficiency projects in the past that I have been involved with, when I worked for Boise Cascade, where we would not have been able to justify the project without these partnerships."

Howard added, "All of these projects incrementally helped Boise Cascade to keep the lights on out at this plant. It is huge and we really appreciate it. I'm now retired, but I am really lucky and fortunate. Because, now I am working as a board member with a great team on the OTEC side. It is great having all of these teams working with us."



"It is great having all of these teams working with us," said OTEC's Union County board member, Greg Howard as OTEC presented Boise Cascade with a \$137,952.57 energy-efficiency rebate check.

From left to right: Boyd Wilson (Energy Efficiency Representative, Bonneville Power Administration), Nosh Makujina (Energy Smart Industrial Partner), Troy Little (Northeast Oregon Regional Manager, Boise Cascade), Mike Smith (Electronic System Engineer, Boise Cascade), Cody Cox (Northeast Oregon Regional Engineer, Project Lead, Boise Cascade), Greg Howard (Board of Directors, OTEC), Chris Zier (Plywood Plant Manager, Boise Cascade), Nancy Van Sickle (Energy Program Representative, OTEC), Werner Buehler (General Manager, OTEC), Sandra Ghormley (Director of Member and Program Services, OTEC) and Brent Siegel (Stud Mill Manager)

Cody Cox (Northeast Oregon Regional Engineer, Project Lead, Boise Cascade) is all smiles as he holds the energy-efficiency rebate check presented to Boise Cascade from OTEC.



# Dr. Tingelstad to Join Baker Technical Institute Instructional Staff

BTI Health Service offerings to now include high demand medical training for remote environments

Baker Technical Institute, a leading provider of Career Technical Education programs, is excited to announce that Dr. Kaare Tingelstad will be joining the instructional staff at BTI. Dr. Tingelstad will instruct in the Health Services department at BTI, and focus on growing the course offerings centered around remote medicine.

"I'm thrilled to be able to be a part of the innovative approach to education and training that is at the heart of BTI. Our goal is to start offering classes as soon as next month, and begin the process of educating students on the application of medical principles to the wilderness environment," says Dr. Tingelstad.

As a physician, Dr. Tingelstad has worked closely with EMS agencies, wilderness guides and fellow medical professionals to educate and care for patients who have sustained injuries or illnesses in remote situations. He has taught courses around the United States and Africa to a variety of audiences ranging from Wilderness First Aid to Wilderness Advanced Life Support

Dr. Tingelstad holds bachelor degrees in Biology and Psychology, with a minor in Chemistry. He holds a doctorate from Kirksville College of Osteopathic Medicine and completed his residency at the Naval Hospital in Bremerton. "Throughout his 22 years as a physician, paramedic, ski patroller, search and rescue member and United States Naval Officer, Dr. Tingelstad has the unique background of not only being a trained medical professional, but he has literally lived the life that gave him hands-on experience in wild and hostile situations. This is what makes him such a respected and sought after trainer.

"We are excited about being able to add this specialized and high-demand training to our health services career pathway," says Doug Dalton, Baker Technical Institute.

BTI has also partnered with Wilderness Medical Associates International (WMA) to be able to offer the highest level of curriculum and certifications in this program. WMA is an organization made up of medical and rescue professionals, researchers and experienced educators who oversee the curriculum and certifications.

According to Dalton, "They are the recognized leaders in the world in this field and we feel very fortunate to be able to work so closely with them to help fuel our growth in this training."

BTI intends not only to offer courses from its campus in Baker City, but across the Northwest.

Baker Technical Institute is a leading provider of Career Technical Education programs designed to develop the next generation of skilled workers, technology innovators, entrepreneurs, and community leaders in rural communities. Baker Technical Institute offers the very latest education and training, leading to certification in high-salary, high-demand careers in various fields including Agriculture Sciences, Building Trades, Environmental Sciences, Engineering, Health Services, Welding and Metal Technology.

Baker Technical Institute faculty and staff are committed to ensuring that programs stay on the cutting-edge of business know-how and technological innovations.

# Sudoku Puzzle

	8		9					3
		1				2		
	3					5	9	
		5				1		4
6			9	5				
							2	
3				4				
			1		8			
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P L A Y F U L F O A M Y B T Y  
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| Active  | Done    | Laws    | Pull       |
| Acts    | Drum    | Lazy    | React      |
| Ages    | Earn    | Legs    | Ride       |
| Aunt    | Enters  | Lids    | Roar       |
| Bass    | Erases  | Lift    | Rural      |
| Boil    | Escaped | Lime    | Seen       |
| Bowed   | Finger  | Maiden  | Sell       |
| Bread   | Flags   | Mask    | Sort       |
| Cane    | Foam    | Melt    | Stem       |
| Carpets | Gases   | Nail    | Stew       |
| Chest   | Goal    | Navy    | Sweets     |
| Cloudy  | Granny  | Needs   | Tide       |
| Clump   | Grip    | News    | Tidy       |
| Comic   | Guard   | Only    | Ties       |
| Cords   | Hops    | Operas  | Under      |
| Dads    | Inch    | Park    | Votes      |
| Dates   | Israel  | Pass    | Wednesdays |
| Dear    | Keys    | Playful |            |
| Deny    | Lamp    | Prism   |            |

Sudoku puzzle sponsored by

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5	7	1	9	4	3	8	6	2
9	2	4	1	6	8	5	3	7
3	6	8	2	5	7	9	1	4
4	5	2	3	7	9	6	8	1
6	8	9	4	2	1	7	5	3
7	1	3	5	8	6	2	4	9
1	4	5	8	9	2	3	7	6
2	3	7	6	1	5	4	9	8
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- Across**
- Sharp and stimulating
  - Catchphrase
  - Paved airstrip
  - Afraid
  - Back
  - Foresight
  - The most flexible
  - Queen, maybe
  - Coin opening
  - Baggy
  - "Beetle Bailey" dog
  - "Absolutely!"
  - Switch material
  - Pipe material
  - \_\_\_ bear
  - Bust
  - Divine
  - Make sport of
  - Depth charge targets
  - Jazz player, for example
  - Rinse, as with a solvent
  - Kind of engineer
  - Bon \_\_\_ (witticism)
  - Easter flower
  - Aspect
  - Maker of holes
  - "The Three Faces of \_\_\_"
  - Good-fellowship
  - Vacillated
  - Speaker at a university
  - Earache
  - As a precaution
  - Units of force
  - Gawks
  - Butter up?
  - Diagonal face of chisel or gem
  - Relating to soil
  - Dried leaves of the foxglove
  - Supplied with energy
  - State of being completely forgotten
  - Random gambling game
  - Have second thoughts
  - Summer insects
  - Entered (2 wds.)
  - Brick-and-\_\_\_
  - Good-for-nothing
  - Not heres
  - North Dakota's largest city
  - Center of activity
  - Ax of stone
  - Mar, in a way
  - "Hee \_\_\_"
  - An abalone
- Down**
- Noisy
  - To move or stir
  - Emcees' lines
  - Candied
  - Go-\_\_\_
  - A downward fold
  - Pudding ingredient
  - All over again
  - "Silly" birds
  - Bringing up the rear
  - Bank offering, for short
  - Denial
  - Lacking teeth
  - Put away
  - Crush