

Building a digital defense against grant scams: by the FBI

Welcome to the Oregon FBI's Tech Tuesday segment. This week: building a digital defense against grant scams.

Everyone can use a little extra cash now and then... roof repair, leaky refrigerator or maybe a kid who picks the most expensive college option possible. They all add up, and if you are lucky, all at the same time.

Never fear though – if you are particularly unlucky you will find yourself in the sights of someone who wants to offer you a special government grant. You deserve it, after all. You work hard and pay taxes... you SHOULD get that grant from some official-sounding grant-giving agency, right?

Our friends at the Federal Trade Commission have a special warning for you, though: free money is almost never free. The scam artist may contact you directly, or you may see these grant offers online or in publications. Once you are talking, the fraudster will work to convince you that you do, indeed, qualify. He will ask for a checking account number to deposit your new-found funds or perhaps to collect some

small processing fee. He may even suggest that there is a money-back guarantee if you aren't satisfied.

- Here's how to protect yourself:
- Never give your bank account information to strangers unless you are convinced the agency is legitimate.
 - Don't pay a fee for what someone tells you is a free grant.
 - Check out the agency in question by doing research before giving out any info or money. www.grants.gov is a great place to start – it is a centralized portal to find and apply for federal grants.

If you have been victimized by this or any cyber fraud, be sure to report it to the FBI's Internet Crime Complaint Center at www.ic3.gov or call your local FBI office.

Tech Tuesday Tips: Grant Scams

- Never give bank account information to strangers
- Don't pay a fee for a "free" grant
- Research the agency offering the grant
- Report scams to www.ic3.gov



FBI – Portland Division

Southern Oregon Relay For Life 2019 Survivor Celebration

Calling all Josephine County cancer survivors!
Josephine County Relay for Life (sub-committee for the Southern Oregon Relay For Life) is hosting a Josephine County Survivors Celebration Saturday, Aug. 3, 2019 at the Friutdale Grange, 1440 Parkdale Drive, Grants Pass, 97527.

No cost for the Survivor and one accompanying Caregiver. Additional Caregivers/guests of the Survivor is \$2 each. Reservations are highly suggested and preferred.

Lunch and dessert will be served; bingo games with prizes; a craft, and gift from Home Depot. The celebration will begin at 11 a.m. and end at 1 p.m.

Wear your Survivor gear! All Survivors will have the opportunity to register at the celebration for the 2019 Southern Oregon Relay, to be held Aug. 24.

Reservations and further questions contact: Janet Holtman, 541-472-1334 dnjholtman.yl@gmail.com or Michelle Lehn, 541-660-1968.

This event is all about celebrating our Survivors! Come enjoy lunch, dessert, great fellowship and have fun with us!

If you are interested in starting a team of your own contact Debi Svaren, 541-326-7252. The more teams the merrier!

Today in History: by The Associated Press

Today is Wednesday, June 19, the 170th day of 2019. There are 195 days left in the year.

Today's Highlight in History:

On June 19, 1865, Union troops arrived in Galveston, Texas, with news that the Civil War was over, and that all remaining slaves in Texas were free — an event celebrated to this day as "Juneteenth."

On this date:

In 1775, George Washington was commissioned by the Continental Congress as commander in chief of the Continental Army.

In 1868, "Tales from the Vienna Woods," a waltz by Johann Strauss "the Younger," was first publicly performed by Strauss' orchestra.

In 1917, during World War I, King George V ordered the British royal family to dispense with German titles and surnames; the family took the name "Windsor."

In 1934, the Federal Communications Commission was created; it replaced the Federal Radio Commission.

In 1938, four dozen people were killed when a railroad bridge in Montana collapsed, sending a train known as the Olympian hurtling into Custer Creek.

In 1944, during World War II, the two-day Battle of the Philippine Sea began, resulting in a decisive victory for the Americans over the Japanese.

In 1952, the U.S. Army Special Forces, the elite unit of fighters known as the Green Berets, was established

at Fort Bragg, North Carolina. The celebrity-panel game show "I've Got A Secret" debuted on CBS-TV.

In 1953, Julius Rosenberg, 35, and his wife, Ethel, 37, convicted of conspiring to pass U.S. atomic secrets to the Soviet Union, were executed at Sing Sing Prison in Ossining, New York.

In 1964, the Civil Rights Act of 1964 was approved by the U.S. Senate, 73-27, after surviving a lengthy filibuster.

In 1987, the U.S. Supreme Court struck down a Louisiana law requiring any public school teaching the theory of evolution to teach creation science as well.

In 2006, Secretary of State Condoleezza Rice warned North Korea it would face consequences if it test-fired a missile thought to be powerful enough to reach the West Coast of the United States.

In 2017, Otto Warmbier a 22-year-old American college student died in a Cincinnati hospital following his release by North Korea in a coma after more than a year in captivity.

Ten years ago: New York Times reporter David S. Rohde and Afghan reporter Tahir Ludin escaped from militant captors after more than seven months in captivity in Afghanistan and Pakistan. Texas billionaire R. Allen Stanford was indicted and jailed on charges his international banking empire was really just a Ponzi scheme built on lies, bluster and bribery. (Stanford was sentenced to 110 years in prison after being convicted

of bilking investors in a \$7.2 billion scheme that involved the sale of fraudulent certificates of deposits.)

Five years ago: President Barack Obama announced he was dispatching 300 U.S. military advisers to Iraq to help quell a rising insurgency. Rep. Kevin McCarthy of California won election as House majority leader as Republicans shuffled their leadership in the wake of Rep. Eric Cantor's primary defeat in Virginia. Gerry Goffin, 75, a prolific and multi-dimensional lyricist who with his then-wife and songwriter partner Carole King wrote such hits as "Will You Love Me Tomorrow," "(You Make Me Feel Like) a Natural Woman," "Up On The Roof," and "The Loco-Motion," died in Los Angeles.

One year ago: The United States said it was pulling out of the United Nations' Human Rights Council, a day after the U.N. human rights chief denounced the Trump administration for separating migrant children from their parents; U.N. Ambassador Nikki Haley cited longstanding U.S. complaints that the council was biased against Israel. Koko, a western lowland gorilla who was taught sign language at an early age as a scientific test subject and eventually learned more than 1,000 words, died at the Gorilla Foundation's preserve in California's Santa Cruz mountains at the age of 46. New York mayor Bill de Blasio said as of Sept. 1, police would start issuing summonses to people caught smoking marijuana in public

rather than arresting them.

Today's Birthdays: Pop singer Tommy DeVito (The Four Seasons) is 91. Actress Gena Rowlands is 89. Hall of Fame race car driver Shirley Muldowney is 79. Singer Elaine "Spanky" McFarlane (Spanky and Our Gang) is 77. Nobel peace laureate Aung San Suu Kyi is 74. Author Sir Salman Rushdie is 72. Actress Phylicia Rashad is 71. Rock singer Ann Wilson (Heart) is 69. Musician Larry Dunn is 66. Actress Kathleen Turner is 65. Country singer Doug Stone is 63. Singer Mark DeBarge is 60. Singer-dancer-choreographer Paula Abdul is 57. Actor Andy Lauer is 56. Rock singer-musician Brian Vander Ark (Verve Pipe) is 55. Actor Samuel West is 53. Actress Mia Sara is 52. TV personality Lara Spencer is 50. Rock musician Brian

"Head" Welch is 49. Actor Jean Dujardin is 47. Actress Robin Tunney is 47. Actor Bumper Robinson is 45. Actress Poppy Montgomery is 44. Alt-country singer-musician Scott Avett (The Avett Brothers) is 43. Actor Ryan Hurst is 43. Actress Zoe Saldana is 41. Former NBA star Dirk Nowitzki is 41. Actor Neil Brown Jr. is 39. Actress Lauren Lee Smith is 39. Rapper Macklemore (Macklemore and Ryan Lewis) is 37. Actor Paul Dano is 35. New York Mets pitcher Jacob DeGrom is 31. Actor Giacomo Gianniotti is 30. Actor Chuku Modu (TV: "The Good Doctor") is 29. Actor Atticus Shaffer is 21.

Thought for Today: "Exuberance is better than taste." — Gustave Flaubert, French author (1821-1880).

ALL CUSTOM JEWELRY DESIGNS & REPAIRS DONE IN HOUSE!



TUES - FRI 9:30 AM - 5:30 PM
SAT 10 AM - 2 PM
SUN & MON CLOSED

23772 Redwood Highway
KERBY, OR
541-592-4838

ALL YOU CAN EAT BREAKFAST OR ORDER OFF THE MENU AT THE IV GRANGE



FIRST THREE SUNDAYS OF THE MONTH: 8 AM - 12 PM

3763 Holland Loop
541-659-3781 or 541-415-1819

2 WEEK SPECIAL



Special Features

Smart Chicken Organic Whole Birds
GMO Free Chicken. Great for BBQing.
\$3.09 lb. (Reg. \$3.89 lb.)

Organic Guayaki Yerba Mate Sparkling Drinks
Classic Gold & Blackberry Mint
\$1.89 ea. (Reg. \$2.59 ea.)

Organic Woodstock Sweet Relish & Jalapeño Relish
\$3.99 ea. (Reg. \$6.69)

HABA Essential Source yStress
Anxiety & stress relief. 30 capsules. 100% gluten free. Non GMO.
\$11.29 ea. (Reg. \$32.19)

Essential Source Triactive Biotics
100% Non GMO. Prebiotic & Probiotic. 14 strains, 6 billion live cultures. Method for CFU.
\$10.19 ea. (Reg. \$28.99)

In the Deli Buffalo Burger
Lettuce, tomato, pickle, onion, your choice of cheese and condiments. And a side salad or chips.
\$5.79 ea. (Reg. \$7.69 ea.)

Organic Bi-Color Corn
\$1.19 ea. (Reg. \$1.49 ea.)

2 Egg Sproutable with Toast
Your choice meat, cheese, vegetables & toast.
\$3.49 ea. (Reg. \$4.69)

Salad Case Tuna Salad
Yellow Fin tuna, veganaise, dill weed, dill relish, onion & celery.
\$4.69 ea. (Reg. \$5.59)

Sprouted Wheat Bagels
With asstd. meats and cream cheese.
\$2.99 ea. (Reg. \$3.99)

Grab-N-GO Cookies
Cocaron, Peanut Butter Chocolate Chip, Pumpkin Spice, & Peanut Butter.
\$1.89 ea. (Reg. \$2.49)

Meat

Niman Ranch Pulled Pork **\$7.09** pkg. (Reg. \$8.29 pkg.)
No antibiotics ever. Just heat and serve

Applegate Organic Sunday Bacon **\$6.89** pkg. (Reg. \$8.09 pkg.)
No nitrates or nitrites.

Beer & Wine

Edenvale Pear Cider **\$11.09** + dep. (Reg. \$13.99 + dep.)

Terminal Gravity IPA **\$7.89** + dep. (Reg. \$9.89 + dep.)
6 pk. bottles

Produce

Organic Cucumbers **\$1.59** lb. (Reg. \$1.99 lb.)

Organic Bunched Carrots **\$2.19** ea. (Reg. \$2.59 ea.)

Organic Honeydew Melon **89¢** lb. (Reg. \$1.09 lb.)

Organic Red Grapes **\$2.79** lb. (Reg. \$3.09 lb.)

Bulk

Organic Valley Cheese **\$5.29** ea. (Reg. \$6.19 ea.)
8 oz. Pepperjack, Cheddar, Jack style, Mozzarella, Mild Cheddar.

Harvest Stand Nacho Dip **\$6.49** ea. (Reg. \$7.39 ea.)
9 oz. Dairy free, vegan.

President Valbreso Feta Sheeppmilk **\$4.69** ea. (Reg. \$5.59 ea.)
7 oz.