

Building a digital defense against child cyber predators : by the FBI

Welcome to the Oregon FBI’s Tech Tuesday segment. This week: building a digital defense against cyber predators and privacy violators targeting your kids.

Last week, we talked about the FBI’s Safe Online Surfing program designed for kids in grades three through eight. The program teaches them good online etiquette, how to stay safe on social media and more.

This week, we turn to the parents. We – as parents – know we are supposed to watch over our children’s virtual lives, but the vigilance required and the rapidly changing nature of technology can make that seem like an impossible task.

Your best bet is to work WITH your child. Talk about the potential dangers kids face these days, the

hard decisions they may have to make when faced with difficult choices online and your family’s expectations as to appropriate behavior.

To that end, we are going to offer you some easy starter tasks to get you going:

- Together, check your child’s phone and computer to identify which apps they have loaded and what programs they are using. Work with the child to set the privacy settings on each of these platforms, games, and chat programs to the highest, most restrictive level. Because these privacy settings seem to change frequently, it is a good idea to do an online search to receive specific instructions on how best to manage these settings for any particular app. Your goal is to restrict

who can see your child’s profile and how much private info that person can see. You also want to limit an outsider’s ability to be notified when your child is online.

- Talk about what a safe profile includes. Instead of uploading a profile photo of your child, suggest they use a picture of their favorite pet or game character. Never post a full name – partial names or initials are a better bet. Don’t give out dates of birth, school info or details about sports teams, hobbies and the like.
- For new users, create a safe screen name. Avoid using your real name, if you can ... as well as anything that identifies your age, gender or geographic location. Obviously off limits: anything that is sexually provocative (or could be seen that way by others).

- Make sure you know who your child’s virtual friends are, and how often they are communicating. Are they talking by text? Video chat? Through gaming sites? Teach them to deny friend requests from people who are not face-to-face friends as well.
- Teach your kids that what they post online is forever. It can be very easy to share hurtful comments and personal pictures with your BFF or new boyfriend... but actions taken out of temporary teenage angst can have lifelong impacts. Colleges and employers are diligently digging up old posts to find out what kind of person you are. In many cases they can find posts you thought you deleted. Do you really want them to see that hateful thing you said or did in middle school? And, that

embarrassing photo you thought you were only sending to one person? The whole school saw it in a matter of minutes.

- Finally, teach your kids to trust their instincts. If they have a sense that something is not quite right, they feel threatened or they see something that is inappropriate – they need to know that they can come talk to you. Work with your school, local police or the social media provider to report concerns. Most will have procedures in place for you to report abusive or inappropriate behavior.

As always, if you have been victimized by a cyber fraud, be sure to report it to the FBI’s Internet Crime Complaint Center at www.ic3.gov or call your local FBI office.

Today in History : by The Associated Press

Today is Wednesday, Oct. 10, the 283rd day of 2018. There are 82 days left in the year.

Today’s Highlight in History:

On Oct. 10, 1973, Vice President Spiro T. Agnew, accused of accepting bribes, pleaded no contest to one count of federal income tax evasion, and resigned his office.

On this date:

In 1845, the U.S. Naval Academy was established in Annapolis, Maryland.

In 1911, Chinese revolutionaries launched an uprising which led to the collapse of the Qing (or Manchu) Dynasty and the establishment of the Republic of China.

In 1913, the Panama Canal was effectively completed as President Woodrow Wilson sent a signal from the White House by telegraph, setting off explosives that destroyed a section of the Gamboa dike.

In 1938, Nazi Germany completed its annexation of Czechoslovakia’s Sudetenland (soo-DAYT’-uhn-land).

In 1943, Chiang Kai-shek took the oath of office as president of China.

In 1957, President Dwight D. Eisenhower apologized to the finance minister of Ghana, Komla Agbeli Gbedemah, after the official was refused seating in a Howard Johnson’s restaurant near Dover, Delaware.

In 1964, the 18th Summer Olympic Games opened in Tokyo.

In 1967, the Outer Space Treaty, prohibiting the placing of weapons of mass destruction on the moon or elsewhere in space, entered into force.

In 1978, President Jimmy Carter signed a bill authorizing the Susan B. Anthony dollar.

In 1985, U.S. fighter jets forced an Egyptian plane carrying the hijackers of the Italian cruise ship Achille Lauro (ah-KEE’-leh LOW’-roh) to land in Italy, where the gunmen were taken into custody. Actor-director Orson Welles died in Los Angeles at age 70; actor Yul Brynner died in New York at age 65.

In 1997, the International Campaign to Ban Landmines and its coordinator, Jody Williams, were named winners of the Nobel Peace Prize.

In 2001, U.S. jets pounded the Afghan capital of Kabul. President George W. Bush unveiled a list of 22 most-wanted terrorists, including Osama bin Laden. U.S. Rep. Nancy Pelosi of California won the race for the post of House Democratic leader.

Ten years ago: Treasury Secretary Henry Paulson announced the government had decided to go forward with a plan to buy a part ownership in a broad array of American banks in response to the financial meltdown. Connecticut’s Supreme Court ruled that gay couples had the right to marry, making the state the third behind Massachusetts and

California to legalize such unions. An Alaska legislative committee released a report saying Gov. Sarah Palin had violated state ethics laws and abused her power by trying to have her former brother-in-law fired as a state trooper.

Five years ago: Gunmen from one of Libya’s many militias stormed a hotel where Prime Minister Ali Zidan had a residence and held him for several hours. Kwame Kilpatrick, a former Democratic mayor of Detroit, was sent to federal prison to serve a 28-year sentence for widespread corruption that occurred under his watch. Scott Carpenter, 88, the second American to orbit the Earth and one of the last surviving Mercury 7 astronauts, died in Denver.

One year ago: The U.S. soccer team failed to qualify for the World Cup, eliminated with a 2-1 loss to Trinidad and Tobago; it ended a run of seven straight U.S. appearances at soccer’s showcase event. A flood of new allegations poured in against movie executive Harvey Weinstein, including testimonies from Gwyneth Paltrow and Angelina Jolie. Reacting to reports that Secretary of State Rex Tillerson had called him a “moron” after a classified briefing, President Donald Trump challenged Tillerson to “compare IQ tests;” the White House insisted Trump was only joking.

Today’s Birthdays: Former Illinois Sen.

Adlai Stevenson III is 88. Actor Peter Coyote is 77. Entertainer Ben Vereen is 72. Singer John Prine is 72. Actor Charles Dance is 72. Rock singer-musician Cyril Neville (The Neville Brothers) is 70. Actress Jessica Harper is 69. Author Nora Roberts (aka “J.D. Robb”) is 68. Singer-musician Midge Ure is 65. Rock singer David Lee Roth is 64. Actor J. Eddie Peck is 60. Country singer Tanya Tucker is 60. Actress Julia Sweeney is 59. Actor Bradley Whitford is 59. Musician Martin Kemp is 57. Actress Jodi Benson is 57. Rock musician Jim Glennie (James) is 55. Actress Rebecca Pidgeon is 53. Rock musician Mike Malinin (mah-LIHN’-ihn) (Goo Goo Dolls) is 51. Pro Football Hall of Famer Brett Favre is 49. Actor Manu Bennett is 49. Actress Joelle Carter is 49. Actress Wendi McLendon-Covey is 49. Actor/TV host Mario Lopez is 45. Retired race car driver Dale Earnhardt Jr. is 44. Actress Jodi Lyn O’Keefe is 40. Singer Mya is 39. Actor Dan Stevens is 36. Singer Cherie is 34. Actress Rose McIver is 30. Actress Aimee Teegarden is 29.

Thought for Today: “The opposite of a fact is falsehood, but the opposite of one profound truth may very well be another profound truth.” — Niels Bohr, Danish physicist (1885-1962).

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Cereals**
\$2.79 ea. Reg. \$5.09

Asstd. C2O
**Coconut
Water**
\$1.79 ea. Reg. \$2.49

Asstd. KOYO
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Noodles**
\$1.79 ea. Reg. \$2.89

Deli

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Sourdough bread, roasted turkey,
lettuce, tomato, your choice of
condiments. With side salad.
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Roast turkey, cranberry sauce, cream
cheese and spinach on asstd. wraps.
Reg. \$4.99
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Salad Case
Organic
Woodstock Cranberry Sauce
\$1.99 lb. Reg. \$2.99

Breakfast Menu
Breakfast Muffin
English muffin, one egg & your
choice of meat and cheese. Reg. \$2.69
\$2.09 ea.

Meat

Niman Ranch
Applewood Bacon **\$6.09** pkg.
No nitrates or nitrites. Reg. \$7.19 pkg.

Beeler's Lil Bites **\$5.29** pkg.
Uncured smoked sausage. Reg. \$5.79 pkg.

Frozen

Nona I'm Tomato Soup **99¢** ea.
Reg. \$6.39 ea.

Bare Bones Bone Broth..... **\$7.69** ea.
Reg. \$10.29 ea.

Produce

Organic
Red Bartlett Pears **89¢** lb.
Reg. \$1.09 lb.

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