



Illinois Valley Wellness Resources

Food & Friends Menu

FRIDAY – AUG 17

MEATLOAF W/
CREOLE SAUCE

MONDAY – AUG 20

SLICED ROASTED
TURKEY W/ GRAVY

WEDNESDAY- AUG 22

MACARONI & CHEESE

Call 541-955-8839
to volunteer or if you
need meals.

SENIOR SPOTLIGHT

SPONSORED BY I.V. Wellness Resources 541-592-9781

Raising Grandchildren

When parents are absent or unable to raise their children, grandparents are often the ones who step in. Raising a second generation brings many rewards, but it also comes with many challenges. No matter how much you love your grandkids, taking them into your home requires major adjustments. Also known as “kinship care,” a growing number of grandparents are taking on the parenting role and foregoing the traditional grandparent/grandchild relationship. Recent statistics indicate that 2.4 million grandparents in the U.S. are raising 4.5 million children. Raising your grandchildren often means giving up your leisure time and many other aspects of your independence. Instead you take on the responsibility of picking up after others, schedules, meals, homework, and play dates. While challenging, you’ll

also experience a greater connection to your grandchild’s world. You may also find yourself rolling back the years, rejuvenated by the constant company of much younger people. There is a myriad of reasons why kinship care might be needed, including substance abuse, child abuse or neglect, incarceration, mental and physical illness, abandonment, divorce or death. Some circumstances may make it necessary to seek legal help to clarify your rights and ensure you can provide for grandchildren. Without some kind of written consent from the parent, you may have difficulty getting them medical care or enrolling them in school. Custody means you are responsible for supporting and providing care for the child. A parent can relinquish custody or the court can formally order it. Guardianship means you have a duty to care for a child if the courts take him

away from the parents. Adoption means you have all the rights and responsibilities of a biological parent. The birth parents no longer have any rights. Following up on a request from some of the grandparents out there.

I.V. Wellness Resources is sponsoring an eight-week program starting in September with tips and potential resources to make kinship care easier on everyone. Watch for more information coming soon.

CHAIR FITNESS

FREE at Healthy U, Tues/Thurs from 1 - 1:45 p.m. 535 E. River St., Cave Junction Call 541-592-4888 or visit www.healthyucenter.org.

Sponsored by

I.V. Wellness Resources

If you are a senior or disabled resident of the Illinois Valley and need help finding resources to keep you healthy and happy in your home

Caregivers – Handyman

Yard work – Firewood

Housekeepers –

Please call

I. V. Wellness Resources



Illinois Valley Wellness Resources

541-592-9781

DISASTER REGISTRY

If you need special help in an emergency please register online at www.rvcog.org or call Senior & Disability Services at 541-664-6674 for more information.

2-1-1

Call 211info for help with health & social services. Just Dial 211, visit 211info.org, search 211info App or text zip to 898211.

REPORT FRAUD AND SCAMS

AARP Foundation
1-800-222-4444 option 2
Email: giving@aarp.org
Read Tips for Recognizing Senior Scams at www.aarp.org.

ALZHEIMER’S SUPPORT GROUP

Last Thursday of the month
2-3:30 PM at Allcare Building, 1701 NE 7th St. Grants Pass. Call Kim 541-772-2230 for more info or email thekafiah@gmail.com

Lil Green Taxi Club

541-415-0535
Daytime, \$1 mile
Licensed & insured
Background check completed. Check Facebook@lilgreentaxi

Seventh-day Adventist

At Jacob’s Well

On His way to Galilee Jesus and His friends passed through Samaria. It was noon when they came to the beautiful Vale of Shechem. Jesus sat down by Jacob’s well to rest while His disciples went into town to buy food. At this time the Jews and Samaritans were bitter enemies. However custom said it was okay to buy food from them when passing by.

While Jesus waited for them to return, his thirst got even greater as He thought of the refreshing water that was inaccessible to Him. He had no jar or rope to obtain a drink of water. While Jesus waited a woman of Samaria approached. She seemed unaware of His presence. She filled her pitcher with water and was turning to leave when Jesus asked her for a drink. Thirsty as He was He was more interested in the woman’s salvation than in

getting a drink of water so He asked her for a favor. The woman saw He was a Jew and in her surprise that He talked to her she forgot to grant His request. The woman said, “How is it that you, being a Jew, would ask a drink from me, a woman of Samaria?”

Jesus answered, “If you knew the gift of God and who it is that says give Me a drink,” you would have asked Me and I would have given you living water,” The woman didn’t understand Jesus’ words but she felt their solemn importance. Her interest in this stranger increased and she said, “Sir, you have nothing to draw the water with so where are you going to get this living water? Are you greater than our father Jacob who drank of this well and gave it to us?”

Jesus’ reply was straight to the point. “Whoever drinks of the water that I shall give shall never get thirsty again. But the water I

shall give him will be a well of water springing up into everlasting life.” As Jesus spoke the woman looked at Him with wondering attention. “Sir, give me this water so I won’t have to come here to draw any more.” Jesus replied, “Go and call your husband and come here.” She replied, “I have no husband.” Jesus surprised her when He said, “You told the truth when you said you don’t have a husband because you have had five husbands and he who you have now is not your husband.” The listener trembled. A mysterious hand was turning the pages of her life history and bringing into view that which she had hoped to keep hidden. With deep reverence she said, “Sir I perceive that

you are a prophet.” After further conversation she hurried into town bringing back the town’s people to hear Jesus for themselves.

Friend, did you know Jesus cares for you just as He did for the woman at the well? He wants to give you the living water found in His word. Drink deeply and know the satisfaction and fulfillment that only Jesus can give.

Community Bible Church

Burning Fields

“Therefore, since we are receiving a kingdom which cannot be shaken, let us have grace, by which we may serve God acceptable with reverence and godly fear. For our God is a consuming fire.” Romans 5:3-5

When the harvest came to an end on my uncle’s farm, it was time to burn fields. I always looked forward to that end of the season job. The grain and grass harvesting would leave a lot of straw on the ground. While much of this was baled and used for winter feed or bedding, some always remained in the fields, not to mention the left over stubble on the ground. To help cut down on disease and insects and to remove what was left on the ground, the local farmers would get together and burn off the residue. I was lighting a field that had a gully up the middle of it, and as the fire climbed up that gully it resulted in a tremendous whirlwind of fire. It was frightening and marvelous at the same time.

I think of that event when I read about God being likened to fire in the Bible. When the field-burning fire had finished moving over the ground, everything was laid bare and in the open. I believe that’s a good picture of God’s judgment of mankind. Nothing will be left hidden or concealed.

We will have to answer to God for every word and deed. Fortunately, *Hebrews 8:25* says the following, “Therefore He (Jesus) is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them.” We are saved from the penalty of our sin. Have you come to God through Jesus? See you Sunday.

In Christ,
Pastor Dave

Ministry at CBC

Morning Worship 10:30 a.m.
Praise and Prayer 6 p.m.

Community Christian Academy
Preschool – 12th grade
Register now for classes.
School starts Sept. 5

Free Senior Exercise Class
Monday, Wednesday, & Friday
9-10 a.m.
Dining Room

Noah Miller (left) and Tim Norman of I.V. Fire Dept. enjoy a breakfast of biscuits and gravy, pancakes and much more courtesy of the I.V. Senior Center members for firefighters, Saturday Aug. 11.

Prayer for Natural Disasters

On the appearance of fearful of natural events
call ye to mind the might and majesty of your Lord,
He Who heareth and seeth all, and say,
“Dominion is God’s, the Lord of the seen and the
unseen, the Lord of creation.”
~ Baha’u’llah

Places of Worship

BRIDGEVIEW
COMMUNITY CHURCH
5181 Holland Loop Rd., CJ
541-592-3923
“Come Join the Worship!”
Sunday Worship 10:30 a.m.
Pastor Sonny Moore
www.bridgeviewcc.org

7th DAY ADVENTIST
265 S. Old Stage Rd., CJ
Sabbath School - 10:15 a.m.
Saturday Worship 9 a.m.
Bible Study 11:15
Pastor Charles Byrd
Church (541) 592-3218
Madrone Adventist School
541-592-3330

IMMANUEL UNITED
METHODIST CHURCH
200 Watkins St., CJ
Phone 541-592-3876
Pastor Charles Chaste
Sunday School - 9:15 a.m.
Sunday Worship - 9:15 a.m.
Child-care for small children

Illinois Valley Praise Center
28569 Redwood Hwy. CJ
Non-denominational
Bible-believing Church
Sunday school - 9:30 a.m.
Sunday Service 10:30 a.m.
Thursday Seekers 7 p.m.
Youth group Thursday - 7 p.m.
www.ipvpraisecenter.com

COMMUNITY BIBLE CHURCH
Pastor Dave Gordon
113 S. Caves Ave., CJ
Office: 541-592-3896
Email: cbccca@gmail.com
Sunday Worship - 10:30 a.m.
Christian Academy
Pre-K to 12th grade
Awana - Wednesdays - 6 p.m.

ST. PATRICK OF THE FOREST
CATHOLIC CHURCH
407 W. River St., CJ
541-592-3658
Fr. William Holtzinger, Pastor
Mass - Sunday 11 a.m..
Sacrament of Reconciliation
Sunday - 10:30 a.m.
Holy Days TBA

TAKILMA BIBLE CHURCH
10343 Takilma Road, Takilma
Pastor Dan Robinson
Bible Study / Prayer Time
9:30 a.m.
Morning Worship 11 a.m
Wednesday Bible Study
7 p.m

First Baptist Church of Selma
18285 Redwood Hwy., Selma
541-597-4169
Pastor Monty Pope
Sunday School - 9:45 a.m.
Worship - 11 a.m.

GOOD SHEPHERD
LUTHERAN CHURCH
East River Street
& Lewis Court, CJ
Annemarie Richardson
Lay Pastor.
Sunday School - 9:15 a.m.
Sunday Worship - 10 a.m.
Church Phone: 541-592-2290
www.goodshepherdlutheraniv.net

VALLEY EVANGELICAL
FREE CHURCH
498 Laurel Road, CJ
P.O. Box 1248
Pastor Marvin Porter
Sunday School - 9:45 a.m.
Worship Service - 11 a.m.
evfree@frontiernet.net
541-592-6160

FOUNTAIN OF LIFE
ASSEMBLY OF GOD
451 S. Junction Ave., CJ
541-592-3956
Pastor Mark McLean
Morning Worship
10:30 a.m.
Wednesday - 7 p.m.
Adult Bible Study

ST. MATTHIAS EPISCOPAL CHURCH
25904 Redwood Hwy., CJ
541-592-2006
Rev. Bryant Bechtold
Sunday Worship
Service 10:30 a.m.

THE CHURCH OF JESUS
CHRIST OF LATTER-DAY
SAINTS
209 S. Junction Ave., CJ
Sacrament Meet - 10 a.m.
Sunday School - 11:20 a.m.
Priesthood, Relief Soc. -
12:10 p.m.
Bishop
Larry Hammersmith
541-592-3919

Illinois Valley Baptist Church
541-592-6149
329 Caves Hwy.
Pastor Brent Smith
Sunday School 9:30 a.m
(for all ages)
Sunday Worship 10:30 AM
Wednesday Bible Study, 7 PM
Come be with us!

Wonder Bible Chapel
11911 Redwood Hwy.
Wonder, Ore.
Sunday worship 10 a.m.
Non-denominational Bible
believing Church
Sunday School Nursery
Youth group meets
Sunday 6:30 p.m.

Grandparents: GROW YOUR PARENTING SKILLS

Free Classes

Gain skills for ALL ages of children

Study Topics Include:
Positive Grandparenting
Ages and Stages of Development
Self-care and Life Balance
Family Communication
Developing Family Rules & Routines
Helping Children Manage Behavior
Resources for Guardianship
... and more

Register Online at
www.surveymonkey.com/r/GSDL5L2

Class Schedule

Wednesdays
10am-12pm
Sept 5 - Oct 24
IV Family Resource Center
"River Room"
535 E. River Street

Contact Information

Kitty Waud, 541-592-4278
kwaud@frontier.com