

Sports

Cougars hosted league championships

Donnell Suggs
IVN Contributing Writer

The Illinois Valley High School (IVHS) track and field program hosted their third track meet this season Friday and Saturday. The 3A District 6 Southern Cascade League championships follow the Hidden Valley-Illinois Valley dual meet in March and more recently the May 4 Illinois Valley Twilight meet. League teams Cascade Christian, Lakeview, Rogue River and St. Mary's joined the Cougars at the league championships.

At the finals Saturday the IVHS athletes finished in the top

five of three events, respectively. The new and improved Cougars pole vault team took home third place after senior Kai Montoya vaulted 9-00.00. Teammates Caleb Merrill and Ryland Thornhill finished eighth and ninth, respectively, with bests of 8-00.00 and 7-00.00. The attempt was a personal best for Merrill.

Lady Cougar Aarika Brooks qualified for the 100 meter finals after a 13.24 preliminary. Despite not medaling in the 100 meters, Brooks had enough in the tank to finish second in the javelin with a throw of 110-00.

Cougars Spencer Wiles and Ian Binker finished in 10th and 13th in the shot put while Annabella Eisner

set a personal record in the 1500 meters with a 7.40.93 and senior Amy Burns finished fifth in the 110 meter hurdles.

Lakeview High School won the boys title with 126 points while St. Mary's won the girls championship with 125 points. The Cougars finished fifth (six points) and the Lady Cougars finished fourth (13 points).

Illinois Valley and head coach Scott Thornhill came to the final regional meet of the season with six seniors: girls, Amy and Cynthia Burns; and boys, Montoya, Dean Haern, Michael Danley and Nathan Klais.



(Photo by Laura Mancuso, Illinois Valley News)

Lady Cougar Aarika Brooks (right) takes the lead during a heat of the 100 meter dash at the varsity tournament May 4 at IVHS.

High times for Out 'n' About Treesort

Christie Fairchild
IVN Contributing Writer

Like a branch reaching for the summer sun, it's time to get high ... up in the treetops that is. Out 'n' About Tree Resort (Treesort) is gearing up for another "high season" beginning Memorial Day and lasting until Labor Day, when their treehouses are fully booked and ziplines are zippin'.

This year they hired five new zipline guides, all female, making 10 guides in total. "It wasn't on purpose, just worked out that way," explained zipline supervisor Adam Roncalio-Meyer. "When it was mostly male guides, they were always competing. The energy is totally different with female guides. They are already a cohesive team, they go out together, and they have their own group talks."

In-house training for the guides lasts for one week and then they receive certification training with Synergo, a professional vendor member with The Association for Challenge Course Technology. From there they lead 2,000-4,000 zipline tours per season. In a video interview on the Out 'n' About YouTube channel, "Treehouse Dreamers," a zipline guide describes the work experience as, "The only job I've ever had where my cheeks hurt from smiling so much."

The course choices are the Mountain View Zipway, which is six lines, the Canopy Tour, which consists of four faster, longer and higher

lines and the Tarzan Swing, the most popular feature, where adventurous souls freefall 50 feet into an adrenaline-packed swing.

After the rush, you can wind down in the small village of charming and unique treehouses, designed and built by Michael Garnier. You can view the delicate carvings and stained-glass accent amongst the sturdy wooden design and long bridges that connect platforms in the trees, which are the makings for a much sought-after experience.

"Treehouses are the thing right now," said Alex Hensley, manager of Out 'n' About Treesort. Being Michael Garnier's step-daughter, she grew up watching recent global interest in treehouses rise. Garnier built the first treehouse on-site, the Peacock Perch, in 1990. He began the World Treehouse Conference in 1998 with Peter Nelson, testing various tree fasteners, trading ideas, and ultimately producing the Garnier Limb, which mimics the connection of a limb to a tree.

The next World Treehouse Conference will be held Oct. 5, 6 and 7, where attendees will explore topics such as "sophisticated hardware testing and data, excursions aloft in big trees, and the tiny house movement and its favorable cross into treehousing." More information and pricing can be found on their website: treehouses.com.

The growth of Out 'n' About has spanned decades, paving the way for new laws regarding unique structures, specifically treehouses.

Garnier has been "haggling with the county" since 1997, bringing awareness to this issue.

Guests come from all over the world to have this one-of-a-kind experience. Hensley says her favorite part of running the treesort is "just how thrilled people are to be here." Tens of thousands of people have enjoyed Out 'n'

About's adventures over the years, giving the family business a major boost of support. With so much support, one is bound to reach for the sky.

Phone ahead of time for zipline times at 541-592-2208.



(Courtesy photo for the Illinois Valley News)

A couple zipline enthusiasts hanging out at Out 'n' About Treesort.

Grand Opening!
The HOLE IN "1" CAFE
 is now open 7 am to 4 pm
 with delicious home-cooked
 breakfast and
 lunch items!
 Please find us at the
 Illinois Valley Golf Club
 25320 Redwood Highway
 Cave Junction
 541-592-3525
Open to Public

Bring this ad with you and
 receive a free
 cold fountain drink
 and a bag of hot fresh popcorn!

Available now:
Ethanol Free Supreme

Now open until at least 8:30 pm daily!
Oil changes and tires sales 7 days a week!

Oregon Caves Chevron
 541-592-3080

Family owned and operated for over 31 years!

WILD BILL'S
OREGON OUTLET
 Glass Pipes & Smokin' Supplies
THIS MONTH'S FEATURE

New Summer Hours:
 Mon - Sat
 10 am to 8 pm
 Sun 12 to 5 pm

WE HAVE CBD OILS!

Locally blown glass, incense, papers, candles, butane, vaporizers, pipes, jewelry, T shirts, grinders clothes and much more!

20% OFF SALE ON SELECTED BONGS

202 N Redwood Hwy Cave Junction OR 97523
 541-761-9084
 facebook.com/Wild-Bills-Oregon-Outlet-LLC

The SPOT

HUMP DAY KARAOKE
 w/ Jammer & Birdy
 8-midnight

OPEN MIC w/ B
 Thursdays @ 7

UR MOM

Friday, May 18
 @ 5:30

from
Taylor's Country Store

Wild River
 HANDCRAFTED FOOD & ALE

GUPPY
 Saturday the 19th @ 6 PM

Every Wednesday
Open MIC Night
 6 - 9 p.m.

J Barley
 Friday nights @ 6

Fridays Karaoke w/ Mark @ 9

Saturday Pool Tourny
 8 p.m.

Sunday Funday free pool

Sportsman Tavern

CHERYL'S BAR & GRILL

9-Ball Tournament
Tuesdays @ 7

18097 Redwood Hwy
 Selma

Eat

@
McGrew's

Call
 541-596-2202
 for dinner reservations
 and live music venue