

Medical care and pre-existing conditions: by Dr. Glenn Mollette

Ask your Congressman to not penalize Americans who have pre-existing medical conditions. The idea floating around now in Congress that insurance companies will be able to charge higher amounts to Americans who are sick is a bad idea. This is an idea from the medical insurance lobbyists who continue to buy Congress. They hand out millions of dollars in money to the campaign coffers of our politicians. The Congress people are supposed to be representing you and your district but they often get bought when they arrive on capital hill.

Millions of Americans will be hurt. Across the country people are battling cancer, diabetes, heart conditions and more. They are already stretched to the maximum financially. They cannot afford to be gouged with a premium they cannot afford even now. A higher rate simply means they can't afford health insurance.

I haven't supported Obamacare but I did support his idea of medical insurance for all

people with pre-existing conditions.

Everybody in some way has a pre-existing condition it just hasn't showed up on the radar yet. Everyone will cost their insurance company a lot of money if they live long enough.

Congress must give people with pre-existing conditions the option to buy into Medicare. Most people are willing to try to pay for medical insurance but coming up with \$2,500 a month is tough for a family to do. Families with sickness will try to scrap up every dime they can to pay for insurance but there is a limit to what any one human being can do.

Giving sick people a chance to pay a reasonable premium into Medicare will afford them a fighting chance against their sickness. So many medical insurance plans today limit their members to certain hospitals, towns and states. Sick people must have the freedom to seek help across state lines. No one wants to be locked into using the local county seat hospital that is ten years behind the times.

Congress must make medical insurance more affordable by allowing companies to sell across state lines. We have to establish a plan to partner with Canadian pharmacies. Americans need a list of approved Canadian pharmacies that we can trade with online with of course approved doctor prescriptions that is all legitimate and approved by America and Canada.

The insurance companies obviously only want to enroll people who are healthy. They want to get many, many years of large premiums out of people hoping they never file a large medical claim. Of course, nobody wants to get sick and file a claim.

However, since insurance companies do not want to enroll people who are already sick we shouldn't put this pressure on sick people to try to be in places where they are not really wanted. Thus, let them pay for Medicare and pursue getting well.

Americans are filing bankruptcy everyday because of gigantic medical bills that have

engulfed their lives. They don't need the added stress of battling with a big corporate insurance company that doesn't want them and penalizes them with huge premiums.

Glenn Mollette is a syndicated columnist and author of 12 books. He is read in all 50 states. You can read his new book "Uncommon Sense" You can contact him at GMollette@aol.com and learn more at www.glennmollette.com. Like his facebook page at www.facebook.com/glennmollette.



ROGUE VALLEY

COUNCIL OF GOVERNMENTS

Food & Friends Menu

FRIDAY – SEPT 29

BBQ PORK SANDWICH

MONDAY – OCT 2

CHICKEN A LA KING

WEDNESDAY- OCT 4

MEATLOAF W/ CREOLE SAUCE

Call 541-955-8839 to volunteer or if you need meals.

SENIOR SPOTLIGHT

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Prevent the flu!

Influenza It's that time of year again. Leaves are turning, there's a chill in the air, coughing and sniffing and the flu bugs are on the rise. Time to get your flu shot!

Influenza is a contagious respiratory illness caused by different strains of influenza viruses. The flu can cause mild to severe illness that can result in hospitalization and sometimes, death. Symptoms may include cough, sore throat, runny or stuffy nose, muscle and body aches, headache, and fatigue. Other symptoms include fever, chills, vomiting and diarrhea. Influenza spreads when an infected person coughs, sneezes or talks and expels droplets that land in the mouth or noses of others or on surfaces that are touched by others. The virus can be spread 1 day before symptoms appear and up to 7 days after becoming sick, and potentially longer. Complications can include pneumonia, ear and sinus infections, dehydration and worsening of chronic medical conditions. Each year researchers attempt to determine the strains of the influenza virus that will be most common that season. They then translate that data into the vaccines, including two influenza A vaccines and one or two influenza B vaccines that will provide the best protection for the season. If you have had a previous reaction to any of the components of the vaccine (including gelatin), are allergic to eggs or have a history of Guillain Barre syndrome, you shouldn't receive the vaccine. A person cannot get the flu from the vaccine because the viruses have been inactivated and are not contagious. You may however, experience side effects, including soreness at the injection site, muscle pain, general discomfort or weakness, and fever. In most situations, Medicare will cover the 100% of this expense. So please contact your physician or pharmacy to schedule your flu shot. You can contact I.V. Wellness Resources at 541-592-9781 or email ivwellnessresources@gmail.com and please like our Facebook page at [Facebook.com/ivwellnessresources](https://www.facebook.com/ivwellnessresources).

SENIOR BULLETIN

CHAIR FITNESS

Classes FREE at Healthy U, TUESDAYS & THURSDAYS from 1 - 1:45 p.m. 535 E. River St., Cave Junction Call 541-592-4888 or visit www.healthyucenter.org.

WELLNESS CHECKS

If you know a senior that you are worried about and feel they need a wellness check. Please call Laura at I.V. Wellness Resources at 541-592-9781.

VET TRANSPORTION

If you are a veteran and need free rides to your VA appointment contact the The I.V. Eagle by calling De at 541-944-3741.

2-1-1

Call 211info for help with health & social services. Just Dial 211, visit 211info.org, search 211info App or text zip to 898211.

Illinois Valley Wellness Resources

RESOURCES

If you are a senior or disabled resident of the Illinois Valley and need help finding resources to keep you healthy and happy in your home

Caregivers – Handyman

Yard work – Firewood

Housekeepers – Please call

I. V. Wellness Resources

541-592-9781

Community Bible Church

By Grace

Galatians 2:20-21 (NKJV) 20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. 21 I do not set aside the grace of God; for if righteousness comes through the law, then Christ died in vain.”

The book of Galatians is a book with a strong warning about trying to be made right with God by doing good works. The Bible says, “8 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, 9 not of works...” *Ephesians 2:8-9a*.

My wife and I had this verse illustrated to us about a year ago. We had traveled to another area to minister to a church without a pastor and to help out by speaking there on a Sunday. We spent the night in a motel there and went out to have dinner. We chose a restaurant close to the motel and went in to eat. We had just ordered when our server came over to tell us that one of the other customers had decided to pay for dinner for everyone who was currently there. I was surprised and

blessed to be the recipient of the man's gift of a meal that I had thought I would have to pay for myself. That's grace – God's unmerited (free) gift! I didn't know the man; I had done nothing to earn his payment of my debt; yet by faith I thankfully received his gift of payment for my debt on the meal.

No one will get to heaven by their own efforts – only God could pay the debt we incurred through sin. Let's look at the verse in Ephesians one more time. “For by grace (God's unmerited favor) you have been saved by faith (our belief in God's payment of our debt) and that not of yourselves, it is the gift (it's free) of God, not of works, let anyone should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.” We serve the Lord with good works – not to be saved – but to show our love for the One who saved us.

May the Lord work in your heart that you may receive His gift of salvation. See you Sunday.

In Christ,
Pastor Dave

Ministry at CBC

Sunday

Morning Worship at 10:30 a.m.

Praise and Prayer at 6 p.m.

Wednesday

A.W.A.N.A. 6:15-8 p.m.

age 4 to grade 6

Community Christian Academy

Preschool – 12th grade

Senior Exercise Class

Monday, Wednesday, & Friday

9-10 a.m. in Dining Room

Places of Worship

BRIDGEVIEW COMMUNITY CHURCH

5181 Holland Loop Rd., CJ

541-592-3923

“Come Join the Worship!”

Sunday Worship 10:30 a.m.

Pastor Sonny Moore

www.bridgeviewcc.org

7th DAY ADVENTIST

265 S. Old Stage Rd., CJ

Sabbath School - 9:30 a.m.

Saturday Worship 11 a.m.

Pastor Christian Martin

Church (541) 592-3218

Madrone Adventist School

541-592-3330

IMMANUEL UNITED METHODIST CHURCH

200 Watkins St., CJ

Phone 541-592-3876

Pastor Charles Chase

Sunday School - 9:15 a.m.

Sunday Worship - 9:15 a.m.

Child-care for small children

Illinois Valley Praise Center

28569 Redwood Hwy. CJ

Non-denominational Bible-believing Church

Sunday school - 9:30 a.m.

Sunday Service 10:30 a.m.

Thursday Seekers 7 p.m.

Youth group Tuesday - 7 p.m.

www.ivpraisecenter.com

COMMUNITY BIBLE CHURCH

Pastor Dave Gordon

113 S. Caves Ave., CJ

Office: 541-592-3896

Email: cbccca@gmail.com

Sunday Worship - 10:30 a.m.

Christian Academy

Pre-K to 12th grade

Awana - Wednesdays - 6 p.m.

ST. PATRICK OF THE FOREST CATHOLIC CHURCH

407 W. River St., CJ

541-592-3658

Fr. William Holtzinger, Pastor

Mass - Sunday 11 a.m..

Sacrament of Reconciliation

Sunday - 10:30 a.m.

Holy Days TBA

TAKILMA BIBLE CHURCH

10343 Takilma Road, Takilma

Pastor Dan Robinson

Bible Study / Prayer Time

9:30 a.m.

Morning Worship 11 a.m

Wednesday Bible Study

7 p.m

First Baptist Church of Selma

18285 Redwood Hwy., Selma

541-597-4169

Pastor Monty Pope

Sunday School - 9:45 a.m.

Worship - 11 a.m.

GOOD SHEPHERD LUTHERAN CHURCH

East River Street

& Lewis Court, CJ

Annemarie Richardson

Lay Pastor.

Sunday School - 9:15 a.m.

Sunday Worship - 10 a.m.

Church Phone: 541-592-2290

www.goodshepherdlutheraniv.net

VALLEY EVANGELICAL FREE CHURCH

498 Laurel Road, CJ

P.O. Box 1248

Pastor Marvin Porter

Sunday School - 9:45 a.m.

Worship Service - 11 a.m.

evfree@frontiernet.net

541-592-6160

FOUNTAIN OF LIFE ASSEMBLY OF GOD

451 S. Junction Ave., CJ

541-592-3956

Pastor Mark McLean

Morning Worship

9:30 & 11 a.m.

Wednesday - 7 p.m.

Adult Bible Study

ST. MATTHIAS EPISCOPAL CHURCH

25904 Redwood Hwy., CJ

541-592-2006

Rev. Bryant Bechtold

Sunday Worship

Service 10:30 a.m.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

209 S. Junction Ave., CJ

Sacrament Meet - 10 a.m.

Sunday School - 11:20 a.m.

Priesthood, Relief Soc. - 12:10 p.m.

Bishop

Larry Hammersmith

541-592-3919

Illinois Valley Baptist Church

541-592-6149

102 S. Redwood Hwy.

(in the County Building)

Sunday Worship 10:30 AM

Wednesday Bible Study, Prayer

& Youth Program 7:00 PM

Ladies Bible Study

Call for info

Wonder Bible Chapel

11911 Redwood Hwy.

Wonder, Ore.

Sunday worship 10 a.m.

Non-denominational Bible believing Church

Sunday School Nursery

Youth group meets

Sunday 6:30 p.m.

Pursuit of Truth Profound

In *Genesis 3 verses 1 to 4*, the serpent is held in low esteem. In later passages the serpent is held in high esteem. *Numbers 28 verse 8*. It is not the end of praise, *John 3 verse 14* we are to raise Christ to the same lofty position, as Moses did the serpent. This is a good start that the Biblical writers had considerable penchant for starting a story, and not finishing it in the same portion of the writing. The verses in *Genesis 3, 1 to 4*, make it appear that the serpent is the sire of Cain. Go to *1 John 3 verse 12*, and the passage informs us that Satan is the father of the one who slew his brother. *Genesis 4 verse one*, Adam knew his wife, and there was no evidence to show or reveal to Adam that he had been cuckold. The artist French on the church doors showed the first family on picnic, the brothers are shown as twins. Reading the Bible for the neophyte is a strange volume, and requires considerable outside knowledge for understanding. The neophyte will need to investigate pages thirty two and thirty three in Tracy Semeler's book, "All about Eve", for some understanding on how Eve was already pregnant when she first "knew" her husband the first verse of chapter four. The word "knew" in the Bible often portrays copulation.

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