

ROGUE VALLEY



Food & Friends Menu

FRIDAY - AUG 25

ORANGE GLAZED CHICKEN

MONDAY - AUG 28

SMOKEHOUSE CHOP

WEDNESDAY - AUG 30

CHICKEN CHOP SUEY W/ RICE

Call 541-955-8839 to volunteer or if you need meals.

SENIOR SPOTLIGHT

SPONSORED BY I.V. Wellness Resources

NEW SENIOR PROGRAM IN THE VALLEY

Caring Callers

Illinois Valley Wellness Resources is currently offering a Caring Callers program to seniors and disabled residents.

If you, or someone you know is feeling isolated and lonely in their home and could use a friendly caller to do wellness checks and develop a friendship over the phone than please sign up for this important new program.

According to an article in *Psychology Today*, loneliness sets in motion a variety of "slowly unfolding pathophysiological processes." The net result is that the lonely experience higher levels of cumulative wear and tear on the body.

Caring Callers volunteers are pre-screened with an application, background check and references along with an interview process.

The caller can set-up phone calls for a daily or weekly schedule depending on what the

resident's needs are and callers are matched with residents based on a personality questionnaire.

Also, all callers in the program sign a confidentiality agreement to ensure all information shared remains private.

Please call Laura Mancuso to get signed up for the Caring Callers program at 541-592-9781 or email laurasunshine1969@yahoo.com.

You can contact I.V. Wellness Resources at www.ivwellnessresources@gmail.com or 541-592-9781 and please like our Facebook Page @ facebook.com/ivwellnessresources.

VOLUNTEER OPPORTUNITIES

**Senior Companions
**Caring Callers

Please call I.V. Wellness Resources, program coordinator Laura Mancuso for more information at 541-592-9781.

SENIOR BULLETIN

WELLNESS CHECKS

If you know a senior that you are worried about and feel they need a wellness check. Please call Laura at I.V. Wellness Resources at 541-592-9781.

DISASTER REGISTRY

If you need special help in an emergency please register online at www.rvcog.org or call Senior & Disability Services at 541-664-6674 for more information.

ADRC

Looking for services? Call the Aging and Disabled Resource Connections at 1-855-673-2372 or visit www.ADRCOregon.org.

FREE ADS

If you are a senior and want to place a FREE AD for a living or health care need call Laura Mancuso 541-592-2541 or email laura@illinois-valley-news.com.



RESOURCES

If you are a senior or disabled resident of the Illinois Valley and need help finding resources to keep you healthy and happy in your home

Caregivers - Handyman
Yard work - Firewood
Housekeepers -
Please call

I. V. Wellness Resources



541-592-9781

How to avoid another Charlottesville: by Dr. Glenn Mollette

Does anybody in America truly want to repeat another horrific Charlottesville?

I hope the answer is no but it seems there are different groups lusting for more of Charlottesville. Three people were killed and many others injured in a display of civil warfare reminiscent of what I used to watch on the evening news back in the sixties.

Are there hate groups in America? The answer is yes. Is there racism in America? The answer is yes. Is the solution to hate and racism violence? No. Hurting one another, cursing each other, violating each other and trying to kill each other comes from the basest and most depraved human beings.

Where is the commonsense of what happened in Charlottesville, Virginia? There was no commonsense.

How do we avoid another Charlottesville?

Freedom of speech does not mean freedom of violence. Every group that protests in any community in the United States should first gain a permit from the local county or city government for a day and length of time with an exact location to hold the march or protest. The protest must be civil. There is no need for guns at a march or at rally to speak.

Freedom of speech does not mean freedom to start shooting off guns.

Next, the group should be required to put up a deposit of cash. It takes money to clean up a town after hundreds or thousands of people have dropped their cigarette butts and pop cans everywhere. Part of the cash deposit should be refundable if the group marches orderly and leaves the community orderly.

Tell all the local people that the protesters are coming and to leave town or find something else to do. In other words ignore them. The best way to kill anything is indifference. Indifference has been killing churches and marriages for many years now.

Forbid another group to protest at the same time. Civil freedom of speech should mean I get a turn and then you get a turn. However national cable television news and Presidential debates have proven that there is little civility and manners in our nation anymore. People start talking and then opponents begin yelling trying to drown them out. Any group that has a permit to march and speak about their cause should have a chance to say what they want to say. When they are finished the opposing group should pay their fee to

march and have their say about the issue.

Yelling at each other and throwing things and driving cars into crowds gains nothing but death, more hatred and more violence.

A date and time set by the city and county gives local and state police the opportunity to organize in such a way to save lives. An event such as Charlottesville requires hundreds of state police people and maybe even the National Guard. Yes, this is tragic.

When a group marched in Pikeville, Kentucky last April 29 no one was killed. Lots of words were hurled by the opposing groups but the community and the police kept the order. The groups came, the police made convincing barricades and lives were spared. The Pikeville commissioners notably disallowed either of the groups to wear hoods or masks in their protesting. This is another good move that all city and county governments need to enforce in the future.

When groups interrupt and act violently toward those speaking they should be hauled off to jail until somebody pays their fine to get them out.

I was in the St. Louis airport the other day and there is a Freedom of Speech stand in

the airport. People can stand at that location and give a speech. Nobody was giving one while I was there. Every community should protect freedom of speech. No one speaking and conducting him or herself in a civil manner should have to fear being assaulted or run over by a car. Those speaking should never be threatening to anyone physically nor should listeners be allowed to threaten the speaker. Where or how does violence resolve any issue? Unless of course people want another Civil War where hundreds of thousands of people were killed in order to get the point across. Is this what we want in America? Surely we do not want to go backwards to such a brutal and archaic time in our history?

Violence will only provoke more violence and more hatred. We are a multicultural society. All colors and backgrounds live in America. The solution to our success is to quit biting and fighting each other and work together. Or, have we become just too barbaric?

Glenn Mollette is a syndicated columnist and author of 12 books. He is read in all 50 states. Read his new book, "Uncommon Sense." Contact him at GMollette@aol.com. Like his facebook page at www.facebook.com.

Community Bible Church

Eclipse

Joel 2:30-31 (NKJV)

30 "And I will show wonders in the heavens and in the earth: blood and fire and pillars of smoke. 31 The sun shall be turned into darkness, and the moon into blood, before the coming of the great and awesome day of the LORD.

People are always looking for signs in the heavens and while not necessarily altogether wrong, I believe it is overplayed. People take verses like the verse we started with today and try to read current celestial events into it. The timing of this verse is made clear: "the great and awesome day of the Lord." This past week I received a call from someone who wondered if this week's eclipse would have cataclysmic events associated with it. My thought was - why should this one have any more impact than the many total eclipses that have occurred over history?

Over the years I have heard of people panicking because of the planets aligning or arranging themselves in certain

patterns. It seems to me that we look for things to get excited or upset about - like the 2012 end of the Mayan calendar, or Y2K, or any number of other events that cross our paths.

Are we subject to major destructive events? Certainly there are things that could and do happen on a regular basis around the world: floods, earthquakes, fires, tornados, hurricanes, volcanoes, tsunamis, and who knows what else! This eclipse has brought out many bizarre theories - many of which you can read about on the internet.

Does the Bible address eclipses? The only reference I found that sounded like one was in *Amos 8:9*, "And it shall come to pass in that day," says the Lord GOD, "That I will make the sun go down at noon, And I will darken the earth in broad daylight;"

I believe we should be careful about getting too caught up in the things that create panic. Yes, there is much going on in this world of ours that could disturb us, but there is peace found

in a right relationship with the Lord. See you Sunday.

In Christ,
Pastor Dave

Ministry at CBC
Morning Worship 10:30 a.m.
Evening Praise and Prayer 6 p.m.

Community Christian Academy
Preschool - 12th grade
Applications available: 541-592-3896

Senior Exercise Class
Monday, Wednesday, & Friday
9-10 a.m. in Dining Room

Places of Worship

BRIDGEVIEW COMMUNITY CHURCH
5181 Holland Loop Rd., CJ
541-592-3923
"Come Join the Worship!"
Sunday Worship 10:30 a.m.
Pastor Sonny Moore
www.bridgeviewcc.org

7th DAY ADVENTIST
265 S. Old Stage Rd., CJ
Sabbath School - 9:30 a.m.
Saturday Worship 11 a.m.
Pastor Christian Martin
Church (541) 592-3218
Madrone Adventist School
541-592-3330

IMMANUEL UNITED METHODIST CHURCH
200 Watkins St., CJ
Phone 541-592-3876
Pastor Charles Chase
Sunday School - 9:15 a.m.
Sunday Worship - 9:15 a.m.
Child-care for small children

Illinois Valley Praise Center
28569 Redwood Hwy. CJ
Non-denominational Bible-believing Church
Sunday school - 9:30 a.m.
Sunday Service 10:30 a.m.
Thursday Seekers 7 p.m.
Youth group Thursday - 7 p.m.
www.ivpraisecenter.com

COMMUNITY BIBLE CHURCH
Pastor Dave Gordon
113 S. Caves Ave., CJ
Office: 541-592-3896
Email: cbccca@gmail.com
Sunday Worship - 10:30 a.m.
Christian Academy
Pre-K to 12th grade
Awana - Wednesdays - 6 p.m.

ST. PATRICK OF THE FOREST CATHOLIC CHURCH
407 W. River St., CJ
541-592-3658
Fr. William Holtzinger, Pastor
Mass - Sunday 11 a.m..
Sacrament of Reconciliation
Sunday - 10:30 a.m.
Holy Days TBA

TAKILMA BIBLE CHURCH
10343 Takilma Road, Takilma
Pastor Charles Robinson
Bible Study / Prayer Time
9:30 a.m.
Morning Worship 11 a.m.
Wednesday Bible Study
7 p.m.

First Baptist Church of Selma
18285 Redwood Hwy., Selma
541-597-4169
Pastor Monty Pope
Sunday School - 9:45 a.m.
Worship - 11 a.m.

GOOD SHEPHERD LUTHERAN CHURCH
East River Street
& Lewis Court, CJ
Annemarie Richardson
Lay Pastor.
Sunday School - 9:15 a.m.
Sunday Worship - 10 a.m.
Church Phone: 541-592-2290
www.goodshepherdlutheraniv.net

VALLEY EVANGELICAL FREE CHURCH
498 Laurel Road, CJ
P.O. Box 1248
Pastor Marvin Porter
Sunday School - 9:45 a.m.
Worship Service - 11 a.m.
evfree@frontiernet.net
541-592-6160

FOUNTAIN OF LIFE ASSEMBLY OF GOD
451 S. Junction Ave., CJ
541-592-3956
Pastor Mark McLean
Morning Worship
9:30 & 11 a.m.
Wednesday - 7 p.m.
Adult Bible Study

ST. MATTHIAS EPISCOPAL CHURCH
25904 Redwood Hwy., CJ
541-592-2006
Rev. Bryant Bechtold
Sunday Worship
Service 10:30 a.m.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
209 S. Junction Ave., CJ
Sacrament Meet - 10 a.m.
Sunday School - 11:20 a.m.
Priesthood, Relief Soc. - 12:10 p.m.
Bishop
Larry Hammersmith
541-592-3919

Illinois Valley Baptist Church
541-592-6149
102 S. Redwood Hwy.
(in the County Building)
Sunday Worship 10:30 AM
Wednesday Bible Study, Prayer
& Youth Program 7:00 PM
Ladies Bible Study
Call for info

Wonder Bible Chapel
11911 Redwood Hwy.
Wonder, Ore.
Sunday worship 10 a.m.
Non-denominational Bible believing Church
Sunday School Nursery
Youth group meets
Sunday 6:30 p.m.



BINGO FOR ALL AGES WEDNESDAYS
EARLY BIRD 6 - 6:30PM
17 GAMES 6:30 - 9:30PM
HAMBURGERS FOR SALE
520 E. RIVER STREET, CJ
IV SENIOR CENTER
OPEN TO THE PUBLIC

Senior Breakfast
1st Saturday of every month
8 am to 11 am
ALL YOU CAN EAT!
Open to the public
IV Senior Center
520 E River St Cave Junction

Starting or Growing a Business in Illinois Valley?
Need money?
Micro Business Loan Funding Always Available!
*Start-up, existing, home-based or other business enterprises
*\$200 minimum to \$25,000 maximum
*Apply at the IVCO office - 201 Caves Hwy.
*Questions? Phone 541-592-4440