

## Americans need help fast: by Dr. Glenn Mollette

The new medical insurance premium for my wife and I will be just a few dollars shy of \$2,000 per month for 2017. This amounts to a total of \$24,000 for the year. Should either of us have a serious illness or medical procedure then our out of pocket expense will be \$11,000. Therefore we could potentially be out \$35,000 in medical expenses in one year. I hope we aren't but the potential is always there. Of course, that would be better than a \$100,000 medical expense or being shoved into bankruptcy because of medical bills. It is easy in today's world to rack up several hundred thousand dollars in medical expenses.

President Trump appears to be moving fast on his promises. I hope he acts fast on affordable health care because it's killing me.

I continue to hear from people who have achieved Social Security disability status. They were declared disabled by a doctor and were eventually legally approved. This not only means a nice monthly check from Social Security but it means medical care provided by the American taxpayers. Sadly, there are lots of reports of people who have obtained crooked attorneys with connections to crooked doctors who know a crooked Judge who help them get approved for disabled Social Security. I'm for anybody that is truly disabled to have this help from the American taxpayers. It's bad for America when people lie and fake an illness to get a disability check. Unfortunately when

the government is writing checks multitudes line up to get their share whether they deserve it or not.

If I live a few more years I can apply for a full Social Security check and I will have Medicare. We will only have to pay for my wife's medical insurance for a little while and thus life will go on. The point is that most of us are feeling the pain of health insurance costs. Mr. President we need help fast.

Hospitals and doctors have been gouging the government and insurance companies for a long time. For years the government and insurance companies have paid it but things are changing some. Insurance companies are no longer paying for everything or paying the full price they are being charged. One doctor recently told me that he has to bill the insurance company about three times more than he would normally charge a patient to just receive close to the amount he needs for a procedure.

While our new government leadership is supposedly working on a plan to fix medical care they need to fix the rising cost of a college education. Too many college graduates are racking up \$60,000 to over \$100,000 in debt with horrendous interest rates being charged by some lending institutions. Colleges know they have a gravy train. Thousands of students across the country who meet the conditions can receive \$5,815 in government money paid directly to their college of choice. Colleges then tack on thousands of dollars more that families or the students

often have to borrow. Colleges in turn build bigger buildings and incur more debt that in turn requires more and more tuition from struggling students and families.

Many federally funded colleges pay big salaries. One college President in Kentucky made about \$400,000 a year at a tiny private Christian college. That's not that huge as some Presidents today are making close to a million dollars a year. What is interesting is that his Board of Trustees promised him this same salary package upon his retirement for the rest of his life plus medical insurance, an apartment, a car and even his cell phone. Where does this money come from? The money comes from federal grants that the taxpayers pay and from struggling students who rack up big debts so that a retired college President can receive almost \$400,000 a year and additional perks for the rest of his life. Sadly, a lot of academic institutions are crumbling across this country. There are numerous cases of campuses closing and being sold to bigger institutions or closing altogether.

Average Americans can't handle what we are being handed in medical and college costs. We need help fast.

Glenn Mollette is a syndicated columnist and author of 11 books. He is read in all 50 states. Visit [www.glenmollette.com](http://www.glenmollette.com) or contact him at [GMollette@aol.com](mailto:GMollette@aol.com). You can like his Facebook page at [www.facebook.com/glenmollette](http://www.facebook.com/glenmollette).

# Church News

## Good Shepherd Lutheran Church

### God helps those who ask for help

When we hear the first four words of the Sermon on the Mount it seems like Jesus must have made some kind of mistake: "Blessed are the poor in spirit..." (*Matthew 5:3*). Now a person who is poor in spirit doesn't seem like a good role model. Being 'poor in spirit' doesn't seem like something we should aspire to. Here on Earth we think a happy person is someone who's self-sufficient, self-reliant, and acts like they have it all together. Poor in spirit just doesn't fit the bill.

In Jesus' day there was a lot of reli-

gious pressure to look like you had it all figured out; to seem "wealthy in spirit." But Jesus says blessed are the poor in spirit. So, what is he talking about?

When you are 'Poor in Spirit' it means you've reached a point where you realize you're broke: spiritually, physically or both. You can't pay the bills, you can't dig yourself out of the hole, you can't take care of yourself. You're desperately in need of help. Blessed are you when you realize the truth about your situation. Blessed are you when you finally see the truth.

Being poor in spirit means that you

have finally declared spiritual bankruptcy. Being poor in spirit means you've finally reach the point where you're ready to ask for help.

We don't like to ask for help. Too often we're embarrassed to admit what a mess we've made of things. We want to be self-reliant; we want to help ourselves. That's what we think we're supposed to do. That's what we celebrate.

There are no awards for being "poor in spirit"; no one puts that on their resume or rushes to post about it on Facebook. 'The Message' paraphrases *Matthew 5:3* saying:

"You're blessed when you're at the end of your rope. With less of you there is more of God and his rule."

If you try a "Do it Yourself" approach, instead of being blessed you'll find that you're tired and frustrated. When we're pretty sure we can't do it on our own, we try anyway. That's the way we're made.

We've all heard the phrase, "God helps those who help themselves." But the problem is, that's not anywhere in the Bible. Instead, what we do find is this: God helps those who ask for help. All we have to do is admit we need it.

## Community Bible Church

### Over the falls in a barrel or something else

*Luke 18:8* (NKJV) "Nevertheless, when the Son of Man comes, will He really find faith on the earth?"

Niagara Falls actually encompasses three waterfalls on the Niagara River and is the dividing line between the United States and Canada. While I saw some different figures as to the height of the falls, I'm going with 167 feet high. The three falls are Horseshoe Falls, the American Falls and Bridal Veil Falls. The three falls have the highest volume of water go over them of any waterfall in the world – more than 4 million cubic feet of water go over those falls (on average) every minute. Niagara Falls is famed as a tourist attraction and especially in the past as a honeymoon destination. In 1848, during the month of March, an ice blockage stopped the flow of the falls for 40 hours. Can you imagine what it was like when the ice dam broke up?

Niagara Falls is also famous for something else: people going over the falls (on purpose) in barrels, other devices, and in at least one case all by themselves with nothing protecting them. The first one recorded to go over the falls in a barrel was Annie

Taylor Oct. 24, 1901, (maybe April 1 would have been a better date) and she survived with relatively minor injuries. There have been others, and I suppose they all had faith in the devices designed to protect them or faith in their own abilities. Some did not survive. I guess they placed their faith in an unworthy device.

In our verse above, Jesus asks if He will find faith on the earth when He returns. I'm sure He will find people who will have faith in all sorts of people and things – but will He find people who are living, watching, and waiting in faith for Him? To me it's a sad and somewhat frightening question – because it makes me examine my own faith – just what do I trust in? It might be a good thing for us all to examine what we trust in – is what we're trusting in a worthy object of our faith? Something to think about!

God bless you as you seek Him. Hope to see you Sunday.

In Christ,  
Pastor Dave

## Seventh-day Adventist Church

**Depression** – the very word brings a feeling of doom and gloom, and well it should. This mental illness affects one in four women, and one in eight men directly, and many more family and friends. For years the treatment for this condition has been to manage symptoms. However, the way to combat any illness is to uncover and change the cause.

That is exactly what Dr. Nedley has done in his research and teaching. After

thorough study, he has identified 10 "hit" categories that may lead to depression if a person experiences three or more "hits" at the same time. But he goes beyond defining the problem. Eight of the ten hits are under personal control as lifestyle issues that can be dealt with by personal choices.

In his medical practice and local venues, Dr. Nedley began "curing" depression with lifestyle therapy rather than medication. As calls for help from a distance started

coming, it quickly became evident that he could not physically be everywhere that people needed help. This led to the writing of his book "Depression the Way Out," and the development of the Nedley Depression and Anxiety Recovery Program that has helped thousands of hurting people across America.

Not only does this program help those dealing with Depression and Anxiety but it serves as a tool for those wishing to achieve

peak mental performance and a healthier lifestyle. Also it is very beneficial for the spouse of a depressed participant to attend with them so they can both understand the reasons for the lifestyle changes.

Check out our ad in this paper and make plans to register early and plan to join the class beginning March 6. Be watching for the informative ad on Better Life TV channel 30.1 and take heart, you are not alone. There is a way out of depression!

# Places of Worship

**BRIDGEVIEW COMMUNITY CHURCH**  
5181 Holland Loop Rd., CJ  
541-592-3923

"Come Join the Worship!"  
Sunday Worship 10:30 a.m.  
Pastor Sonny Moore  
[www.bridgeviewcc.org](http://www.bridgeviewcc.org)

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**7th DAY ADVENTIST**  
265 S. Old Stage Rd., CJ  
Sabbath School - 9:30 a.m.  
Saturday Worship 11 a.m.  
Pastor Christian Martin  
Church (541) 592-3218  
Madrone Adventist School  
541-592-3330

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**IMMANUEL UNITED METHODIST CHURCH**  
200 Watkins St., CJ  
Phone 541-592-3876  
Pastor Charles Chase  
Sunday School - 9:15 a.m.  
Sunday Worship - 9:15 a.m.  
Child-care for small children

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**Illinois Valley Praise Center**  
28569 Redwood Hwy. CJ  
Non-denominational  
Bible-believing Church  
Sunday school - 9:30 a.m.  
Sunday Service 10:30 a.m.  
Thursday Seekers 7 p.m.  
Youth group Thursday - 7 p.m.  
[www.ivpraisecenter.com](http://www.ivpraisecenter.com)

**COMMUNITY BIBLE CHURCH**  
Pastor Dave Gordon  
113 S. Caves Ave., CJ  
Office: 541-592-3896  
Email: [cbccca@gmail.com](mailto:cbccca@gmail.com)  
Sunday Worship - 10:30 a.m.  
Christian Academy  
Pre-K to 12th grade  
Awana - Wednesdays - 6 p.m.

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**ST. PATRICK OF THE FOREST CATHOLIC CHURCH**  
407 W. River St., CJ  
541-592-3658  
Fr. William Holtzinger, Pastor  
Mass - Sunday 11 a.m..  
Sacrament of Reconciliation  
Sunday - 10:30 a.m.  
Holy Days TBA

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**TAKILMA BIBLE CHURCH**  
10343 Takilma Road, Takilma  
Pastor Dan Robinson  
Bible Study / Prayer Time  
9:30 a.m.  
Morning Worship 11 a.m  
Wednesday Bible Study  
7 p.m

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**First Baptist Church of Selma**  
18285 Redwood Hwy., Selma  
541-597-4169  
Pastor Monty Pope  
Sunday School - 9:45 a.m.  
Worship - 11 a.m.

**GOOD SHEPHERD LUTHERAN CHURCH**  
East River Street  
& Lewis Court, CJ  
Annemarie Richardson  
Lay Pastor.  
Sunday School - 9:15 a.m.  
Sunday Worship - 10 a.m.  
Church Phone: 541-592-2290  
[www.goodshepherdlutheraniv.net](http://www.goodshepherdlutheraniv.net)

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**VALLEY EVANGELICAL FREE CHURCH**  
498 Laurel Road, CJ  
P.O. Box 1248  
Pastor Marvin Porter  
Sunday School - 9:45 a.m.  
Worship Service - 11 a.m.  
[evfree@frontiernet.net](mailto:evfree@frontiernet.net)  
541-592-6160

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**FOUNTAIN OF LIFE ASSEMBLY OF GOD**  
451 S. Junction Ave., CJ  
541-592-3956  
Pastor Mark McLean  
Morning Worship  
9:30 & 11 a.m.  
Wednesday - 7 p.m.  
Adult Bible Study

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**ST. MATTHIAS EPISCOPAL CHURCH**  
25904 Redwood Hwy., CJ  
541-592-2006  
Rev. Bryant Bechtold  
Sunday Worship  
Service 10:30 a.m.

**THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**  
209 S. Junction Ave., CJ  
Sacrament Meet - 10 a.m.  
Sunday School - 11:20 a.m.  
Priesthood, Relief Soc. - 12:10 p.m.  
Bishop  
Larry Hammersmith  
541-592-3919

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**Illinois Valley Baptist Church**  
541-592-6149  
102 S. Redwood Hwy.  
(in the County Building)  
Sunday Worship 10:30 AM  
Wednesday Bible Study, Prayer  
& Youth Program 7:00 PM  
Friday Ladies Bible Study  
11:00 AM



## PARAMED

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