

ROGUE VALLEY



Food & Friends Menu

FRIDAY - SEPT. 23

BREADED FISH

MONDAY - SEPT. 26

BEEF ENCHILADA BAKE

WEDNESDAY - SEPT. 28

GERMAN MEATBALLS

W/ ROTINI NOODLES

If you need meals delivered please call 541-955-8839.

SENIOR SPOTLIGHT

Call the ADRC at 1-855-673-2372 for local resources

SSA and Alzheimer's
The Social Security Administration (SSA) has added early onset/younger-onset Alzheimer's to the list of conditions under its Compassionate Allowance Initiative, giving those with the disease expedited access to Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). The Alzheimer's Association, a longtime advocate for those with early onset Alzheimer's, has played an integral role in this movement to reduce the length of disability decision

process. Social Security disability benefits are very important to those with early-onset (younger-onset) Alzheimer's and related dementias because these individuals are often initially denied benefits - but usually win on appeal. Those affected by early-onset Alzheimer's are often simultaneously faced with the enormous challenges that the disease presents, while also undergoing a long disability decision process that is financially and emotionally draining. By adding Alzheimer's disease to the

list of "Compassionate Allowance" conditions, it will simplify and streamline the SSDI/SSI application process and should result in receiving SSDI/SSI benefits in an expedited manner. If you are affected by early-onset Alzheimer's, use a helpful checklist by going to www.alz.org and click on "Life with ALZ" and then "Social Security Disability" to make sure you have information and resources you need to apply for Social Security Disability and Supplemental Income benefits.

Sponsored by I.V. Wellness Resources

HOME SAFETY EVALUATION NOW AVAILABLE

With a special thanks to all of you that participated in filling out our survey, we announce the first of the services identified as needs for our seniors and disabled residents. Through the Illinois Valley Wellness Resources, Pat Jenkins, RN, MSN will provide for special needs at low cost. Pat is a Board Certified Geriatric Nurse, licensed and insured with more than 35 years experience in her field. She offers a Home Safety Evaluation; an onsite survey of your physical living situation with suggestions to improve for safety and ease of mobility in order to remain in your own home. A checklist will be provided to each individual or their family for follow-up.

Pat will also assist with medication set-up done for one week at a time. Medications will be organized and set-up to meet physician orders. Taking medications on a timely basis will be the responsibility of the individual. Sugges-

tions for other medication systems or physician follow-up will be provided as needed. Do you need someone to accompany you to your doctor's appointment? Pat will meet you at the physician's office to assist in asking questions and remembering what the doctor has said. She can help with understanding what the physician is telling you and will make recommendations for follow-up to you or your family as requested.

Is it time to hire a caregiver? Pat will help you with the interview process by asking questions and making suggestions based on your request. The final decision is made by you. To reach Pat for an appointment, fee information or other questions, please call 541-415-0465. Watch this column for other services as they become available through Illinois Valley Wellness Resources.

What do you think? Please feel free to comment on this idea and give suggestions- ivwellnessresources@gmail.com.



Senior Bulletin

I.V. GRIEF SUPPORT
Meets the last Thursday of each month 12 - 1:30 p.m. Call 541-474-1193 for an appointment.

CHAIR FITNESS
classes FREE at Healthy U, Monday and Wednesdays from 2 - 2:45 p.m. 535 E. River St., Cave Junction (behind the I.V. Family Coalition) Call 541-592-4888.

FREE for Seniors

If you are a senior and want to place a **FREE AD** for a living or health care need call Laura at 541-592-2541 or email laura@illinois-valley-news.com.

TALES . . .

Continued from A-7

Friday, Sept. 16

*Squatters had been cutting locks to gain entry at the transfer station at 905 Kerby Mainline Road. One of the unwanted visitors was still on the scene at 10:22 a.m. when employees found him in a light-blue Chevy Suburban at the back of the property. There were garbage bags, beer cans and tires scattered all around. The trespasser stated that he had permission to enter the facility through a hole in the fence, but this was determined to be untrue. He replaced property that he had removed and will face charges of second-degree theft and trespassing.

*A deputy made contact with several individuals on Eight Dollar Road from 12:42 and 3 p.m. One camper was warned for residing in that area.

*A motorist in a white Honda was warned for failure to use a seatbelt at 3:05 p.m.

on Redwood Hwy. at Holton Creek Road.

*Two people in a red Chevy Grand Caravan were causing a disturbance at 4:09 p.m. The guy was driving erratically, so they pulled over to continue their fight at 222 W. Lister Street by an attorney's office. Department of Human Services was notified because there were children in the van. The children's grandmother brought the kiddos home with her so the parents could resolve their differences.

Outside the Valley

*Nineteen listings.

Saturday, Sept. 17

*JCSO logs were unavailable for this date (or folks were too busy celebrating the Harvest Full Moon to cause any trouble).

Sunday, Sept. 18

*A lead-footed driver was warned for speeding 75 mph in a 55 mph zone at MP 17 on Hwy. 199 at 10:33 a.m. The irresponsible motorist was also warned for failure to carry

proof of insurance.

*Jubilee Park was patrolled at 10:54 a.m., and everything was just fine.

*A man at the Mountain Man RV Park in the 28200 block of Redwood Hwy. complained of an assault at 11:19 a.m. Apparently the day before, a busybody jumped in on a conversation. The guy told his nosy neighbor to mind his own business, which didn't go over very well. His 60-year-old, 200-pound neighbor with a gray beard punched him in the face. Twice. Medical assistance was cancelled, and law enforcement deemed that there was no crime and no injury, and all parties were advised of their options.

*Nothing could be heard on a 911-call from the 9400 block of Takilma Road at 12:11 p.m.

*Everything was just hunky-dory at Forks State Park at 1:56 p.m.

*Investigation continued at 2:04 p.m. in the 2400 block of Westside Road.

*Seats Dam at 800 Airport Drive was calm at 2:19 p.m. when the deputy conducted a foot patrol of the area.

*The 3200 block of Waldo Road was checked at 2:20 p.m.

*JCSO drove from Caves Hwy. to Bear

Creek Road, then to Thompson Creek Road, then on to Lakeshore Drive at 2:52 p.m.

*A negligent driver was stopped at 112 S. Redwood Hwy. at 3:13 p.m. He was warned for speeding 50 mph in a 35 mph zone. He was then cited for driving on a suspended license, failure to carry insurance and his driver's license was seized.

*A traveler stopped to use a restroom in Kerby, but he left his car door open, which caught the attention of a deputy from JCSO at 3:32 p.m.

*A white Toyota with red spray paint was pulled over on Eight Dollar Road at 4:09 p.m. The driver provided paperwork showing that he had recently purchased the vehicle in California.

*At 4:35 p.m. a motorist at Little Falls Trailhead Campground was warned because there was no front license plate on his blue Jeep.

*The motorist in a red Toyota pickup truck was warned for improper display and failure to carry insurance at 4:44 p.m. on Eight Dollar Road.

Out of Valley

*Twenty incidents.



The Kerby Transfer Station

is open to help you...

Hours: Mondays - Saturdays
9:00 a.m. to 4:00 p.m.



H&R Block Business Services

- Bookkeeping
- Payroll
- Tax Preparation
- Advice

H&R Block Business Services can help your business go further.
Contact your local H&R Block office for more information.

H&R Block
210 W. Lister St.
Cave Junction
592-3667
Ted Crocker, LTC
Bob Litak, LTC
Licensed Tax Consultants B14914

H&R BLOCK | business services

SRC

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For Inquiries and Scheduling, contact our office.

WHERE CUSTOMER SATISFACTION IS PARAMOUNT.

541-592-3990 220 Watkins St. Cave Junction

HECK YES!
FOR COMMISSIONER



Thank You for making the time to vote for me,
Keith Heck for Commissioner

Position Two.
Heck Yes for Commissioner, PO Box 276, Grants Pass OR 97528.

- MY GOALS:
- To honor God in my actions.
 - To treat people with dignity and respect.
 - To continue to address with confidence the many difficult issues facing our County.
 - To remember that I am not a shill for any individual, political party or community organization.
 - To work hard to increase the involvement of citizens to vote and become involved in our country's affairs.
 - To support that which makes any community a success: a strong and innovative business community, tempered with compassion, that sees individuals not as specimens of societal experiments but as fellow humans of worth and value.

ALL YOU CAN EAT BREAKFAST OR ORDER OFF THE MENU AT THE I.V. GRANGE



FIRST THREE SUNDAYS OF THE MONTH FROM 8 A.M. TO 12 NOON.

3763 Holland Loop
541-592-6045



SPORTSMAN TAVERN

- 2 Pool Tables & Shuffleboard •
- Friday Night Karaoke •
- Saturday Night Pool Tournaments •
- Bloody Mary Sundays 11 a.m. - 4 p.m. •
- NFL Special Events •