

Backyard bird watching with Harry

by Harry Johnson

Spring and summer migrations

It's the end of spring and the start of summer here in the Illinois Valley. During this time of the year you'll notice many different birds coming and going in your backyard. The annual migration is one of the greatest and hardest adventures a bird can ever do.

Here are some migration facts for you:

1. Most migratory birds travel at night, relying on starlight for navigational clues. They recognize constellations and get critical directional information from the position of the stars in the night sky.
2. Bright lights in buildings lure countless migratory birds into collisions, but "lights out" programs in cities along the flyways can have a profound impact. Bird deaths declined by 80 percent when lights were turned off at night at Chicago's McCormick Place, and that's just one building.
3. Tiny songbirds can migrate hundreds of miles a day, rocketing through their spring routes up to three times faster than researchers used to believe.
4. The beams of New York's annual 9/11 "Tribute in Light" are bright enough to throw millions of birds off their migratory course. So, New York City Audubon members and volunteers work on site to have the lights turned off at intervals, letting birds regain their bearing and resume their flights unharmed.
5. Almost all migratory birds are threatened somewhere along their ranges, with only 9

percent of all migratory species protected year round in all of their habitats.

Here are some of the longest migrations in the bird world:

1. Sooty shearwater (40,000 miles). The sooty shearwater travels from the Falkland Islands in the spring to Arctic waters to feed throughout summer. They can cover as much as 310 miles a day.
2. Pied wheatear (11,184 miles). You don't have to be big to travel far and the Pied Wheatear proves it. This small insect eating bird travels from the extreme southeast of Europe to China. They winter in India and northeastern Africa.
3. Pectoral sandpiper (18,000 miles). For some of us, it's hard to imagine driving our car 18,000 miles in a year, now imagine flying that distance in the average course of a year, each and every year of your life. The pectoral sandpiper travels from breeding grounds in the tundra of northeast Asia or Alaska and central Canada, all the way down to wintering grounds in South America, with the Asian breeders going as far as Australia.
4. Short-tailed shearwater (27,000 miles). Another Shearwater with an affinity for travel, though it doesn't travel as far as its cousin. The short-tailed shearwater travels the Pacific every year. They move from the breeding grounds in Australia up to the Aleutian Islands and Kamchatka in the far north. They travel down the west coast of North America on their way back south.

5. Arctic tern (44,000 miles). The Arctic tern travels twice the distance previously thought, traveling an average of 44,000 miles per year. That gives it the longest migration of any bird in the world. The Arctic tern travels from Greenland all the way down to the Weddell Sea in Antarctica. That's pole to pole. That's mind blowing.

The longest nonstop flight ever recorder: bar-tailed godwit (7,145 miles). Many species travel amazing distances over the course of a season, but not nonstop. The bar-tailed godwit a migrating water bird. This bird flew 7,145 miles from Alaska to New Zealand in nine days, without ever once stopping for food, water or to rest.

What is the longest hummingbird migration? The rufous hummingbird has the longest migration of any hummingbird species with a distance of more than 3,000 miles. They can travel from Alaska and their nesting grounds to its winter habitat in Mexico.

What about the shortest migration? This goes to the mountain quail. They live primarily in areas of dense cover in the wooded foothills and mountains along the West Coast of the United States. In the fall these birds congregate into family groups of up to 20 birds and make their way from their summer homes to the sheltered valley

below the snowline in the winter. This seasonal journey by the quail may cover distances of up to 20 miles by foot.

If you have any questions or comments you can contact me at birdwatching@frontiernet.net.

The above is from Harry Johnson in *O'Brien and birdwatchersdigest.com, treehugger.com, hummingbirdsformon.com and the Audubon Society.*



Rufous hummingbird in flight.

Backyard Bird Watching by Harry Johnson is brought to you by
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 To join contact us at kimberlielehman@yahoo.com

Church News

Good Shepherd Lutheran Church

Pray More

Let me ask you a question. Do you believe God answers prayer?

Do you believe that God can still heal the sick, that he can cause the blind to see, cause the lame to walk, and cause the most hardened hearts to change? Do you believe that God can still turn people like Saul into someone like the Apostle Paul?

The Centurion in *Luke 7:1-10* believed it. In fact he was so confident that the power of God as manifested through Jesus Christ could do all those things that he didn't even need Jesus to come to his house. He KNEW Jesus could do it; even from afar. He had no doubt about the power of God.

You might remember Roma Downey from the hit CBS show "Touched by an Angel" or, more recently, her television

series called "Answered Prayers" on TLC. She wrote an article for "Fox News," which said: "If you believe in the power of prayer, would you please pray more? More and more, I'm convinced that the world would be a much better place if we took prayer more seriously. Prayer is not just a spiritual practice, it's the means by which God changes our lives and changes the world."

I believe she's right. I believe that much of the civil unrest we're seeing here at home and the violence we see abroad is growing because we just don't pray anymore. The only time we're willing to go down on our knees before God is when things have gotten so bad that we're finally out of options.

But that's not how it's supposed to be. Prayer is like spiritual breathing. If you stopped breathing you'd stop living. Prayer is how we stay connected with God; it's how we talk

to him; how he leads us and how he responds to us. The New Testament teaches that prayer isn't just something we should do occasionally; it's something we do continually. 1 *Thessalonians 5:17* says, "pray without ceasing."

If anyone had an excuse not to pray it was Jesus; he already had everything He needed and all the power and provision in the world. Yet the Gospels note that Jesus "often withdrew to lonely places to pray." (*Luke 5:16*)

The best thing we can do for a broken heart and a broken world today is to get on our knees & pray. When we do, we'll find God is already there. As *Romans 8:26* puts it: "In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us."

Start today. Pray more.

Community Bible Church

which we need to exert self control that doesn't deal with media. What about eating? One's consumption of food may consist of eating too much or of eating the wrong kinds of foods. Maybe lack of self-control is shown by drug use or alcohol use. Maybe it could be our tempers.

How many times have I run into people who could not keep a lid on their tempers? The damage they leave behind them is tragic to see. They leave behind damaged wives, children, parents, siblings or friends who have been bitterly and viciously attacked – verbally and physically. As I have counseled over the years, I have talked to thoroughly damaged wives or husbands who at one time stood at an altar and declared before those assembled witnesses that they would love, honor, and cherish their spouse

– and yet they have been virtually destroyed by that spouse.

James 3:6 talks of the undisciplined tongue this way: "The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell." Children may be the most damaged by the uncontrolled mouth used upon them because they are still forming their self-image and will probably at some level silently accept as true the words spewed out at them.

How well do you control yourself? You may think it is impossible, but let me encourage you with this, "with God nothing is impossible." Come see us this Sunday.

In Christ,
Pastor Dave

Ministry at CBC

Sunday, June 12
Morning Worship – 10:30 a.m.
Prayer and Praise – 6 p.m.

Community Christian Academy
Accepting Registrations for next year
Preschool – High School

Free Vacation Bible School
June 20-24
9 a.m. – 12 p.m.
Age 3 to Grade 6
Registration at 8:30

Places of Worship

BRIDGEVIEW COMMUNITY CHURCH
5181 Holland Loop Rd., CJ
541-592-3923
"Come Join the Worship!"
Sunday Worship 10:30 a.m.
Pastor Sonny Moore
www.kbcc.us

7th DAY ADVENTIST
265 S. Old Stage Rd., CJ
Sabbath School - 9:30 a.m.
Saturday Worship 11 a.m.
Pastor Christian Martin
Church (541) 592-3218
Madrone Adventist School
541-592-3330

IMMANUEL UNITED METHODIST CHURCH
200 Watkins St., CJ
Phone 541-592-3876
Pastor Charles Chase
Sunday School - 9:15 a.m.
Sunday Worship - 9:15 a.m.
Child-care for small children

Illinois Valley Praise Center
28569 Redwood Hwy. CJ
Non-denominational
Bible-believing Church
Sunday school – 9:30 a.m.
Sunday Service – 10:30 a.m.
Thursday Seekers Meeting – 7 p.m.
Youth Group Thursdays – 7 p.m.
www.ipvpraisecenter.com

COMMUNITY BIBLE CHURCH
Pastor Dave Gordon
113 S. Caves Ave., CJ
Office: 541-592-3896
Email: cbccca@gmail.com
Sunday Worship - 10:30 a.m.
Christian Academy
Pre-K to 12th grade
Awana - Wednesdays - 6 p.m.

ST. PATRICK OF THE FOREST CATHOLIC CHURCH
407 W. River St., CJ
541-592-3658
Fr. William Holtzinger, Pastor
Mass - Sunday 11 a.m..
Sacrament of Reconciliation
Sunday - 10:30 a.m.
Holy Days TBA

TAKILMA BIBLE CHURCH
10343 Takilma Road, Takilma
Pastor Dan Robinson
Bible Study / Prayer Time
9:30 a.m.
Morning Worship 11 a.m.
Wednesday Bible Study
7 p.m.

First Baptist Church of Selma
18285 Redwood Hwy., Selma
541-597-4169
Pastor Monty Pope
Sunday School - 9:45 a.m.
Worship - 11 a.m.

GOOD SHEPHERD LUTHERAN CHURCH
East River Street & Lewis Court, CJ
Annemarie Richardson Lay Pastor.
Sunday School - 9:15 a.m.
Sunday Worship - 10 a.m.
Church Phone: 541-592-2290
www.goodshepherdlutheraniv.net

VALLEY EVANGELICAL FREE CHURCH
498 Laurel Road, CJ
P.O. Box 1248
Pastor Marvin Porter
Sunday School - 9:45 a.m.
Worship Service - 11 a.m.
evfree@frontiernet.net
541-592-6160

FOUNTAIN OF LIFE ASSEMBLY OF GOD
451 S. Junction Ave., CJ
541-592-3956
Pastor Mark McLean
Morning Worship
9:30 & 11 a.m.
Wednesday - 7 p.m.
Adult Bible Study

ST. MATTHIAS EPISCOPAL CHURCH
25904 Redwood Hwy., CJ
541-592-2006
Rev. Bryant Bechtold
Sunday Worship
Service 10:30 a.m.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
209 S. Junction Ave., CJ
Sacrament Meet - 10 a.m.
Sunday School - 11:20 a.m.
Priesthood, Relief Soc. - 12:10 p.m.
Bishop
Larry Hammersmith
541-592-3919

Illinois Valley Baptist Church
541-592-6149
102 South Redwood Hwy
(in the County Building)
Pastor Steve Root
Sunday Worship 10:30 AM
Wednesday Bible Study, Prayer & Youth Program 7:00 PM
Friday Ladies Bible Study 11:00 AM



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EARLY BIRD 6 - 6:30PM
17 GAMES 6:30 - 9:30PM
HAMBURGERS FOR SALE
520 E. RIVER STREET, CJ
IV SENIOR CENTER
OPEN TO THE PUBLIC

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TUESDAY THROUGH SATURDAY
10AM - 2PM
Immanuel United Methodist Church
200 W. Watkins, Cave Junction