

Backyard bird watching with Harry: by Harry Johnson

What better bird is there to talk about than the Bald Eagle? Now, let’s see how well you know your national bird. Here’s a short quiz to help you learn about the Bald Eagle.

- Bald Eagle Quiz:**
- Q. How many species of Bald Eagles are there in the world?
A. One.
- Q. What’s the average number of eggs laid per Bald Eagle nest?
A. Two.
- Q. How many years does it take for a Bald Eagle to reach adulthood?

- A. Five.
- Q. What percentage of Bald Eagles actually survive to adulthood?
A. 10. Most succumb to starvation as immatures.
- Q. What’s the depth, in feet, of a large Bald Eagle nest?
A. 12. Bald Eagles build the largest nests in the world that are made by a single pair of birds. Some nests weigh over a thousand pounds.
- Q. What’s the average weight, in pounds, of a female Bald Eagle?
A. 12. In common with most

- other birds of prey, female Bald Eagles are considerably larger than their mates.
- Q. How many pairs of Bald Eagles are currently nesting in Massachusetts?
A. 13. This is up from zero a decade ago.
- Q. How many years have Bald Eagles used a single nest?
A. 35. Once established, Bald Eagle nests are frequently used perennially.
- Q. What percentage of a Bald Eagle’s diet is typically fish?

- A. Eighty.
- Q. In what year was the Bald Eagle pronounced the national bird of the United States?
A. 1782.
- Q. How many Bald Eagles can congregate in the fall along the Chilkat River in Alaska?
A. 4,000. The eagles visit the area to feed on salmon that are dying after having spawned.
- If you have any questions or suggestions for future articles please write me at: birdwatching@frontier-net.net

Please remember I have breakfast at My Place Cafe every Saturday morning around 8:30 a.m., it would be great to see you there. Join our group for breakfast or coffee. The above is from E-Nature.com and Harry Johnson.



American Bald Eagle

Backyard Bird Watching by Harry Johnson is brought to you by



My Place Cafe

“Where Good Times, Good Folks and Good Food Come Together”

America’s Depression, Robin Williams, Millions more: by Glenn Mollette

Robin Williams made us laugh but we’re not laughing now as we mourn his suicidal death. His tragic ending has placed a national spotlight on the seriousness of depression. In the midst of this heart wrenching tragedy maybe good will come as people may openly discuss their daily demons of clinical despair. We know that millions of Americans deal with depres-

sion. The statistics differ from sources, but we can safely say most Americans have been depressed a few times during life. Many are never treated while others sadly become addicted to alcohol, prescription drugs and even turn to illegal drugs to cope with their mental battles. Robin Williams had it all, it seemed. Something was missing and even with clinical help he couldn’t eliminate the

internal monster that dogged him to his unfortunate ending. Who am I to spout out a few answers in lieu of one who had accomplished so much and was loved by so many? My rambling feeble thoughts are insignificant, but I have to wonder some of the following: Did he have two or three people in his life that he could really talk to? Most people don’t.

Had his life become void of challenge? Maybe the lack of new goals and new ambitions dulled the sound of the morning trumpet that beckons us to spring from our beds with energy. Further, we know that he was dealing with his health; it is commonly reported that depression surrounds heart surgeries. He had gone through an aortic valve replacement, a very serious surgery.

For all of us who have known at least a few depressing moments in life I would offer the following: Try to have one or two people that you can talk to about anything. Reinvent yourself from time to time and do something different. Get out of the house as much as possible. Limit your daily media including TV, social media etc. Try to get daily exercise. Physical work and activity clears some of the

mental cobwebs. And, connect with your Creator. Look up for a source of help and strength that nothing or no one else can give. Glenn Mollette is an American columnist and author. Contact him at GMollette@aol.com. Like his facebook page at www.facebook.com/glennmollette.

Church News

Seventh-day Adventist Church

Lessons from Zacchaeus Luke 19:1-10

Zacchaeus was a tax collector in Jericho during the time of Jesus. He had more money than he could spend, but when it came to meaningful relationships he was broke. The story begins in Luke 19:1 Jesus is passing through Jericho and Cave Junction. Zacchaeus had heard of Jesus, and wanted to see Him. He

had heard that Matthew, another tax collector, was one of Jesus’ disciples. Perhaps this man, Jesus, would be the answer to his emptiness. How is it with us, as Jesus passes by, do we take the time to spend with Him getting to know Him better by letting Him speak to us through his Word, and talking to Him in prayer? Because of the crowd, verse 3 he could not come close to Jesus.

Do people or business crowd out my time with Jesus? At this point Zacchaeus forgot about self – his earnest desire was to see Jesus. He ran ahead of the crowd and climbed up a tree. Faith was beginning to grow in his heart. God provides enough faith to believe. It is His gift to us. So when Jesus was passing under the tree He told Zacchaeus to come down. God always initiates our encounters with

Him. He comes to where we are, and these visits with Jesus lead to salvation. Zacchaeus was overjoyed; Jesus was coming to his house! Quickly he came down out of the tree to be with Jesus. (Vs. 6) Jesus accepted him just as he was Vs. 7 Zacchaeus response is an evidence of his repentance. Vs. 8 Zacchaeus received Jesus into his home and his hear. Vs. 9 To receive Jesus into our lives

takes faith. John 1:12 We need His power to cut off sin and self in our lives, and live for Jesus. Today, He is waiting for you to come to Him like He waited for Zacchaeus to come down. He says, “Behold I stand at the door and knock.” Rev. 3:20 Won’t you open your door today?

Community Bible Church

There’s No Forgiveness in a Chainsaw
For as the heavens are high above the earth, so great is his mercy toward those that fear Him; as far as east is from west, so far has He removed our transgression from us.” Psalm 103:11-12
I have always enjoyed wood heat. Wood heat warms you three times: cutting and splitting it – loading, unloading and stacking it – and burning it. It’s hard to back up to a heat pump, but you can back up to a wood stove and feel that heat penetrate. I’ll be the first to admit it’s a lot of work and can be a mess, but to me it’s worth it. The gas powered chainsaw was quite an improvement over the old cross cut

saw. Chainsaws have certain danger inherent to them, and a person needs to have a certain respect for the powerful little devises. I just threw a pair of boots away that had a piece taken out of the toe area. I had been cutting wood and was holding a log in place with my boot when the saw jumped. I, being too casual, did not react fast enough and was rewarded by having the chainsaw make contact with my boot. I was fortunate that it didn’t get to my foot, but I decided I should be more careful. I have known two people not so fortunate – one cut his hand, another cut his leg. If you want to know just how unforgiving a chainsaw can be, just check the internet for “chainsaw accidents”.

People can be just as unforgiving as those saws. My own grandmother was like that – cross her and you would never escape her revenge. But let me tell you, God is not like that. He wants to forgive – all of us – even the worst of us. If you think you are unforgiveable, you’re not! You need to repent and ask forgiveness, and God will forgive you.

In Christ,
Pastor Dave

Ministry at CBC

Sunday, August 24
Morning Worship at 10:30 a.m.
Praise and Prayer at 6 p.m.

Wednesday, August 20
Prayer 10:00 a.m.

Yard Sale in the gym
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7th DAY ADVENTIST
265 S. Old Stage Rd., CJ
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Saturday Worship 11 a.m.
Pastor Christian Martin
Church (541) 592-3218
Madrone Adventist School
541-592-3330

IMMANUEL UNITED METHODIST CHURCH
200 Watkins St., CJ
Phone 541-592-3876
Pastor Charles Chase
Sunday School - 9:15 a.m.
Sunday Worship - 9:15 a.m.
Child-care for small children

COMMUNITY BIBLE CHURCH
Pastor Dave Gordon
113 S. Caves Ave., CJ
Office: 541-592-3896
Email: cbccca@gmail.com
Sunday Worship - 10:30 a.m.
Christian Academy
Pre-K to 12th grade
Awana - Wednesdays - 6 p.m.

ST. PATRICK OF THE FOREST CATHOLIC CHURCH
407 W. River St., CJ
541-592-3658
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Sacrament of Reconciliation
Sunday - 10:30 a.m.
Holy Days TBA

TAKILMA BIBLE CHURCH
10343 Takilma Road, Takilma
Pastor Dan Robinson
Bible Study / Prayer Time
9:30 a.m.
Morning Worship 11 a.m
Wednesday Bible Study
7 p.m

First Baptist Church of Selma
18285 Redwood Hwy., Selma
541-597-4169
Pastor Monty Pope
Sunday School - 9:45 a.m.
Worship - 11 a.m.

GOOD SHEPHERD LUTHERAN CHURCH
East River Street
& Lewis Court, CJ
Annemarie Richardson
Lay Pastor.
Sunday School - 9:15 a.m.
Sunday Worship - 10 a.m.
Church Phone: 541-592-2290
www.goodshepherdlutheraniv.net

VALLEY EVANGELICAL FREE CHURCH
498 Laurel Road, CJ
P.O. Box 1248
Pastor Marvin Porter
Sunday School - 9:45 a.m.
Worship Service - 11 a.m.
evfree@frontiernet.net
541-592-6160

FOUNTAIN OF LIFE ASSEMBLY OF GOD
451 S. Junction Ave., CJ
541-592-3956
Pastor Mark McLean
Morning Worship
9:30 & 11 a.m.
Wednesday - 7 p.m.
Adult Bible Study

ST. MATTHIAS EPISCOPAL CHURCH
25904 Redwood Hwy., CJ
541-592-2006
Rev. Bryant Bechtold
Sunday Worship
Service 10:30 a.m.

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
209 S. Junction Ave., CJ
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Sunday School - 11:20 a.m.
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