

**By**  
**Annette McGee Rasch**  
*IVN Contributing Writer*

“Some people are raised in families where death was a taboo topic,” Stanger said. “We’re out to demystify the death experience, to help things go smoother for those left behind.”

Secondly, people can preauthorize, in writing, specifically what they want done with their body. The law allows for people to make those choices in advance, but if they've not done that, then funeral homes or

Finally, Stanger points out that there's no other business where you can prepay for a future service and lock in today's prices (for burial or cremation services).

There's a pervasive misconception in society that those who work

“When trauma is involved, after dealing with experiences that might submarine someone else, we support each other. Throughout our entire staff, we have wonderful relationships,” Stanger added.

At some point in the future, these prices will go up, so now is the best time to make prearrangements. Call 541-592-4110 or go to [since1928hull.com](http://since1928hull.com) to learn more.

“We feel like we’re advocates for the dead,” Stanger said. “To pre-

nizing the Illinois River Trail with William Sullivan." Class tuition is \$55; pre-registration through SFI is required. For more information contact SFI at 541-597-8530 or email [institute@thesfi.org](mailto:institute@thesfi.org).

# 2 WEEK SPECIAL

## Gooseberries

### Real Food Market

**Now Carrying  
Oregon Herb  
Market  
Cordyceps**

**New Chapter  
Wholemega  
25%  
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### Special Features

**Guayaki**  
Yerba Mate  
Revel Berry, Enlighten  
Mint, Lemon Elation  
**\$1.49**  
16 fl. oz.  
Reg. \$1.99

**Buy one / Get one  
1/2 OFF!!**

BLT Wrap with a side salad. Have one for lunch, have one for later.  
**\$8.99**  
Savings of \$4.50

**Bartels Grass Fed N/Y Steaks**  
100% grass fed and grass finished. No hormones or antibiotics. A wonderful steak to throw on the grill  
**\$9.99 lb.**  
Reg. \$11.99 lb.

### Meat

**Smart Chicken Organic Sweet Apple Links..... \$5.39 pkg.**  
An air chilled chicken. A quick and easy lunch. Reg. \$6.39 pkg.

**Niman Ranch Petite Hams.. \$6.99**  
An all natural ham. No hormones or antibiotics. Reg. \$8.69 lb.

**Diestel Turkey Tenders..... \$4.99 lb.**  
All natural turkey. Great baked in the oven. Reg. \$5.99 lb.

**Beeler's Garlic & Pepper Bacon..... \$4.99 pkg.**  
An uncured bacon, no nitrates or nitrites. Reg. \$5.49 pkg.

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### Groceries

**Boulder Canyon Assorted Kettle Chips Gluten-free, non GMO**  
5 oz.  
**\$1.89**  
Reg. \$2.89

**Red Fork Assorted Sausages Makes delicious side dishes**  
4-4.5 oz's  
Reg. \$2.29-\$2.99

**25% OFF**

**Annie's Naturals Assorted Salad dressings. Naturally Gluten-free.**  
8 oz.  
**\$2.89**  
Reg. \$3.79

### Produce

**Kiwi..... 69¢ ea.**  
Consistently ranks at the top of fruit in nutrition density. A perfect, sweet snack. Reg. 89¢ ea.

**Avocados..... 89¢ lb.**  
Small size. A buttery, nutty taste, rich in potassium and a fantastic compliment to any salad. Reg. \$1.09 lb.

**Carrots..... \$5.29 ea.**  
5 lb. bags. A healthy addition to your daily diet. Low in calories, contains no fat, sweet and delicious. Reg. 5.79 ea.

**Portabella Mushrooms..... \$5.89 lb.**  
The meat substitute. Grill or stuff and roast in the oven. Reg. \$7.09 lb.

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### Deli

**Breakfast Menu**

**Breakfast Muffin..... \$1.99**  
Egg, one cheese, choice of sausage or bacon on an english muffin. Reg. \$2.99

**Grab-n-go Bridge City Desserts..... \$2.99 ea.**  
Gluten-free cheesecake slices. Reg. \$3.99

**Napa Valley Olive Oil Rich & Robust, Organic, Extra Virgin, Private Reserve.**  
25.4 fl. oz.  
**\$9.99**  
Reg. \$14.59 - \$15.09

**Grill Brat w/Kraut or Andouille Sausage ..... \$6.99**  
On a bun with choice of chips. Reg. \$7.99

**Salad Case Curry Tempeh Salad \$6.99 lb.**  
Reg. \$7.99 lb.

### Bulk

**Natural 13 Bean Soup Mix. \$1.69 lb.**  
Reg. \$2.09 lb.

**Organic Black Rice..... \$2.99 lb.**  
Reg. \$3.79 lb.

**Organic Buckwheat Groat \$1.99 lb.**  
Reg. \$2.59 lb.

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