



Life in the Valley of Riches

By DAN MANCUSO,
Publisher

Like a lot of you, I like to escape the heatwave we've been stuck in by heading to the many spots in and along the cool rivers our Valley has to offer.

I don't often go to places along Illinois River Road because they generally seem to be full of people who like to leave trash behind. Pomeroy Dam is another place I tend to avoid for the same reason.

I have a few favorite spots that few people go, but I do sometimes like to go to Seats Dam. Unfortunately, I am beginning to think that I need to add it to my list of places not to go.

Last Sunday, we went to Seats and it was a pigsty. Chips bags, bottles, diapers and other assorted garbage was scattered all about.

We live in this beautiful area and it seems some people don't understand how to keep anything nice. My biggest concern is the bottles left lying around. I like to have a few beers when I am on the water, but

they have these really cool things called CANS!!!

It's been a long while since I was at a nice hotel laying by the pool, but I seem to recall many signs that say, "No glass in the pool area." This seems like basic common sense to me, but it appears I am among the minority.

I am sure that I am singing to the choir here, as most people who purchase newspapers are civic-minded and generally more concerned with the appearance and safety of the place they call home. If you have been to a river spot in recent years, you understand what I am saying.

I guess the next time I head down to the river, I will bring extra bags to pick up all the nickels lying around on the ground waiting to be broken and the cause of a trip to the doctor for some stitches.

Thank you for picking up this weeks paper, enjoy ~ djm

Obituaries

Robert Austin Farrand, age 89, of Grants Pass died Sunday, May 12, 2013 in Grants Pass of age related causes. He was three weeks short of his 90th birthday.

A memorial service will be at 4:00 p.m., Saturday, July 20, 2013 at First Christian Church, 4th and H St. in Grants Pass with Pastor Wes Winn officiating.

Private interment with full military honors was held on May 19, 2013 at the Juniper Haven Pioneer Cemetery in Prineville, Oregon. Hull & Hull Funeral Directors were in charge of arrangements.

Please sign the family guest book at www.since1928hull.com.

In lieu of flowers contributions may be made to the First Christian Church Memorial Fund, 305 SW H Street, Grants Pass, Oregon 97526.

Bob was born June 3, 1923 in Prineville, Oregon to Carl Herbert & Katie Louise Farrand.

Raised on small dairy farms, he went to grade school in Redmond and high school in

Prineville. He graduated from Crook County High School in 1942 and worked in local sawmills until joining the United States Army in 1943. Although blind in one eye, he won medals in marksmanship as an Army Rifleman. He served in the military police at Gowan Field in Boise, Idaho and at Camp Cooke, California (now Vandenberg Air Force Base) until he was discharged at Fort Sam Houston in 1946.

He married his Prineville High School sweetheart, Betty Jean Henton in Lordsburg, New Mexico on June 2, 1946.

Bob attended Southern Oregon College (now S.O.U.) in Ashland and Oregon College of Education (now W.O.U.) in Monmouth before earning a Bachelor of Science Degree from the University of Oregon in Eugene in 1951 where he also earned a Master's Degree in Education in 1959.

Betty & Bob moved to Cave Junction in 1951 where he taught Music, Math and Science classes for five years before coming to Grants

Pass in 1956. Farrand was the Physics teacher at Grants Pass High School from 1956 until 1979. He was the Principal of Jordan Valley High School from 1979 to 1981 and Superintendent of Marcola Schools in the Willamette Valley from 1981 until he retired and moved back to Grants Pass in 1983.

During his 22 years in District 7, Farrand was awarded four National Science Foundation Summer Scholarships for high school Physics teachers: at the University of Washington in 1960 and 1973; at Fort Hays State (Kansas) in 1961; and at Saint Cloud State (Minnesota) in 1962. He was a member of the American Association of Physics Teachers; actively involved with the Southern Oregon Science Teachers; and was a charter member of the Oregon Science Teachers Association.

Farrand was also an active member of the Grants Pass Education Association, serving as President in 1970 and 1971. He served on the District 7 Science Curriculum Committee for

Physics & Chemistry in 1976 and was the District 7 Nominee for National Teacher-of-the-Year in 1978.

Bob was active in many hobbies. In high school and college he designed, built and flew gas-powered free-flight model airplanes on both wheels and floats. In the 1950's he became interested in ham radio design and operation; his call sign for nearly 50 years was W7TLK. He belonged to the American Radio Relay League until 1995, and helped provide emergency communications between Cave Junction and Grants Pass during the flood of 1955. He built two wood sailboats in the 1960's and was an active fresh-water sailor until 2003. Most of all in retirement, he enjoyed traveling and camping with his wife, Betty Jean, until she died in 2006 after 60 years of marriage.

He is survived by his sister, Helen and his son, Bob Jr. and four grandchildren.

ILLINOIS VALLEY FUNERAL DIRECTORS

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Nutritional Approaches to Depression classes to be held

In the spirit of skills sharing and self-help, the second biennial Siskiyou Regional Herbal Gathering offers dozens of classes to "Learn Your Way to Better Health". The event will take place at the Frog Farm and nearby Takilma Community Building, nine miles southeast of Cave Junction, from Friday, August 16th through Sunday, August 18th, 2013. Local and regional health care professionals and herbalists will give presentations on topics such as preventing diabetes, and treating Staph infections, Lyme Disease, herpes, shingles, and breast cancer. Classes include herb walks and botany, cooking with medicinal herbs, three classes on assessing and caring for aging adults, herbal treatments for back pain and hands-on holistic skin care for teens and adults. Other topics include pediatric formulas, Ayurveda, holistic perspectives on anxiety and depression, making fermented food, certified C.P.R., first aid (Chinese medicine, and

backpacking remedies), anatomy lab, and the thermal nature of herbs.

Dr. Leigh Ann Lipscomb, a Chemistry professor at California State University, Chico, will offer a presentation on "Nutritional Approaches to Depression". The people taking this class will leave with a detailed therapy outline, including diet and supplements, for each of the four major types of depression, according to the class description.

"It is our hope that these classes will improve the quality of life for people who live in the Siskiyou Region, as well as provide continuing education for practitioners and aids who provide health care to our community", said Debbie Lukas, organizer of the gathering. "This year we are offering meals and childcare, as well as the option to sign up for one class, one day, or the 3-day weekend." In addition, the pre-registration discount has

been extended until August 1st. The pre-registration cost for a local commuter for the entire event is \$100, including meals. Attendees are asked to contribute a bulk food item and do a 2-hour work shift to keep the price low. Throughout the weekend, the MASHH Clinic Collective (Medicine for All Seeking Health and Healing) will offer health care for donation. The full schedule, description of teachers, and registration information can be viewed on the website: www.siskiyouherbs.com/herbgathering/ or call (541) 592-3386 to register by phone. Volunteers, sponsors and food donations are needed.

For more information contact Siskiyou Mountain Herbs, PO Box 2093, Cave Junction, OR 97523, sisqdeb@gmail.com, (541) 592-3386 www.siskiyouherbs.com/herbgathering/ www.facebook.com/sisqherb

Letters to the Editor

Illinois Valley News welcomes Letters to the Editor.
Please e-mail them to
dan@illinois-valley-news.com

POLICY ON LETTERS:

'Illinois Valley News' encourages letters to the editor provided they are legible and not libelous or scurrilous. All letters must be signed, including name, address and telephone number. The latter need not be published, but will be used to verify authenticity. The "News" reserves the right to edit letters. Letters are used at the discretion of the publisher.

(Editor's Note: Views and commentary, including statements made as fact are strictly those of the letter writers)

Venomous, libelous, lies!

I abhor the false accusations and character assignments written about me in this newspaper by Kindi Fahrnkopf in the July 10, 2013 edition under the so called "History of the Hippies of Takilma." I deny all the accusations! They are all venomous, libel lies and there is absolutely no truth to anything Fahrnkopf is stating in her article.

In fact, what this is saying is the opposite of any truth. I deny being a pot farmer when I lived in Takilma. I was growing garlic, organic veggies and a large organic orchard. My family did not need "to escape." We sold our property and moved to a quieter, peaceful area. We have many dear friends in and around Takilma and we're and still are very highly respected artists and crafters and are individuals of high integrity.

Wilber
Cave Junction

Editor's note: After receiving this letter we verified that the incident was indeed backwards. We regret the error.

Correction

The ice cream social was a benefit for the Kerbyville Museum and not the IVHS Alumni scholarship fund.

Save the date

July 19

Dear Friends & family of the Illinois Valley,

My name is Julia Kirchner, also known as Jul or Roy Jackson's daughter. While living in the community my father and I donated a lot of time serving many of you as a firefighter, first responder and paramedic. Our family is in need right now and I am asking for your help! My sister, Kandi Jackson, has been diagnosed with Small-Cell Carcinoma Lung Cancer. Research and specialists describe this as a very aggressive cancer and therefore, Kandi is undergoing very aggressive treatment.

There is a Benefit Fundraiser being held at the Selma Center on July 19 to raise funds to help her fight this battle. As we all know, insurance does not cover all associated expenses. You are invited to show your support through attending this benefit of great live entertainment of 5 or more bands - door prizes - food and fun. Plus, a Raffle for wonderful prizes. Your \$10 cover charge will be donated to the Kathleen Jackson Fund. Tickets are for sale at

Dos Gringos and Jefferson State Trading Post.

July 20

Christmas in July fundraiser at McGrew's.

Live music by Frankie Hernandez starting at 8 p.m. Live auction and silent auction will be held. Proceeds go to provide toys and Christmas Dinner for families in need.

July 20 & 21

The skies over the kite field at the Port of Brookings-Harbor will be a rainbow of colors at the 21st Annual Southern Oregon Kite Festival, July 20th and 21st.

This free two-day "one of a kind" event is one of the most unique kite festivals in the country. An invitational kite festival, it attracts nationally and internationally renowned kite flyers and kite makers to the community of Brookings-Harbor where they perform and display their fabulous rainbow of kites. More than thirty invited kite flyers are guests of the community and entertain the spectators with awe-inspiring routines choreographed to music, creating an atmosphere of fun and

excitement for attendees of all ages.

July 21

Nature Festival Rusk Ranch Nature Center & Butterfly Pavilion 27746 Hwy 199 (Redwood Hwy)

(One mile south of Cave Junction, watch for the big orange butterfly)

Sunday July 21, 10 a.m. to 6 p.m.

Fun for the whole family! Butterflies, trails, river swim, Re-cycle Fashion Show, nature scavenger hunt, carnivorous plant exhibit, arts, crafts, food, music, Dance-farm, Poetry reading, Kung Fu demo, interactive Puppet Show.

FREE Admission and activities.

More info: 541-287-0172 info@ruskranchnaturecenter.org.

July 22

GMO Free Josephine County

Special Guest Speaker, John Birch, Grants Pass Society Meeting. We will be having a representative from the group "GMO Free Josephine County", give a presentation

on the dangers of Genetically Modified Organisms, aka, most of the food we eat. If you are unfamiliar with "GMO's" here is your chance to find out more about them, and the dangers they present.

Monday, July 22 at 7 pm -8:30pm

Lions Gate church, 1465 NE 6th street, (corner of 6th and Midland) in Grants Pass.

Questions, contact: Damon Mancuso, chapter leader 541-866-2783 or 541-291-3158 cell or email: dtm1964@frontier.com

Aug. 3-4

The Cave Junction Lions Club will do a Blackberry Bingo on Saturday, August 3rd from 6pm to 9pm at the Senior Center in Cave Junction. Game cards sell for .50 each, open games. Winning pot will be split 50/50 between winner and Cave Junction Lions.

Aug. 3

Pregnancy Center of the Illinois Valley will hold a HUGE YARD SALE Saturday, August 3rd, 10am- 3pm 520 Caves Hwy.

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