

Man from Selma faces multiple charges

By
IVN Staff

John Wayne Rosenberg, of the 200 block of Crooks Creek Road in Selma, was recently arraigned on two counts of first-degree rape and three counts of first degree sodomy, stemming from incidents in 2007 and 2008 involving a relative's child, under the age of 16, according to Ryan Mulkins of the Josephine County District Attorney's Office.

"Charges are pending," Mulkins said. "This case is active in the circuit court."

Rosenberg, 47, went to court on Feb. 25 for these charges. To provide the state and Rosenberg's defense attorney adequate time to exchange information, another hearing was rescheduled for March 11 at 1 p.m..

Rosenberg was also arrested three times in 2012 for several crimes that include Assault II, Assault IV, Domestic Assault, Menacing, Kidnapping, Theft, Contempt of Court and Possession of Marijuana. He faces jury trials on the theft charge, the possession of marijuana charge and the contempt of court charge for violating a restraining order. Rosenberg will also go to trial on April 2 for the Assault II and Assault IV charges that stem from alleged domestic violence, according to a Josephine County Courthouse Clerk.

Rosenberg remains in jail with his bail set at \$100,000.

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(Photo by Dale Sandberg, IVFD Media Dept)

A structure fire occurred at 356 Fir Dr. in Cave Junction during the early morning hours of March 4. According to the Illinois Valley Fire District little damage was done to the home while the shed was a total loss.

Forecasting Valley weather is no easy task

By
Annette McGee Rasch
IVN Contributing Writer

The Illinois Valley experiences weather conditions that often differ from forecasted predictions for other valleys in southwestern Oregon. Typically, these local climatic variations are most noticeable in winter months.

When snow is predicted for elevations of 2,000 feet and above, even though the Illinois Valley's elevations are less than that — ranging from 1,400 to 1,700 feet above sea level — snow still often falls here.

One television meteorologist, KOBİ-5's Jeff Heaton, often points out these differences that matter

to the 18,000 people living in the Illinois Valley. Better winter-weather forecasts also help ensure safety for those who have to tackle Hayes Hill on their way to and from Grants Pass.

When Heaton started doing weather for KOBİ-5 25 years ago, the Illinois Valley wasn't yet featured on television weather maps.

"I was the first person to put the Illinois Valley on the map," Heaton said. "When I started forecasting for the Illinois Valley, people noticed and started providing weather information. I got calls from Takilma, Cave Junction, O'Brien and Selma. That really helped."

Heaton also split the weather zones for his forecasts, separating Josephine County from Jackson County.

The local atmospheric zone that comprises the valley's unique microclimate is largely defined by proximity to the coast and the orientation of the surrounding mountains, according to Heaton.

"Lower snow levels in the Illinois Valley are often a result of rain showers coming in behind a cold front," he explained. "Even when it rains, evaporation still occurs, and that causes cooling. The Illinois Valley is closer to the coast, so there's heavier showers. The result is more evaporative cooling and that can turn rain into snow. Also, once temperatures have dropped, snow more readily sticks to the ground."

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Spring is a great time to grow your Health

By
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Several local natural health practitioners say that the human body possesses an amazing capacity to self-repair and that there is no better time to jump-start the process than springtime. The warmer weather and longer days often provide motivation to revitalize one's health.

"Around Halloween, many people start eating more sugar and then eat heavier all winter. Lot's of carbohydrates and meats are consumed," said Billie Coakley, owner of Cabin Chemistry, a local health food store in Cave Junction. "Then in spring, people

start thinking about cleansing."

What people put into their bodies determines over-all health and if someone isn't consuming enough fruits and vegetables, when hit with illness, they're more likely to experience longer lasting symptoms, according to Coakley.

"When you have a weakness, illness can hit harder," Coakley added.

"Traditionally, in spring, when green plants like dandelions, nettles and other cleansing herbs begin to emerge, people would start eating more greens," said local herbalist Debbie Lukas. "Those spring greens coming out are our friends."

After binging on heavier foods during winter, Lukas agrees that spring cleansing is a natural impulse. "I only advise gentle

cleanses that utilize natural supportive digestive herbs, like bitters." Bitters stimulate colon movement which helps improve digestion and prevent constipation, all important keys to good health, Lukas added.

"Spring brings the healing force of the sun back. At this latitude, beneficial rays strong enough to trigger the chemical reaction in our skin to create a natural source of Vitamin D begins in April," said Naturopathic Doctor Margaret Philhower. "I recommend twenty minutes a day in the sun from April through early fall, with a lot of your skin exposed. But remember, too much sun can be harmful."

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Pregnancy center moves into new home

By
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The Pregnancy Center of the Illinois Valley moved to its new home Feb. 19.

Formerly located on Caves Highway, the pregnancy center can now be found at 321 S. Redwood Highway in the former home of the Illinois Valley News.

Mary Lefner, the pregnancy center's executive director, said the new home is more affordable and in a better downtown location.

Lefner described the center's services, which include pregnancy testing, ultrasounds to determine the age and location of the fetus in pregnant women, information about pregnancy, risk-reduction for sexually transmitted diseases, parenting classes for both the mother and father-to-be, post-abortion counseling and adoption referrals to various agencies, if requested. She said the center is faith-based, but not allied

with any particular Christian church.

The staff includes Lefner, assistant director Corinna Fierro, Immi Patty, a registered nurse who is supervised out of Grants Pass and 20 volunteers. Lefner, Fierro and volunteers Tina Palmer, Marion Nutter, and Bernie Pinard have been with the center for ten or more years. Lefner said that her staff is dedicated to helping parents-to-be to have a healthy baby and for the parents to work on improving themselves, making a stable home and being capable parents.

Through the "Earn While You Learn" program, parents can earn baby clothes and supplies while completing their education, getting a job and achieving other immediate goals. Another bonus is the friendships that develop between pregnant mothers who later trade baby-sitting duties and baby supplies, talk about baby and toddler problems and lend support to each other.

The center raises funds throughout the year and relies heavily on donations from individuals, churches and organizations for

operating expenses. They do not receive federal or state grants, but occasionally get a small foundation grant to help keep their doors open.

The center has been a 501(c) (3) nonprofit serving the community for 26 years. They help pregnant women from their teens to their 40s to be tested, learn what they need to know for a healthy baby and be referred to a doctor for pregnancy care and the birth of their baby.

The center's board of directors will meet in April to plan the year's events, which may include an ice cream social, yard sale, a tea and other fundraising activities. The center is also reviving its "Sponsor a Day" campaign in which people are asked to donate \$30 a month to pay for one day of operating costs.

Lefner noted that the center has about 125 donors, some of whom donate monthly, but is mostly made up of those who give occasionally or annually. Lefner said she would like to see enough donors to cover the center's rent, utilities, three salaries, supplies and other expenses.



(Photo by Dan Mancuso, Illinois Valley News)

Immi Patty, R.N. and volunteer Sherri Rene show the ultrasound room.