

## Backyard bird watching with Harry:

I want to thank Judy from My Place Restaurant for sponsoring this article. With out her and her support I wouldn't be here. Thank you Judy.

### Unwanted Visitors:

Not all birds are a joy to watch. You can't really blame these uninvited birds for trying to survive, but there are some ways to keep them away from your feeder.

1. Try using a small tubular feeder which attracts smaller songbirds. Larger birds won't be able to fit on the perches. For those larger birds you may want to try a platform feeder.

2. Remove the perches from your tube feeders to keep house finches and larger birds away.

3. Try to use seed for the birds you want to see in your yard. Different seed attracts different birds. Remember use only the seed for the birds you want in your backyard.

4. Try placing your feeders in different areas around your yard. Put the small birds and song bird tube or hanging feeder on one side of your yard well away from the larger bird platform feeders that are on the other side of your yard. You'll still be able to watch and the small birds will thank you for it.

Squirrels can also take over your feeder. Here are tips for dealing with an unwanted visitor.

1. Squirrels are territorial. Provide food for them away from your bird feeders. They will mark that

area and stay away from your birds.

2. Try hanging your feeders at least 5-6 feet off the ground and 8 feet from a tree.

3. Use a piece of tubing around your wire or pole to stop them from climbing up or down.

4. I have a dog that we've trained to chase away the squirrels when ever she sees them in or near the feeders.



Are ants becoming a problem on your feeders? Here are some tips for you to try.

1. Try using some petroleum jelly on the wire your bird feeder is hanging on.

2. You can make or buy a moat using water that hangs just above your feeder. Those little buggers won't cross the water to get to the feeder.

If you wish to talk about birds in your backyard, you can reach me at birdwatching@frontiernet.net or come by My Place Family Restaurant in Cave Junction every Saturday morning around 8:30am. Come in and meet other bird lovers.

*All tips are from  
Lowes Hardware  
and Harry Johnson*

Backyard Bird Watching by Harry Johnson is brought to you by

## My Place Cafe

"Where Good Times, Good Folks and Good Food Come Together"



## 'Jog-a-thon' a runaway success

By Darcy Wallace  
IVN Staff Writer

If you needed motivation to start working out, Evergreen Elementary students will get you up and running — and they might outrun you, too.

On Thursday, May 12, Evergreen held its annual Jog-a-thon fundraiser to help students raise money for field trips and other educational activities and opportunities.

For the last three years, students and teachers headed to the track behind the school to see how many laps they could run in 30 minutes. While students from two grades at a time were on the track, the rest participated in other activities on the field and cheered on their peers from the sidelines.

"This has been hugely successful," said principal Dave Valenzuela. "It used to be a lot less organized and just two

classes [participated] at a time. Now it's an all-school event and everyone is out here to cheer each other along."

This year, more than one student shattered last year's record of 14 laps, with at least one tying and two others beating the record.

According to the final tally, third-grader Brandon Baty set the new school Jog-a-thon record with 16 laps. His brother, Jaque, was just behind him with 15 laps. Another student, Levi Mead, tied last year's record with 14 laps.

Valenzuela said the track has not officially been measured, but believes it to be very near the standard quarter-mile distance.

"It's old enough to be a 440-yard track," he said. "It might be a little short [of 400 meters] but I know it's close."

Teachers ran with students as well; third grade teacher Rhonda Pugsley said she joined in ten minutes after the Jog-a-thon began and still had time to complete

11 laps. Fifth grade teacher Carlos Gutierrez ran seven laps despite an injured knee. Mr. Valenzuela raced his daughter on a lap when not counting down the final minutes of the Jog-a-thon.

When not running, participants tried out hula-hoops, "hippity-hops" and the giant parachute that has been a recess staple in elementary schools for years.

Each grade level also counted up the total number of laps run by each class. Overall, Kelly Bethke's fourth-graders ran the most laps of all grades with 273, with Lori Shinerock's class not far behind.

In the Jog-a-thon, parents and supporters donated for a student's pledge sheet, putting in money based on the number of laps, or volunteered at the event. Along with raising money, teachers said the Jog-a-thon was also a fun way for kids to have fun exercising with an added element of competition.

"The students really enjoy getting into the challenges," Valenzuela said.



(Photo by Stacy Byrne, Illinois Valley News)

Evergreen Elementary students cheer on their classmates during the annual Jog-a-thon on Thursday, May 12.

## Places of Worship

**BRIDGEVIEW COMMUNITY CHURCH**  
5181 Holland Loop, CJ  
541-592-3923

"We celebrate God's Presence in our lives!"  
Sunday Worship 10:30 a.m.

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**7th DAY ADVENTIST**  
265 S. Old Stage Rd., CJ  
Sabbath School - 9:30 a.m.  
Saturday Worship 11 a.m.  
Prayer/Praise 7 p.m. Tuesday  
Pastor Marvin Clark  
Church (541) 955-4943  
Madrone Adventist School  
541-592-3330

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**FIRST BAPTIST CHURCH OF SELMA**  
18285 Redwood Hwy., Selma  
541-597-4169  
Pastor Monty Pope  
Sunday School - 9:45 a.m.  
Worship - 11 a.m.

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**COMMUNITY BIBLE CHURCH**  
Pastor Dave Gordon  
113 S. Caves Ave., CJ  
Office: 541-592-3896  
Email: cbcca@cavenet.com  
Sunday Worship - 10:30 a.m.  
Christian Academy  
Pre-K to 12th grade  
Awana - Wednesdays - 6 p.m.

**IMMANUEL UNITED METHODIST CHURCH**  
200 Watkins St., CJ  
Phone 541-592-3876

Pastor Charles Chase  
Sunday School - 9:15 a.m.  
Sunday Worship - 9:15 a.m.  
Child-care for small children

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**ST. PATRICK OF THE FOREST CATHOLIC CHURCH**  
407 W. River St., CJ  
541-592-3658  
Fr. William Holtzinger, Pastor  
Mass - Sunday 11 a.m..  
Sacrament of Reconciliation  
Sunday - 10:30 a.m.  
Holy Days TBA

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**GOOD SHEPHERD LUTHERAN CHURCH**  
East River Street & Lewis Court, CJ  
Pastor Don Torala  
Sunday School - 9:15 a.m.  
Sunday Worship - 10 a.m.  
Tuesday Youth group - 6 p.m.  
Church Phone: 541-592-2290  
www.goodshepherdlutheraniv.net

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**ILLINOIS VALLEY PENTECOSTALS**  
987 Caves Hwy., CJ  
541-592-4716 or 541-218-2792  
Sunday - 2:30 p.m.

**TAKILMA BIBLE CHURCH**  
10300 Takilma Road, Takilma  
Pastor Dan Robinson

Bible Study / Prayer Time  
9:30 a.m.  
Morning Worship 11 a.m.  
Wednesday Bible Study  
7 p.m.

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**VALLEY EVANGELICAL FREE CHURCH**  
498 Laurel Road, CJ  
P.O. Box 1248  
Pastor Marvin Porter  
Sunday School - 9:45 a.m.  
Worship Service - 11 a.m.  
evfree@frontiernet.net  
541-592-6160

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**FOUNTAIN OF LIFE ASSEMBLY OF GOD**  
451 S. Junction Ave., CJ  
541-592-3956  
Pastor Mark McLean  
Sunday School - 10 a.m.  
Morning Worship - 11 a.m.  
Evening Worship - 6 p.m.  
Wednesday - 7 p.m.  
Adult Bible Study

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**ST. MATTHIAS EPISCOPAL CHURCH**  
25904 Redwood Hwy., CJ  
541-592-2006  
Rev. James Boston  
Worship Service - 5 p.m.  
1st Sunday of each month

**THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS**

209 S. Junction Ave., CJ  
Sacrament Meet - 10 a.m.  
Sunday School - 11:20 a.m.  
Priesthood, Relief Soc. - 12:10 p.m.  
Bishop G. Frank Sybrant  
541-245-3394



## Good Shepherd Lutheran Church

This past Sunday is known as Good Shepherd Sunday. Not named for the Lutheran Church of the same name in Cave Junction, but for THE Good Shepherd ... Jesus. And why is he known as the Good Shepherd? In his own words, Jesus says, "anyone who does not enter the sheepfold by the gate but climbs in another way is a thief and a bandit. The one who enters by the gate is the shepherd of the sheep. The gatekeeper opens the gate for him, and the sheep hear his voice. He calls his own sheep by name and leads them out. When he has brought out all his own, he goes ahead of him, and the sheep follow him because they know his voice. I am the gate for the sheep ... whoever enters by me will be saved."

And, like sheep, we may occasionally wander, becoming lost, or even follow the wrong leader. But when we return to the true gatekeeper, the one that leads his people to eternal life, we are like the sheep who, being lost, return to the fold. The sheep's reward is the safety of the flock; our reward is in heaven.

### CHURCH CALENDAR:

**Thursdays** - 4:00pm,  
Good Shepherd Singers rehearse;  
**Sundays** - 9:15am  
All-Comers Bible Class, 10:00am  
Worship and Communion

## Community Bible Church

*From Every Day for Every Man* - 1 Corinthians 7:3-4

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife's body does not belong to her alone but also to her husband. In the same way, the husband's body does not belong to him alone but also to his wife.

"Got created sex to be a wonderful thing, but so many Christian marriages are NOT experiencing it this way. The fact that Christian men aren't following in Christ's footsteps is tragic. Some have heard the truth -- or sense the truth deep within -- but they aren't practicing the truth inside or outside the bedroom.

God created sex because of its awesome potential to draw hearts together as one and its potency in picturing Christ's relationship with His bride, the church. God never talks about sex in the context of one person, and He did not give us our sexuality for ourselves. He gave us our sexuality for our wives ( husbands ). "

We men have a potential for great giving ( especially to those we love ) BUT we also have the tendency to be quite selfish. Using Christ as your example, which do you choose?

### ANNOUNCEMENTS :

**5/11** - AWANA Awards Night at CBC 6:15 PM  
**5/14** - Ladies Tea at CBC 11:00 AM  
**6/13 - 6/17**  
Vacation Bible School. Call the church for details ( 541-592-3896 )

## State closed Friday, May 20

Salem — Because of budget reductions for state agencies, most state offices will close on Friday, May 20, requiring 26,500 state employees to take mandatory unpaid furloughs on that day, the Oregon Department of Administrative Services (DAS) announced Monday.

The closure on May 20 is the tenth of 10 closure dates the state has scheduled over the current two-year budget period. Each day of closure will save an estimated \$2 million in personnel costs, according to DAS. While the closures affect both management and non-management employees, many state workers will have taken up to four additional days of unpaid furlough on a floating basis over the current biennium.

Customers can still do business with DMV and some other state agencies online, even though the offices are closed.

"I encourage the public to check agencies' websites to find out whether online transactions are possible on the closure day," said state chief operating officer Michael Jordan. "We want to do everything possible to minimize any hardship the closures might cause."



## Compassionate Health Care At A Time When Needed The Most

Q. Does it cost me for Hospice care?

A. No one is refused service because of lack of financial resources. There is no co-pay or deductible for Hospice services when covered by Medicare or Medicaid. Most insurance plans pay for all or a portion of Hospice care. Other benefits vary. Discuss your question with your selected hospice agency if you have limited or no insurance coverage.

*Lovejoy*  
**HOSPICE**

541-474-1193

### COMMUNITY CALENDAR

Beyond Loss Support Group  
Mondays ~ 2:00 - 3:30 p.m.  
Mutual support ~ open to adults (over 18)