

Medicinal herb walk Saturday

Want to get to know some medicinal plants that grow in the Illinois Valley?

Join Debbie Lukas Saturday, April 24, rain-or-shine, for a 10 a.m. to noon Spring Herb Walk at Illinois River Forks State Park off Hwy. 199 just south of Cave Junction, across from Dillon's Nursery and Garden Center.

Meet at the Forks parking lot at the end of the road.

During the herb walk the class will discuss identifying characteristics, habitat, parts used, collection techniques, preparation and uses of herbal plants. As the season changes, different herbs will be viewed, as well as the different stages of growth of the same plants.

The cost is \$5 to 15 per walk. Preregistration is not necessary. Bring water, rain-gear, sturdy shoes, notebook, as needed. Terrain is somewhat uneven, "but we will be moving slowly and looking at lots of plants."

Lukas has been studying and preparing herbs for more than 20 years. Her herbal products are available via siskiyouherbs.com or the Frog Farm.

Other spring herb classes will include, *Beginning Herbal Pharmacy Intensive*, on Saturday, May 8, from 10 a.m. 4 p.m.; and *Lotion & Cream Making* May 22 from 2 to 5 p.m.



Patiently painting and sprucing up the children's area at the Cave Junction Branch of Josephine Community Libraries Inc. was a volunteer activity that occurred Sunday afternoon, April 18. Among those who showed up to donate their labor were (from left) Kate Lenstet, Linda Naydol, Celeste & Bob Clinton, and Anita Savio. (Photo by Illinois Valley News)

LBMS student project aids Haiti quake victims

By SCOTT JORGENSEN
JVN Staff Writer

On Jan. 12, a catastrophic earthquake struck the Caribbean island of Haiti, causing major devastation.

That tragedy inspired some students at Lorna Byrne Middle School in Cave Junction to collect money to aid relief efforts.

Led by Bobbette Heern, a retired Evergreen Elementary School teacher who fills in as a substitute at LBMS, the program began as a service project class. Sponsored by the Baha'i faith, it is a worldwide program that includes a spiritual component, Heern said, but does not promote any particular religion.

After the Haiti earthquake, 13-year-old Melyndee Solorio, and 14-year-olds Seth Arias and Cedar River Freeman, with other students, began putting jars around town to collect money to send to the poverty-stricken nation. The students gathered the jars every week for more than a month, and ultimately ended up sending \$500 to Haiti.

"The generosity of this town is huge," Heern said.

She added that the program's primary purpose is to teach students how to plan and execute civil service projects.

Last year, the students participated in a Pennies for Peace program, aimed at raising money for schools in Afghanistan. Heern said that the goal was to fund the construction of schools, purchase supplies and pay a full year's salary for a teacher there.

The group raised \$600 by staging a contest among its members, with an ice cream party awarded to the winner.

"It helps us connect with the real world in some way and do our part," Heern said.

As part of those efforts, one student developed a comprehensive PowerPoint pres-

entation and showed it to various community groups.

"The response from the kids makes my eyes well up," Heern said. "They have a lot of compassion."

Projects haven't just been limited to international needs, as the group also has made a difference at the local level.

Students have picked up trash around town, helped fold clothes at the Illinois Valley Family Coalition, collected canned food, planted trees, worked with Illinois Valley Garden Club; and visited Siskiyou Field Institute in Selma, and Royale Gardens nursing home in Grants Pass.

Now, the group plans to offer its services to individuals in the community, by doing everything from fundraising to performing yard work.

"Basically, the kids are here to serve the community," Heern said.

Students don't receive class credit for their activities, but say that they plan to continue when they reach high school. Many of the students, who started with the program in sixth grade, are now in the eighth grade.

The program has gained and lost some students along the way, Heern said, but the focus never has diminished.

Heern said that she really appreciates the fact that the students can demonstrate just how responsible young people can be.

"I really love this age group," she said. "This age group gets a bad rap."

Some students in the program are ones that Heern taught at Evergreen, and she said that she's really enjoyed watching them grow up.

The group meets every Friday after school at the county building in Cave Junction. For more information, phone Heern at 541-592-5234.

Illinois River-Eight Dollar Road clean-up slated Saturday, May 1 by CEEN, SOLV

For Saturday, May 1 the Cultural & Ecological Enhancement Network (CEEN) is teaming with SOLV for a clean-up on public land along a section of Illinois River and Eight Dollar Mountain.

The area is home to unique Darlingtonia Fens and rocky serpentine slopes, Cobra Lilies and rare wildflowers. Billed as a fun and educational event, it will conclude at 2 p.m. with a free barbecue for volunteers.

The co-sponsors are

looking for volunteers to join the adventure: "Meet us at 9 a.m. on Ray's Food Place parking lot in Selma (near the intersection of Hwy. 199 and Deer Creek Road.) We can car-pool from there."

The cleanup will include the Eight Dollar Mountain Botanical Wayside, Little Falls Trail, and a portion of the T.J. Howell Botanical Drive.

"This is a beautiful area along the Illinois River, so you will enjoy spring wildflowers and a gorgeous view while you help the environment and your community. Knowledgeable folks will be on hand to help identify unique and interesting plants and wildflowers we will see.

"During pre-event scouting we have been seeing a lot of wildflowers in bloom in this area -- Waldo Rockcress, Koeler's Rockcress, Camas, Hall's Violet, Wedgeleaf

Violet, Brook Trillium, Henderson's Shooting Stars, Phlox, Fawn Lily and Siskiyou Mat (to name a few), with lots of other wildflowers looking like they will start blooming any day.

"So come see what is up, and enjoy the beauty of springtime in the Siskiyous.

"You should dress comfortably for the weather and for walking. Some sections will be relatively flat, but there are also some steep slopes, so there is something for everyone. Bring work gloves and tools if you have them. We also need a pickup truck or two.

"The project is sponsored in part through a grant from SOLV, a nonprofit organization bringing people together for the improvement of Oregon."

For more information, phone CEEN's Suzanne Vautier at 541-592-3939.

Business PC classes

The Illinois Valley Business Entrepreneurial Center will offer *Microsoft Excel for Business or Office* classes in Kerby.

Each three-hour class will be held Thursdays, May 6 through June 3 from 6 to 9 p.m. at the RCC/Kerby Belt Bldg. There is a fee for each class or save by registering to take the entire series.

"Getting Started" -- Learn the basics of Microsoft Excel to create spreadsheets for managing information. May 6.

"Formulas" -- Create custom formulas and use built-in functions. May 13.

"Charts" -- Create various chart types to display information at a glance. Discover the pros and cons of embedded charts and chart sheets, and format charts for easier interpretation. May 20

"Databases" -- Learn to create, manage, and manipulate database lists. Additional topics include sorting, filters, subtotals, importing and exporting data, and hiding and unhiding rows and columns. May 27.

"Object Linking and Imbedding - OLE" -- Share information among worksheets, workbooks, and with other Windows applications using formulas and OLE options. June 3.

Tuition assistance is available. Phone Cheryl Johnson at 541-956-7400 for more information or email cjohnson@rogucecc.edu.

Where's the alarm?

Following are alarms to which Illinois Valley Fire District responded through Sunday, April 18:

Monday, April 12
*12:28 a.m., Medical Assist (M.A.), 100 block S. Redwood Hwy.

*8:29 p.m., M.A., 20000 block Redwood Hwy.

Tuesday, April 13
*3:21 p.m., ADT Alarm, 400 block Pine Cone Drive

*8:19 p.m., M.A., 3000 block Rockydale Road

Thursday, April 15
*10:27 a.m., M.A., 900

block Garner Road

Friday, April 16
*11:57 a.m., M.A., 100 block S. Kerby Avenue

Saturday, April 17
*6:37 a.m., motor vehicle collision, 30000 block Redwood Hwy.

*6:43 p.m., M.A., 700 block Logan Cut

Sunday, April 18
*10:46 a.m., M.A., 5000 block Rockydale Road

*12:26 p.m., M.A., 900 block Caves Hwy.

*9:14 p.m., M.A., 20000 block Redwood Hwy.

IVHS Activities Calendar
brought to you by the folks at

Wild River
HANDCRAFTED FOOD & ALE

541-592-3556 Cave Junction
541-471-7487 Grants Pass

541-469-7545 Brookings
541-773-7487 Medford

Blame us if your life goes to Pizzas!

THURSDAY, APRIL 22
* After Hours - 21st Century: homework help, driver training, sewing, home-style cooking, knitting @ 3:30 p.m., indoor soccer @ 4:30 p.m.
* Golf at Red Mountain JV boys & girls @ 4:30 p.m.

FRIDAY, APRIL 23
* Track at S. Medford Bob Newland Classic FR Co-ed @ 4 p.m.
* Softball at Brookings Harbor JV girls @ 4:30 p.m.

MONDAY, APRIL 26
* After Hours - 21st Century: homework help, orchestra, college prep / ASPIRE, home-style cooking @ 3:30 p.m.

TUESDAY, APRIL 27
* Golf at Illinois Valley Varsity boys @ 11:30 a.m.
* After Hours - 21st Century: homework help, martial arts / tai yuan tao, music tutoring, driver training @ 3:30 p.m.
* Golf at I.V. Golf Course JV boys & girls @ 4:30 p.m.
* Softball vs. Hidden Valley JV girls @ 4:30 p.m.

WEDNESDAY, APRIL 28
* After Hours - 21st Century: homework help, scrapbooking, IVHS annual, SMILE / science & math club @ 3:30 p.m.

(All 21st Century events are free, open to students, homeschoolers, staff and parents/guardians of students at any I.V. school.)

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