

## Bob's Corner

Ever sit at your PC and know that you're supposed to compose something, but can't recall the many topics that came to mind the night before? Now, I'm not saying that I'm absent-minded; actually I'm talking about a friend who keeps forgetting "stuff."

Well, there's a minor topic: the utter misuse of the words "stuff" and "things." Too often we have lazy brains, so instead of using a specific, definitive word, we use the all-encompassing (and somewhat meaningless) words "things" or "stuff." Big deal.

Although many might not notice, we at the "Noose" strive to be not only accurate, but precise. It doesn't always seem that way, because sometimes for a variety of reasons, we err. Not on purpose, but it happens.

Now I'm on a bit of a roll. See, it takes a tremendous effort to produce the weekly newspaper you now are holding. It's hard work that takes time and dedication. It costs money. So that's why we solicit advertising and subscriptions. Got to have cash to pay the bills, pay the employees. And eat (see roll, above).

This is a real newspaper with real stories and photos about a real community. Dang it, I'm pleased with what we do. And stuff like that.

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## Illinois Valley News

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### DEADLINES:

News, Classified & Display Ads, Announcements & Letters  
**5 P.M. THURSDAYS**

(Classified ads & uncomplicated display ads can be accepted until noon Fridays with an additional charge.)

**POLICY ON LETTERS:** Illinois Valley News welcomes letters to the editor provided they are of general interest, in good taste, legible and not libelous. All letters must be signed, using complete name, and contain the writer's address and telephone number. The letter need not be published, but will be used to verify authenticity. The "News" reserves the right to edit letters. Generally, one letter per person per month at publisher's discretion. Letters are used at the discretion of the publisher. Unpublished letters are neither acknowledged nor returned. A prepaid charge may be levied if a letter is inordinately long in the publisher's opinion.

**POLICY ON "HERE, THERE & EVERYWHERE," DISPLAY & CLASSIFIED ADS & NOTICES:** All submissions must be hand-delivered, faxed or e-mailed to us for publication. Submissions must be resubmitted weekly if the item is to run more than one week.

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## Letters to the Editor

**(Editor's Note: Views and commentary, including statements made as fact, are strictly those of the letter-writers.)**

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**Typed, double-spaced letters are considered for publication. Hand-written letters that are double-spaced and legible also can be considered. "Thank you" submissions are not accepted as letters.**

### I.V. News 'right wing' From Matt Richards Cave Junction

I've subscribed to the I.V. News for quite a few years to keep up on local news, sports, kids' photos and the like.

I've found the prominent featuring of Scott Jorgensen's partisan and transparently right-wing articles these past six months irritating. While the News has always had a somewhat politically conservative bent (the use of news releases from The Heritage Foundation for example), in the past it was a reasonably small aspect of the paper.

Those seeking to publish and read ideological local "journalism" can find plenty of it in other places. Couldn't the I.V. News tone it down a bit, or balance it out, at least for those of use who are buying your paper to find out what's for lunch at Evergreen Elementary School, and aren't ready to join the John Birch Society?

### Enjoyed farm festival From Eileen Renno Cave Junction

What a fun time my family and I had at the I.V. Farm & Garden Festival at Jubilee Park weekend before last. From live music, good food, interesting booths and great demonstrations, there was not one dull moment all day.

I especially enjoyed learning about cob building, and it was so cool to have alpacas and sheep taken for walks in the park amongst the crowd. The atmosphere of the festival was friendly and inviting. And to top it off, the weather was perfect.

What a great way to promote sustainability in our valley. Count me in for next year's Farm & Garden Festival.

### Giving the people a choice From Jack Alan Brown Jr. Grants Pass

I filed my candidacy on Sept. 14 for the Josephine County Commission seat currently held by Dave Toler. I did so by petition, gathering in one weekend half again the necessary signatures, rather than paying a filing fee.

I am the first candidate to file for this position. I have a long primary campaign ahead of me with the goal of getting a majority vote in the 2010

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#### FRIDAY, OCT. 9

In-Service Day  
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#### MONDAY, OCT. 12

Hot diggity dog, hamburger, bean & cheese burrito, totally turkey sandwich, cleaver club wrap, garden salad

#### TUESDAY, OCT. 13

Very teriyaki dippers, chicken nuggets, sausage or cheese pizza, super duper sub, crispy chicken wrap, chef or garden salad

#### WEDNESDAY, OCT. 14

Spaghetti with meat sauce, hamburger, chicken burger, tuna torpedo sandwich, it's Italian wrap, popcorn chicken garden salad

Primary Election.

My goal is realistic in view of the name familiarity I enjoy at this point from my previous race. Consider that I received 16,505 votes in my contest with Commissioner Dwight Ellis in the 2008 General Election. (A shift of 600 votes would have made me the winner.) Then consider that Dave Toler received only 15,210 votes in the 2006 General Election.

I have pledged myself to defend our rights, develop our resources, and conserve our tax dollars. I am obviously the right choice, even as Dave Toler is the left choice. This contest will give the people a real choice.

### Another farm fest fan From Christine Perala Gardiner Cave Junction

I want to commend the Spiral Living Center and all the volunteers who created the first Farm & Garden Festival Saturday, Sept 26. The event was so beautifully orchestrated and focused, not just on locally grown food, but on the whole food system of the Illinois River Valley.

Cave Junction Mayor Don Moore's speech helped us to look at the importance of creating jobs through local food security, growing more food on farms in our region and putting folks back to work. Making the distance shorter from where our food is grown to where it's eaten makes good economic sense.

The Gleaners Project is making strides to gather the

food that otherwise would go to waste, and getting that food into the food banks and kitchens. There is hunger right here in our valley, and these good folks are doing something about it.

I'm looking forward to next year's festival.

### Health Care Reform From Nicole Rensenbrink Cave Junction

I am confused by so many working people's position against health care reform.

The agency I work for changes insurance carriers so often that by the time I re-member who's covering me, we've changed companies. Astronomical rate hikes each year have become the norm and we all pay more and receive fewer benefits than we used to. My son was laid off and is now uninsured. My daughter, a college student, is uninsured. My husband, who has a small local business, has employees who are all unin-

sured. Everyone is delaying or ignoring their health care needs as much as possible because of costs and this has resulted in some bad consequences for more than one of the above mentioned.

We have to do something about health care because it will break us, particularly when we baby boomers dominate the Medicare-Medicaid rolls. My 77-year-old father was recently put in an ambulance for a ride across town and hospitalized overnight due to an anxiety attack, which he protested to no avail. An 80-year-old friend, diagnosed with a terminal cancer on his neck, had to fight off the doctors who wanted to do intrusive testing on the other places in his body even though there was no escape from the cancer already diagnosed. My mother's doctor encouraged her to get a knee replacement. She was ambivalent but went ahead. The experience and

(Continued on page 3)

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## Crocker Financial Services



FROM: Ted Crocker LTC Advisory Representative\*  
Cave Junction, OR 97523  
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### If I Leave My Job, what will I Do With My 401 (k)?

In previous decades, employees worked for one company until their retirement and received payouts from the company pension plan. However, imagine if when you retire, you had to piece together up to nine separate 401 (k) plans from your various employers. Tracking down all of the companies and taking distributions could be difficult and costly tax-wise.

If you leave your job, what will you do with your 401 (k)? Some companies may allow you to remain in the 401 (k) even if you are no longer an employee, or you might not be able to remain in that plan. You could roll that money into your next company's 401 (k). For many American workers, a rollover to an Individual Retirement Account (IRA) is a good vehicle for retirement savings when you change jobs.

When you decide to request a rollover, contact your company's benefits department about rollover procedures. Typically, you have two options when handling this transfer. You can receive a payout from the company directly or roll the funds to an IRA. If you receive the funds directly, the distribution will be subject to a mandatory 20% withholding even if you intend to roll the funds to an IRA within 60 days. And if you have company stock inside your 401 (k), you may want to take advantage of the long term capital gains rate on your earnings instead of rolling the stock to an IRA.

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but we are still available.

Phone Ted at 415-0240